

2024

# THE ANTIGUAN

Your Essential Guide to Antigua & Barbuda

Stay

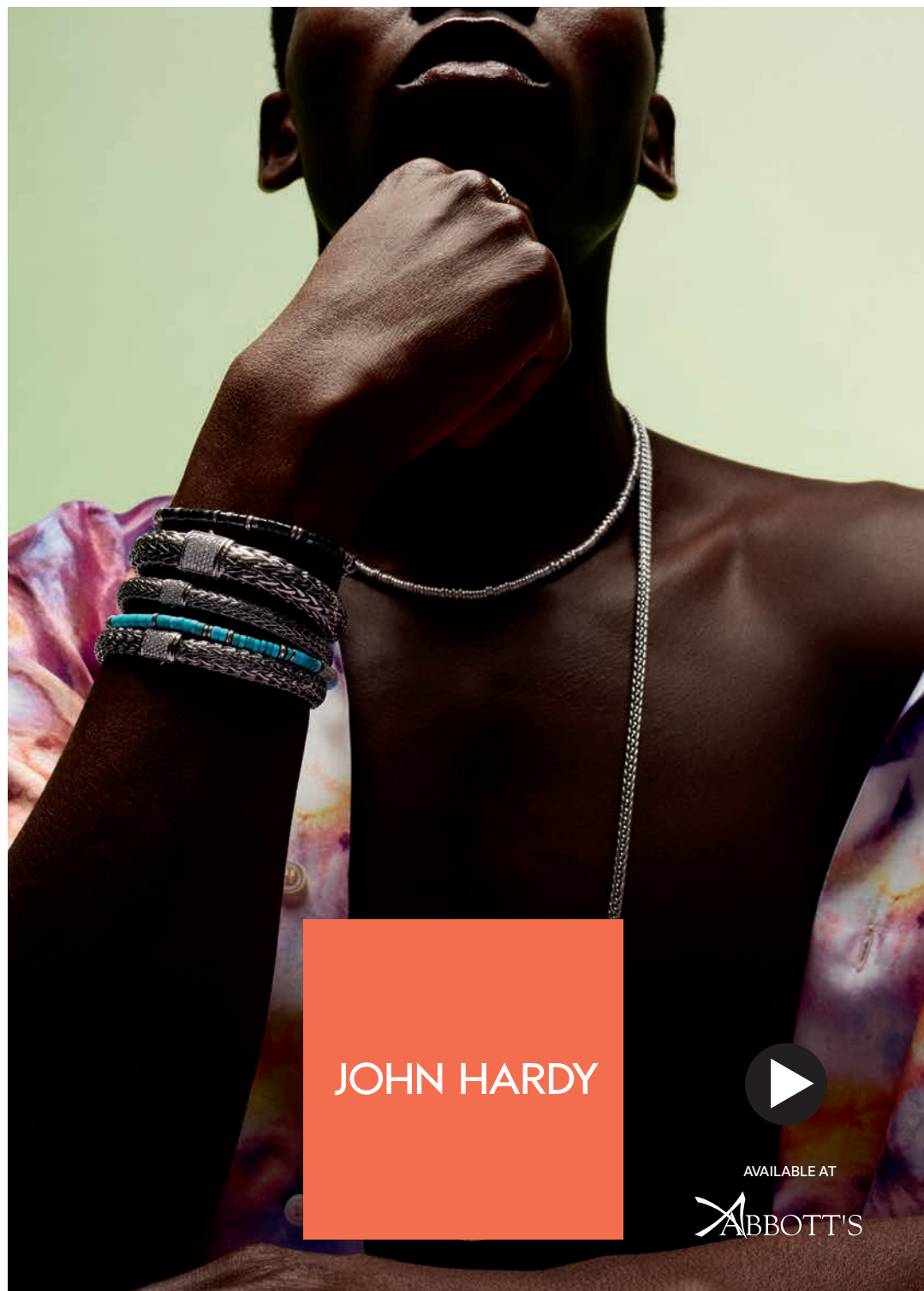
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Compliments of the Antigua & Barbuda Tourism Authority



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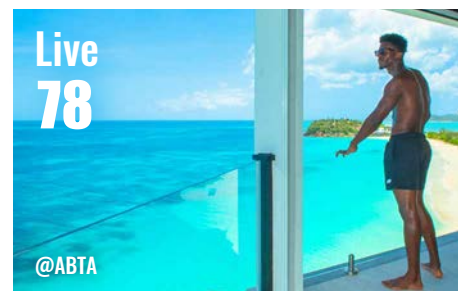
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*While every effort is made to ensure the accuracy of the published content, FT Caribbean cannot be held responsible for errors or omissions. We would like to thank the Antigua & Barbuda Tourism Authority (ABTA), as well as the islands' photographers, hotels and businesses for their assistance with photography.*



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# A WARM WELCOME

## From The Minister of Tourism

A very warm welcome to you from the Government and people of Antigua and Barbuda! We sincerely thank you for making the 'Gem of the Caribbean' your next vacation experience!

We invite you to discover two picturesque islands that have so much more in store for you than our 365 stunning white-and-pink sand beaches and sparkling turquoise waters. Do explore both of our islands as they each offer two distinctly different vacation experiences.

Be it a romantic resort, a charming escape, a villa or an inn, we can help to create that 'home away from home' experience with our wide range of accommodations from the ultra-exclusive to the all-inclusive.

In Antigua, take advantage of the many land and sea tours available to become personally acquainted with the beauty of our island. You can swim with the stingrays, snorkel, kayak, kite surf, or zip through the air amongst lush rainforests. Let your imagination run free, as the sky is truly the limit here!

Another unforgettable pleasure is dining in Antigua and Barbuda! Sample our delicious and varied cuisine, ranging from the spiny lobster to succulent snapper, or even a few slices of our naturally sweet Antigua Black pineapple.

Pop over to Barbuda, our beautiful sister isle, where our 17 miles of unbroken beach and beautiful pink sand beckon you to tranquillity and provides the perfect secluded escape. The quiet warmth of the people will be sure to make you feel right at home.

Whatever your desire for your vacation, you are guaranteed to be satisfied here. Be sure to slow down and savour all we have to offer for an unforgettable vacation experience!

We hope you have a fantastic and safe visit to Antigua and Barbuda, and that you leave with only warm memories of your stay with us.

Sincerely,

**HON. H. CHARLES FERNANDEZ**  
Minister of Tourism & Investment

## ANTIGUA & BARBUDA TOURIST OFFICES

### ANTIGUA & BARBUDA

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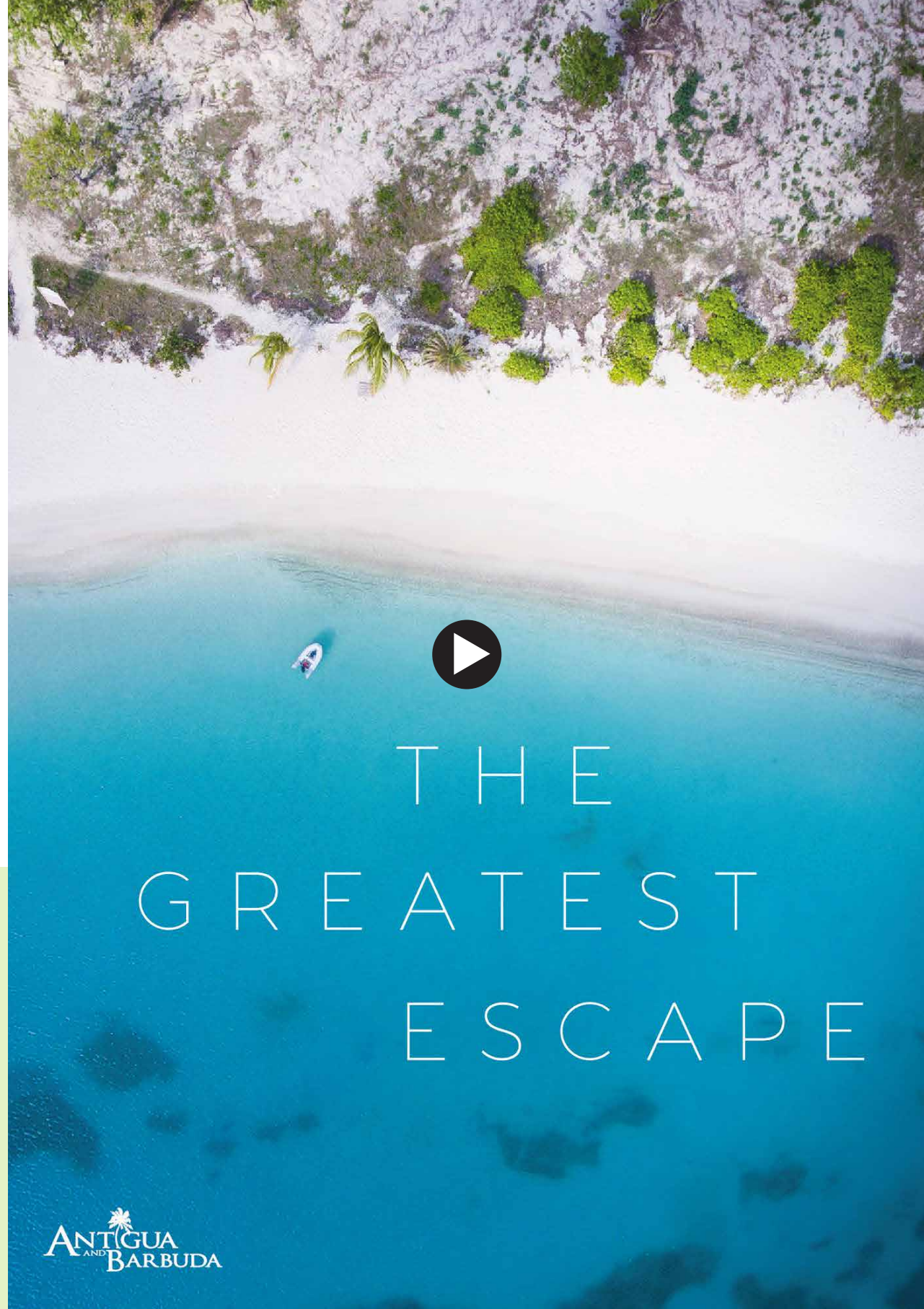
### UNITED STATES OF AMERICA

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Email: abtatourismca@visitaandb.com

[www.visitantiguabarbuda.com](http://www.visitantiguabarbuda.com)



# THE GREATEST ESCAPE



# 2024

## CALENDAR OF EVENTS

### JANUARY

- 14 - Oyster World Rally
- 20 - AYC Round the Race Island Tour
- The World's Toughest Row

### FEBRUARY

- 9-11 - Jolly Harbour Valentine's Regatta
- 13-19 - RORC Caribbean 600 Race

### MARCH

- 11-17 - 13th Superyacht Challenge

### APRIL

- 1 - International Kite Festival
- 17-22 - Antigua Classic Yacht Regatta
- 27-3 May - Antigua Sailing Week

### MAY

- 4 - Dockyard Day
- 4-19 - Antigua & Barbuda Restaurant Week
- 8 - Antigua to Bermuda Race
- 16-19 - Antigua Sportsfishing Tournament
- 26 - Run in Paradise
- 20-24 - Barbuda's Caribana

### JUNE

- Antigua & Barbuda Romance Month

### JULY

- 25-6 August - Antigua Carnival Celebrations

### AUGUST

- 5 - Carnival Monday (Public Holiday)
- 6 - Carnival Tuesday (Public Holiday)
- 11 - Urlings Seafood Festival
- The PiAnGo Festival

### SEPTEMBER

- 27-28 - Francis Nunes Jr. Memorial Fishing Tournament & Seafood Festival

### OCTOBER

- Antigua and Barbuda's 43rd Anniversary of Independence Celebrations begin

### NOVEMBER

- 1 - Independence Day (Public Holiday)
- 9 - The 'Best in the West' Fishing Tournament
- 29-1 December - Gemonites Moods of Pan Festival

### DECEMBER

- 4-9 - Antigua Charter Yacht Show
- 25 - Nelson's Dockyard Christmas Day Party
- 31 - Nelson's Dockyard Old Year's Night Party



## CHEERS TO A WONDERFUL TIME!

### From the Antigua & Barbuda Tourism Authority

Antigua and Barbuda welcome you to our warm and beautiful shores! Our islands abound with Caribbean charm, rich history, culture, picturesque settings, and 365 fabulous pink and white sand beaches.

Antigua is home to a fascinating UNESCO World Heritage Site – Nelson's Dockyard – which is the only working Georgian naval dockyard in the world. The historic dockyard bustles with activity daily as the museum, bakeries, restaurants and gift shops swing into operation. While Barbuda, our 'little sister', is home to spectacular beaches and the largest colony of the magnificent frigate birds in the Western Hemisphere.

Our islands are definitely worth exploring and we invite you to safely journey through colourful St. John's city to the seaside village of Old Road, the fruit-laden Fig Tree drive, and even the nautical scene at English Harbour. Your journey can continue over to the dramatic twin sugar mills of Betty's Hope, and the crashing waves at the natural attraction Devil's Bridge.

If adventure is what you are looking for, take a hike in our nature reserve, or go on the challenging canopy zip-line tour in our lush tropical rainforest. Book some extreme action with an eco-tour speed boat adventure or an island safari. For a slower pace, witness a game of warri with the islanders, join a herbal garden tour or take a city walking tour led by a local guide.

Visitors to the destination will discover the vibrant culture of our islands and the friendliness of the people who welcome you to partake in all we have to offer. There is always some activity you can safely be a part of, and which provides the perfect insight into our music, art, culture, cuisine and sports.

Join in on the fun, and you will soon realise that you came as a visitor but will leave as a friend. Cheers to a wonderful and safe time in Antigua and Barbuda!

Sincerely,

**COLIN C. JAMES**  
CEO, The Antigua & Barbuda Tourism Authority

# RUM PUNCH OR A LOBSTER LUNCH?



Why choose when  
you can have both?

[visitantiguabarbuda.com](http://visitantiguabarbuda.com)

ANTIGUA  
AND  
BARBUDA



# ANTIGUA & BARBUDA

Our 365 beaches are just the beginning...



**The twin island nation of Antigua & Barbuda lies right in the heart of the Caribbean. Visitors return again and again to take advantage of our idyllic climate, easygoing way of life and famous white sand beaches.**

Yet as you'll soon discover, we've got a lot more to offer than sun-kissed sands and crystal clear waters. We've got world-class sailing, duty-free shopping and fascinating history, not to mention award-winning hotels that suit all tastes and budgets.

You can choose to stay in a cosy inn where everyone knows your name or a world-class hideaway where the famous stay incognito. Our all-inclusives suit those who love the idea of no added extras, while our family-friendly villas and apartments are for anyone after more independence. Of course wherever you stay, the varied delights of our nation await. Beach bars and restaurants offer everything from award-winning rums to fresh-from-the-reef lobster. There's plenty to see and do with activities galore both on land and at sea. You can also explore beauty spots like Fig Tree Drive, sail off to island escapes like Prickly Pear, and wander around historical sites like Betty's Hope plantation.

Yet the UNESCO World Heritage Site of Nelson's Dockyard is our most prized possession, this 18th century enclave both a bustling yachting centre and a fascinating monument to our past. You can stroll among its restored Georgian buildings or pop up to the ruined fortress of Shirley Heights and enjoy the panoramic views with a rum punch in hand.

Our capital St. John's is a vibrant city well worth a visit, its two waterfront shopping areas offering easy access to cruise ship visitors. Heritage Quay is a modern boulevard of duty-free shops, while neighbouring Redcliffe Quay is a charming contrast with its restored 18th century buildings forming a cosy complex of boutiques and restaurants. And if you'd like to dip into our past, the museum in Long Street and twin-towered cathedral both offer areas of tranquillity amidst the hustle and bustle of town.

Antigua's reputation as a sailing mecca remains unsurpassed throughout the Caribbean. Over the years, Jolly Harbour has developed into a major yachting marina complete with a shopping centre and residential village. But it's English Harbour that long ago put Antigua on the nautical map, and it retains its traditional atmosphere to this day. World-class sailing events like Antigua Sailing Week and RORC Caribbean 600 are annual events.

Last but not least is Antigua's 'no problem' attitude towards life. Everyone quickly adapts to the unhurried pace of 'the islands', and an atmosphere of warmth and good humour prevails. English is our official language, although we locals often speak a dialect that can be a challenge to understand!

All these attractions combine to make Antigua & Barbuda a unique Caribbean destination. We just *know* you'll want to come back soon...



# ARRIVE ANTIGUA



**Antigua lies about 1,400 miles from Miami, 2,100 miles from Toronto and 4,000 miles from London. Wherever you're travelling from, you can expect the warmest of welcomes at our international airport, our bustling cruise terminal and our scenic harbours...**

## AIRPORT

Our state-of-the-art terminal at V.C. Bird International Airport was rebuilt in 2015 and now boasts more space, improved facilities and speedier processing times for both arrivals and departures. The airport is certainly one of the most advanced in the Caribbean with self-service check-in kiosks and a relaxing Executive Lounge, as well as a variety of dining and duty-free shopping opportunities. The runway stretches 3,040 metres and not only welcomes the largest commercial aircraft, but also private jets serviced by a prominent FBO (Fixed Base Operator). Located just four miles from the capital St. John's, the airport was named after the island's first Prime Minister, Sir Vere Cornwall Bird Senior.

## AIRLINES

Antigua continues to be serviced by a large number of international airlines. Flying in from North America are American Airlines, Delta, JetBlue Airlines, United Airlines, Air Canada, Sunwing and WestJet. Those with direct air links from Europe include British Airways and Virgin Atlantic from London's Heathrow and Gatwick. Serving the larger regional territories are Silver Airways, Air Antilles, Caribbean Airlines, LIAT and interCaribbean Airways, while SVG Air, WinAir, FlyMontserrat, Tradewinds Air and Sky High Aviation offer regional flights. Chartered inter-island airport transfers are also available through Antigua-based CalvinAir Helicopters.

## TAXI FARES

Antigua's taxi fares are fixed, not metered. A one-way fare (for 1 to 2 persons in a shared taxi bus) from the airport to nearby St. John's is about US\$15 (EC\$40), while a trip to Nelson's Dockyard in the south of the island is about US\$35 (EC\$95).

## DRIVE ON THE LEFT

Should you wish to pick up a car on arrival at the airport rather than at your hotel, car rental agencies can be found on exiting Customs. To be issued with a local licence (valid for 90 days), you'll have to present your current valid driver's licence and pay US\$20 (EC\$50). Driving is British-style with cars staying on the left. Take extra care at night as you'll probably encounter speed-bumps, as well as goats on the road. You may even come across other drivers forgetting to dim their headlights! It's advisable to reserve a car in advance, especially during the peak winter months and during Sailing Week in April.

## LOCAL CURRENCY

Antigua's local currency is the Eastern Caribbean (EC) dollar but US dollars are widely accepted – the exchange rate of US\$1 = EC\$2.70 is general knowledge to all. Credit cards are also widely accepted but if you need cash, the airport has a bureau of exchange and ATMs. The Eastern Caribbean Amalgamated Bank lies just outside the entrance. Banks in St. John's include ECAB, ACB, CUB, First Caribbean and Global Bank.



## CRUISE SHIPS

The world's biggest and best cruise ships regularly visit Antigua. Up to 5 mega-ships can dock in St. John's at the same time, a tender service also available. Access to the city is easy as the port's exit gates lie about 500 feet (150 meters) from the ships' gangways. The bars, restaurants, duty-free shops and local boutiques of Heritage Quay and Redcliffe Quay are just a brief stroll away on flat terrain, the Boardwalk and King's casinos also waiting. Taxis are readily available if you're not booked on an organised tour and prefer to explore our historical and scenic delights at your own pace.

## PRIVATE YACHTS

Many visitors arrive here by yacht, the four main ports of entry being English Harbour, Jolly Harbour, Heritage Quay, and St. John's Deep Water Harbour. You should complete the eSeaClear pre-arrival notification online, but if you don't have computer access, forms and computer terminals are available at the ports of entry. You must fly a yellow Q (quarantine flag), and everyone but the master must stay on board until the entry procedures have been completed. A cruising permit is required to cruise our waters, and those of you leaving your vessel in Antigua must have a valid airline ticket to another country. We look forward to welcoming you!

**Why not take advantage of our VIP Concierge Service at the airport? Available on arrival and departure, it includes a full escort through any airport-related formalities, as well as assistance with luggage and baggage. Cost US\$55 p.p. See [www.vcbia.com](http://www.vcbia.com)**





From record-breaking rowers and history-making astronauts to another new top-notch hotel, Antigua continues to reach for the stars...

## ANTIGUA ASTRONAUTS

When Virgin Galactic was established two decades ago with the goal of making space travel accessible to everyone, little did Keisha Schahaff imagine it would apply to her. But having won a philanthropic fundraising draw last year, she and her daughter Anastasia Mayer could hardly wait for lift-off. And when the rocket finally blasted off from New Mexico in August 2023, they weren't just making history for the Caribbean, but they were also the first mother and daughter to go into space. The Antiguan duo experienced five minutes of weightlessness at 55 miles above sea level, Prime Minister Gaston Browne joining thousands of other people to witness and celebrate the extraordinary event.



## SPACED OUT

Visitors enjoying a leisurely day-sail along our scenic north coast could be forgiven for thinking they'd had one rum punch too many. But no, the 'Boonji Spaceman' has landed in Antigua, the multi-hued sculpture gracing the end of Hodges Bay pier and proudly encouraging everyone to reach for the stars and dance while doing it!

Standing 22 feet high, the sculpture is the tallest of its kind in the Caribbean, its glistening chrome finish reflecting spectacular hues from sunrise to sunset. The artwork was created by the world-renowned American artist Brendan Murphy whose work is found in private collections and public displays around the world.



## RUM IN THE RUINS

If history lectures can sometimes be a little dry for your taste, why not give 'Rum in the Ruins' a shot? Not only accompanied by a glass of our time-honoured Planter's Rum Punch (you even get a refill), these weekly lectures also come with mouthwatering vistas of the sun setting behind Nelson's Dockyard. Where better than the Dow's Hill Fortification and Interpretation Centre to learn about the rigours of 18th century Antigua, the history of our sugar and rum production, the archaeology of the surrounding landscape, and how our sunny little island fit into the wider British Atlantic world as a whole? The lectures begin at 5pm and are led by heritage experts, Dr Christopher K. Waters PhD and Ms. Desley Gardner. Cost US\$25p.p. Call 268-481-5022 to make your reservation.

## A FIRST FOR ANTIGUA

Talk about girl power! When Christal Clashing, Samara Emmanuel and Kevinia Francis crossed the finishing line of the Pacific Challenge 2023, the adventurous trio hadn't just rowed from California to Hawaii in 41 days (the average crossing time is 62), but they were the first black female team and the first Caribbean team to ever do so. The girls had to battle hard throughout the 2,800-mile course, never more so than over the final 50 miles when rain, squalls and strong currents threatened to blow them off-course. Music from soca to gospel helped them on their way, as did the support they received from all around the world.



## OUR CHIC NEW GETAWAY

Antigua's newest hotel, the Royalton Chic Antigua, is all set for a spring 2024 opening. Formerly Halcyon Cove, the 235-room resort has recently undergone a comprehensive overhaul, its five-star standards now doing full justice to its world-class setting on the pristine white sands of Dickenson Bay. This adult-only getaway (singles, couples and groups are all welcome) offers a wide range of leisure facilities including a beachfront pool and The Royal Spa, as well as seven restaurants, one of them uniquely overwater. Stays are on an All-In Luxury® basis which includes unlimited dining, hand-mixed cocktails, 24-hour rooms service and nightly entertainment.

[www.royaltonresorts.com](http://www.royaltonresorts.com)



# WORLD-CLASS



# SAILING EVENTS

## ANTIGUA SAILING WEEK

27 April to 3 May, 2024

Now in its 55th year, this prestigious end-of-season regatta attracts yachts from around the globe. The crews are all eager to experience our world-class racing, dazzling seascapes and fun shore events...

Yet Antigua Sailing Week prides itself on offering something for everyone. Not only do the vessels range from high-performance racing yachts to cruisers and wing foils, you can join in the nautical fun whether you're a member of a highly-trained crew or an amateur family sailor with little experience.

Or if the idea of an active vacation piques your interest, why not 'Rock up and Race'? Simply browse the websites of one of our reputable yacht charter companies and choose from a skippered race-charter, a bareboat or an individual place. Book a direct flight into our international airport, meet your charter provider, receive the necessary training, and then get racing. Maybe you'll even win one of our coveted trophies.

Spectators are encouraged to get involved too. They can watch the action from bird's eye vantage point along our coastline including our panoramic hiking trails and Shirley Heights Lookout. Daily 'Chase the Race' tours also head out from Falmouth Harbour and are a great way of viewing the on-the-water battles up close.

Antigua Sailing Week has also long been famous for its beach parties and shoreside entertainment including Lay Day, the daily Prize Giving Events, and the Final Awards Ceremony. On Tuesday, 30th April, visitors are invited to the Reggae In the Park concert which is now in its 13th year. Previous reggae artists have included The Marley's, Third World and Maxi Priest, and the event organisers guarantee that when racing crew, sailing enthusiasts, holidaymakers and locals come together in 2024, they will have an unforgettable night.

**www.sailingweek.com**  
**Facebook & Twitter: @Sailingweek**  
**Instagram: @sailingweekantigua and @reggaeinthepark\_asw**  
**Tiktok: @antiguasailingweek**



# ANTIGUA CLASSIC YACHT REGATTA

17 to 22 APRIL, 2024

Each year an impressive collection of classic yachts and passionate sailors gather in Antigua from all over the world to take part in 'Classics' and to enjoy racing in the ideal trade wind sailing conditions of the Caribbean.

This unique, world-class event attracts a variety of competitors from the mighty tall ships, vintage yachts, magnificent schooners and traditional island craft. Some of the yachts date back to the early 1900s, whereas others are modern-day reproductions classed as 'Spirit of Tradition'.

The Regatta traditionally starts with the Concours d'Elégance when the condition and maintenance of the yachts are judged. The full fleet then enjoys four days of racing with courses designed to take the best advantage of wind, sea, scenery and skill. Spectators can view the action from high points along the south coast like Fort Charlotte, Shirley Heights and Block House.

After racing each day, the yachts return to dock in the historic 18th century UNESCO World Heritage Site of Nelson's Dockyard to take part in the shoreside events. After the last race on the Sunday, the yachts pass through the dockyard for the 'Parade of Classics' which is a wonderful opportunity to see the boats in all their glory and crews close up.

The regatta closes on Monday 22nd April with the single-handed race, gig rowing races, cream teas on the lawn of the Admiral's Inn and prize-giving ceremony.

The magical combination of serious racing, laid-back Antigua hospitality, plenty of rum, sunshine and camaraderie in a friendly relaxed atmosphere makes the Antigua Classics a favourite in the yachting calendar.

**www.antiguaclassics.com**  
**Email: antiguaclassicsregatta@gmail.com**







# ROYAL OCEAN RACING CLUB

**RORC Nelson's Cup Series: 13-16 February, 2024 • RORC Caribbean 600: 19 February, 2024**

The RORC Caribbean 600 is a unique annual race that will celebrate its 15th year in 2024. It is organised by the Royal Ocean Racing Club (RORC), a London and Cowes-based club with a worldwide reputation for the management of offshore races. Since its inception in 2009, the RORC Caribbean 600 has earned recognition as one of the world's classic offshore races. It's a firm fixture on the international racing calendar, as well as on the bucket list of any serious offshore sailor.

The last event attracted 70 teams with 600 sailors from 30 countries. The 2024 Nelson's Cup Series will follow the same format as the inaugural edition in 2023. It will provide a competitive mix of inshore and coastal racing before the challenges of the classic RORC Caribbean 600. The series is expected to consist of:

- 13-14 February: Two days of inshore racing.
- 16 February: Antigua 360 Race.
- 19 February: RORC Caribbean 600.

Starting and finishing in Antigua, the unique 600-mile course uses eleven Eastern Caribbean islands as turning marks, providing an interesting challenge for both navigators and crew. With such a long racing course, the finishing times can vary by days. The RORC work with Falmouth-based Antigua Yacht Club, their army of local volunteers ably supporting the management of this great event. Every yacht to finish the race is met with a welcoming cold beer — much appreciated after the 600 nautical-mile challenge.

The RORC Caribbean 600 and Nelson's Cup Series attract professional and enthusiastic Corinthian sailors from around the world. Everyone agrees the quality of the racing combined with the perfect surfing conditions will ensure the races remain firm favourites on the offshore yachting calendar.

[www.caribbean600.rorc.org](http://www.caribbean600.rorc.org)  
Email: [racing@rorc.org](mailto:racing@rorc.org)



# SUPER YACHT CHALLENGE

**11-17 March, 2024**

Up to 15 superyachts (80 ft. and over) enjoy a celebration of sailing solely for the pleasure of owners, guests and crew. The fleet takes part in 4 days of racing governed by the International Superyacht Rule, with pursuit races along the south coast. The Challenge is competitive but fun, particularly ashore where everyone enjoys a relaxed atmosphere free from commercial endorsements. Hosted by Admiral's Inn and Antigua Rigging in association with National Parks Antigua.

[www.superyachtchallengeantigua.com](http://www.superyachtchallengeantigua.com)

## SPORTS FISHING TOURNAMENTS

**May, September & November, 2024**

Antigua's waters teem with fish – wahoo, marlin, tuna and mahi mahi can all be caught. Yet there's nothing like landing 'the big one' when it matters, and Antigua now hosts 3 annual fishing tournaments. The season starts with the 'Sports Fishing Tournament' held this year between 16 and 19 May. More than 30 teams have been known to take to the seas, a 148lb yellowfin tuna the largest fish to be caught back in 2019. The fishermen leave early, and are greeted on their return by spectators eager to view and maybe even sample the day's catch.

Another opportunity to enjoy fresh fish shortly after it returns to dry land is 'The Francis Nunes Jr. Memorial Sports Fishing Tournament & Seafood Festival'. Set for 27 & 28 September, 2024, this event is in honour of the tournament's past chairman, and you can test your luck on the water, take part in a 'Cook-Off' or enjoy the local dishes on offer at Nelson's Dockyard. And rounding it all off is the increasingly popular 'The Best in the West Fishing Tournament' scheduled for 9 November, 2024.

@AntiguaAndBarbudaSportsFishingClub



*Always get what you want!*

**BUDGET MARINE**  
Budget Marine | Antigua  
3 convenient locations island wide  
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## JOLLY HARBOUR VALENTINE'S REGATTA

9-11th February, 2024

This annual regatta is a professionally run yet fun event featuring three days of competition off the west coast of Antigua. The schedule includes 7 races for yachts and sport boats. The quality is exceptional, and enjoyed by a growing fleet of vessels.

[www.jhycantigua.com](http://www.jhycantigua.com)





Photo: World's Toughest Row



## THE WORLD'S TOUGHEST ROW

Starts December and ends 3,000 miles later!

Formally the Talisker Whisky Atlantic Challenge, this trans-Atlantic rowing race begins in La Gomera in the Canary Islands, Spain and ends between 30 and 90 days later in English Harbour, Antigua. Between 40 and 50 courageous teams row 24 hours a day (two hours on, two hours off) until they reach dry land roughly 3,000 nautical miles later. The competitors face 40-foot waves, tropical storms, sleep deprivation, weight loss and sweltering heat, as well as the considerable challenges of working in a restricted space and turbulent natural environment. Participants hail from around the world and all walks of life, but what they do have in common is a sense of adventure and a desire to achieve something incredible. Each person raises money for a charity of their choice.

Antiguans have long embraced this inspiring event and give each team a fantastic welcome when they finally arrive in Nelson's Dockyard.

In 2015, Team Wadadli became the first Antiguan team to participate, breaking the record for the world's oldest crew to row across any ocean. In 2017, Team Antigua proudly finished second and in 2019, Team Antigua Island Girls rowed home to a spectacular welcome. Team Antigua Pairs, Travis Weste and Jojo Nunes, were Antigua's first duo in the 2020 challenge. And as the organisers signed a 5-year deal with the Antigua & Barbuda government in 2019, it looks like this unique competition will be returning to Antigua for years to come.

Race organisers Atlantic Campaigns now host a brand-new race across the Pacific Ocean from Monterey, California to Hanalei, Kaua'i – 2800 miles of technical ocean racing.

[www.worldstoughestrow.com](http://www.worldstoughestrow.com)  
 Email: [info@atlanticcampaigns.com](mailto:info@atlanticcampaigns.com)

## NESTING TURTLES JUNE TO OCTOBER

You may be lucky to spot a turtle during the nesting season between June and October. They usually nest on one of our offshore islands, but they can be seen on the mainland too. Sights can include anything from hatching baby turtles to witnessing a mother laying her eggs. Do not disturb them, of course. The Environmental Awareness Group (EAG) is a voluntary organisation that patrols the beaches collecting interesting data. Did you know a warmer incubation temperature makes the turtle female, for example? Or that 'Teeny M' is the name of the monitored resident turtle of the National Park waters?

Email: [eagantigua@gmail.com](mailto:eagantigua@gmail.com)

## International Kite Festival

Easter Monday, 1 April, 2024

Particularly popular with families, the International Kite Festival is an Antiguan institution on Easter Mondays. People of all ages show up to enjoy the colourful and dynamic kite flying displays at Devil's Bridge on our east coast. Some people cruise by on yachts and power boats, whilst others take the opportunity to picnic on the nearby beach. The kites show great originality in their design, and the participants display great skill in keeping them flying in the breeze.

Tel: (268) 774-4879/732-4471  
 Email: [calvinpilgrim27@gmail.com](mailto:calvinpilgrim27@gmail.com)  
 Facebook: @CPKites



## CURTAIN BLUFF TENNIS

TENNIS CHALLENGE WEEK • November, 2024

Why not sharpen up your game at this annual Antigua tennis-athon? Curtain Bluff's Tennis Challenge Week is open to players of all abilities, and features plenty of instruction, as well as competitive tournaments and pro-ams. The four picturesque courts overlook the Caribbean Sea, and you'll have plenty of time to get to know the local and visiting pros. And once off court, you'll be able to take full advantage of Curtain Bluff's world-famous dining and leisure facilities, including their two spectacular beaches. Sightseeing trips and escorted power walks, as well as yoga and Pilates classes are included in the weekly schedule.

[www.curtainbluff.com](http://www.curtainbluff.com)



## PIANGO FESTIVAL

Summer, 2024

This annual summer event is a fun-filled celebration of Antigua's delicious pineapples and mangos. And why not? We are known to have the sweetest pineapple in the world, as well as over 26 varieties of mangoes. You'll be amazed at what we can produce from these locally-grown fruit, anything from wine and ice cream to soaps and cosmetics showcased over the 2 days. The fruit will be on display for you to taste and buy, and you can also discover how the 'king' and 'queen' fruits are grown. The grill and mixology competitions determine who makes the best use of pineapples and mangoes in their products. Hosted by the Ministry of Agriculture, Fisheries and Barbuda Affairs.

Facebook: @piangofest



Photo: @ABTA



Photo: @ABTA

# MOODS OF PAN

29 November - 1 December 2024

Enjoy the unique sounds of pan at this festival hosted by Gemonites Steel Orchestra. Steelbands are traditionally made up of old pieces of metal like irons, tyre rims and steel pipes. Yet Caribbean steel pans have evolved into highly technical instruments, honed out of steel drums, sunken and burned over hot fires, and then chromed and turned.

This festival at the Dean William Lake Cultural Centre gives individuals, especially the young, the opportunity to showcase their talent in performances demonstrating all genres of music. Classical, gospel, reggae, jazz and calypso are all covered. A key component is the 'Twenty Five A-Side' competition which allows competitors to portray a creative and often comedic presentation. Musical storylines are brought to life to evoke laughter and excitement as the crowd responds. Several regional and international steel orchestras enter the competition hoping to win the coveted title.



## INSPIRING HOPE ONE PROJECT AT A TIME

For more than a decade, the Sandals Foundation – the philanthropic arm – has supported the islands that we call home. Through support from its network of valued donors, industry partners, team members, local stakeholders and volunteers, the Sandals Foundation has impacted the lives of over one million people across the Caribbean through a myriad of programmes and projects. One hundred percent of donations go directly to support programs across the region.

**Community** From providing free dental, medical and eye-care services to supporting marginalised women and giving them the tools and support needed to succeed, to fostering today's youth through sports, the community-based initiatives of the Sandals Foundation are far-reaching.

**Environment** Over the next ten years the Foundation is placing a greater emphasis on expanding awareness and funding to support the beautiful, yet vulnerable, Caribbean eco-system.



From elimination of single-use plastic straws, stirrers, and Styrofoam on its resorts, to management of marine sanctuaries and coral nurseries, conservation of turtles and sustainable protection of trees and local wildlife, the Sandals Foundation is committed to protecting Mother Earth.

**Education** The Sandals Foundation supports local schools across the region through the donation of much needed supplies and technology, upgrading facilities, outfitting libraries (in partnership with Hands Across the Sea in Antigua), supports teacher training, extends scholarships to deserving students and provides opportunities for guests to interact with local students through the power of reading and its weekly Reading Road Trip excursion for visiting guests.

For more information: [www.sandalsfoundation.org](http://www.sandalsfoundation.org)



Cricket legend  
Sir Vivian Richards

From the beach to the cricket field, our island paradise is also a cricketing paradise. As you exit the V.C. Bird International Airport and glance to your left, there's a fair chance you'll witness an intense game going on at the Coolidge Cricket Ground.

This picturesque and intimate stadium is home to our governing body, Cricket West Indies. Or perhaps you'll head over to the Sir Vivian Richards Cricket Stadium and England, a match sure to bring back fond memories on both sides! Neither is it uncommon to drive through our streets and spot local boys and girls engaging in a fun but fierce game of street cricket. This is where dreams are hatched and hope takes flight.

Yet Antigua's deep-rooted love for cricket isn't merely about the sport; it's an intrinsic part of our cultural identity. Every boundary hit and every wicket taken evokes emotions ranging from passion to nostalgia, echoing the sentiments of our people. It's not just a game here; it's a way of life.

Our island paradise has produced some of the greatest cricketers to ever play the game including national heroes Sir Vivian Richards, Sir Curtly Ambrose, Sir Andy Roberts and now budding stars like Alzarri Joseph and Rahkeem Cornwall, among others.

If you're visiting Antigua, immersing yourself in our cricketing festivities is a must. You'll not only witness world-class cricket but also experience the passion, history and spirit of our island nation. The ICC T20 Men's World Cup is slated to be hosted in June, as well as various West Indies' regional tournaments and international home series. So, as you bask in the sun on one of our pristine beaches, remember, there's always a game on, and we look forward to seeing you cheer us on.

See [www.windiescricket.com](http://www.windiescricket.com) or [@windiescricket](https://twitter.com/windiescricket)

## RUN IN PARADISE

26 May, 2024

Now in its seventh year, Run in Paradise continues to go from strength to strength. Yet the organisers refuse to rest on their laurels, and 2024 promises to be bigger than ever. This year's event will feature a Half Marathon (13 miles), a 10K (6 miles) and a 5K (3.1 miles) and, as is tradition, all the races will culminate in medals, refreshments and swims at beautiful Fort James Beach.

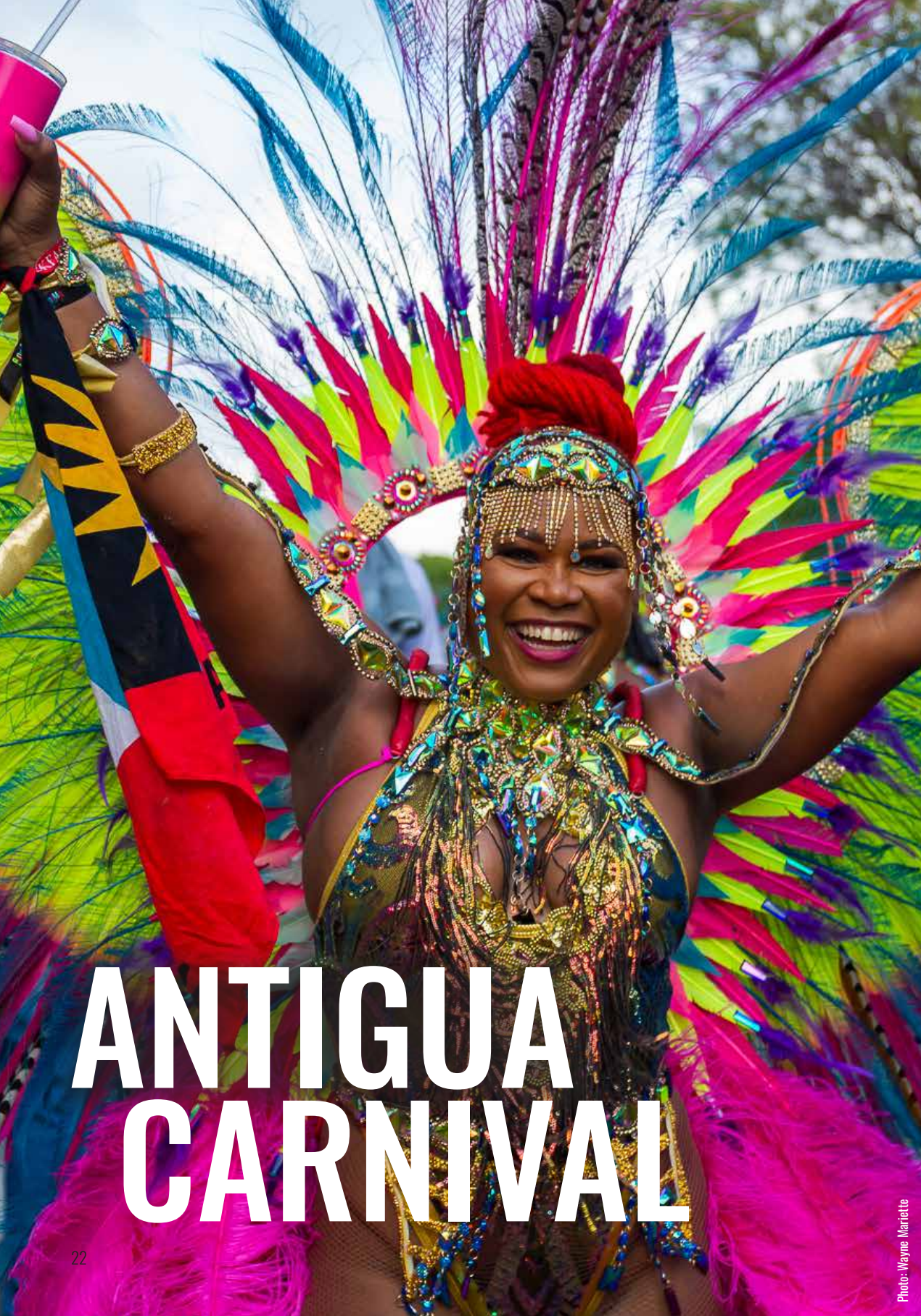
Runners throughout Antigua and the Caribbean participated in 2023. A group called REGGAE RUNNERS from the USA also took part and was so impressed with the conditions that they plan to return with about 200 other hopefuls. The event is organised to meet all international standards, with water stations every mile and the emergency services in attendance.



Online registrations will open the first week of December, 2023 and close 11 May, 2024. Early registration is recommended.

[www.runinparadise.com](http://www.runinparadise.com)  
Facebook: [@runinparadise](https://www.facebook.com/runinparadise)  
Instagram: [werunantigua](https://www.instagram.com/werunantigua)





# ANTIGUA CARNIVAL

Photo: Wayne Mariette



Photo: Wayne Mariette

**Often described as 'the Caribbean's greatest summer festival', this event showcases all aspects of carnival including pageantry, mas and steel pan music. We do hope you'll join in all the fun between 25 July and 6 August, 2024...**

This annual celebration of emancipation is now a two-week summer festival. It takes place in the capital city of St. John's, as well as at Carnival City in the Antigua Recreation Ground. The festival climaxes on Emancipation Day, starting with (4am) J'ouvert Morning when people take to the streets to dance to the local jam bands, steel bands and iron bands often dressed in colourful and exotic outfits. This is the true meaning of freedom – Emancipation!

The great carnivals of the world are judged primarily on their music and mas. Carnival Monday and Tuesday always fall on the first Monday and Tuesday in August. On these two days the carnival troupes descend on the streets of St. John's adorned in their colourful costumes and dancing to the pumping soca rhythms and pulsating music of popular DJs.

Carnival mas costumes depict colourful and magical themes often with national or regional significance. Their beading, feathers and jewels represent months of work in the various mas camps where the costumes are handmade. Mas makers often work into the early hours to produce hundreds of costumes in the hope of winning the coveted title of 'Band of the Year'.

Other events in the line-up include a fiercely competitive Calypso competition where masters of the art compete against each other with songs of social commentary. The high-energy 'Soca Monarch' competition draws quite a crowd. Artists are judged on various criteria and since crowd participation carries significant weight, the audience is encouraged to join in the fun.

The 'Carnival Queen Show' is always eagerly anticipated. To win this coveted title, young ladies are judged on their poise, performing talent and interview skills. 'Teen Splash' is a highly-competitive talent competition for teens. Carnival City is bursting with youngsters on this night.

No Carnival festival would be complete without a 'Panorama' competition. The rivalry that exists between the various steel orchestras fuels their passion to practise musical renditions for months in advance of the competition. This hard work and dedication is evident on 'Panorama Night' when the steel orchestras grace the stage at Carnival City with high-energy performances often punctuated with dramatic antics. The audience is always captivated.

Carnival ends with 'Last Lap' on Carnival Tuesday where the jam bands wind their way through the streets of St. John's pumping out the most popular songs of the carnival season. This truly is the perfect time to experience the culture and music of our twin-island nation.

**For more information on Antigua Carnival**  
[www.visitantiguabarbuda.com](http://www.visitantiguabarbuda.com)



Photo: Carnival in Antigua, powered by Love Our Carnival



# STAY ANTIGUA

From our charming inns to our five-star getaways

**Antigua's got everything from world-class resorts with all the modern amenities to traditional inns with their origins way back in the 18th century. Then there are the family-friendly apartments for those who like to do their own thing and the all-inclusives for those who much prefer everything to be done for them...**

Authenticity is what it's all about in Antigua. Few of our properties are taller than a palm tree, many have been designed to reflect their tropical setting, and most overlook one of our famous white sand beaches. Yet international standards can be expected in everything from our bars and restaurants to our spas and kids' clubs.

You can choose a family-friendly resort with activities galore or an adult-only retreat where the most you'll have to do is apply your own sunscreen. We've got hotels with gourmet restaurants, private cinemas, infinity-edge pools, carefully-curated wine cellars and the kind of spas that win awards. But if all you're after is a charming inn, some local fare and a 10-year-old rum served by a friendly barman, we can do that too.

Which part of Antigua you stay in will also have an impact upon your visit. Our properties are sprinkled all around our shores, and although a 45-minute drive is pretty much all it takes to get from one side of the island to the other, you'll be surprised at how different each coastline is, both in terms of scenery and atmosphere.

Do you choose to stay in bustling Dickenson Bay in the north where popular bars and restaurants overlook one of the Caribbean's finest beaches? Do you go for English Harbour in the south with its historic vibe, cosmopolitan clientele and wall-to-wall yachts? What about Jolly Harbour on the west coast where the ivory-white beaches come with blood-red sunsets? Or do you run away to one of our secret hideaways? We've got a famous one tucked away on its own island, and we've got quite a few others that are so off-the-beaten-track they may as well be.

Of course, our sister island of Barbuda is the ultimate tropical escape. Here you get to camp out beneath the stars or live it up at a luxury beach hotel on the edge of the Caribbean's longest beach. Just imagine, seventeen miles of pristine pink sands pretty much all to yourselves...

## SPOILT FOR CHOICE?

**These categories may help to point you in the right direction. We do recommend double-checking the details with your preferred property before booking.**

### RESORTS & ALL-INCLUSIVES

Cocos Hotel • Valley Church  
Curtain Bluff • Old Road  
Galley Bay Resort & Spa • Five Islands  
The Great House Antigua • Mercers Creek  
Hammock Cove Resort • Dian Bay  
Hawksbill by Rex Resorts • Five Islands  
Hermitage Bay • Hermitage Bay  
Hodges Bay Resort & Spa • Hodges Bay  
Jumby Bay Island • Long Island  
Keyonna Beach Resort • Turners Beach  
Sandals Grande Antigua • Dickenson Bay  
St. James's Club & Villas • Mamora Bay  
The Verandah Resort & Spa • Dian Bay  
*Other hotels do offer all-inclusive options*

### GROWN-UPS ONLY

Cocos Hotel • Valley Church  
Galley Bay Resort & Spa • Five Islands  
Hammock Cove Resort • Dian Bay  
Hawksbill by Rex Resorts • Five Islands  
Hermitage Bay • Hermitage Bay  
Keyonna Beach Resort • Turners Beach  
Pineapple Beach Club Antigua • Long Bay  
Sandals Grande Antigua • Dickenson Bay  
*Some hotels do accept teenagers*

### KIDS' CLUBS INCLUDED

Carlisle Bay • Old Road  
Curtain Bluff • Old Road  
Hodges Bay Resort & Spa • Hodges Bay  
Jumby Bay Island • Long Island  
Royalton Antigua Resort & Spa • Five Islands  
St. James's Club & Villas • Mamora Bay

### OUR HISTORIC INNS

Admiral's Inn • Nelson's Dockyard  
Copper & Lumber Store • Nelson's Dockyard  
The Great House Antigua • Mercers Creek  
Gunpowder Suites • Nelson's Dockyard  
The Inn at English Harbour • English Harbour  
Weatherills Hotel • Marble Hill

### INDEPENDENT ISLAND LIVING

Antigua Village • Dickenson Bay  
Buccaneer Beach Club • Dickenson Bay  
Dutchman's Bay Cottages • Dutchman's Bay  
Siboney Beach Club • Dickenson Bay  
South Point • Falmouth Harbour  
Tamarind Hills • Ffryes Beach

Curtain Bluff



Jumby Bay



Antigua Village

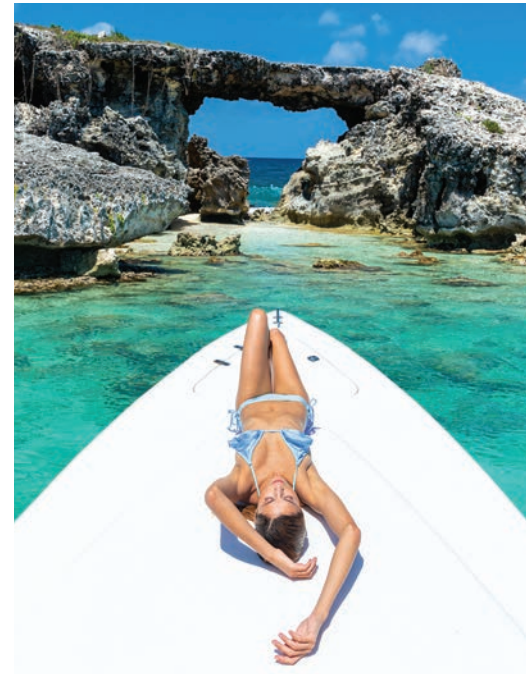


Hermitage Bay



*Sandals*<sup>®</sup>  
GRANDE ANTIGUA  
SAINT JOHN'S, ANTIGUA

**TWO WORLDS IN ONE**  
ROMANTIC RESORT



On an island of 365 beaches, Sandals Grande Antigua is found on the best. Set on Dickenson Bay, Antigua's best and most famous beach, Sandals Grande Antigua creates the perfect atmosphere for romance. Enjoy a Luxury Included<sup>®</sup> Vacation in the six-star, all-suite Mediterranean Village with its authentic European grandeur and spectacular ocean view or in the tropical garden oasis of the Caribbean Beachfront Village. It truly is paradise found at The Caribbean's Most Romantic Resort.





## CARIBBEAN BEACHFRONT VILLAGE

EDEN BY THE SEA

Enter a tropical garden oasis with towering coconut palms and climbing vines just footsteps from the sea. This is the Caribbean Beachfront Village—a carefree Eden by the Sea that embraces the relaxed rhythm of Antigua in a secluded enclave where exotic Rondovals™—luxurious suites-in-the-round—and gingerbread-trimmed cottages appointed with a West Indies flair create an ambiance that’s so serene and so seductive, couples worldwide return here again and again.

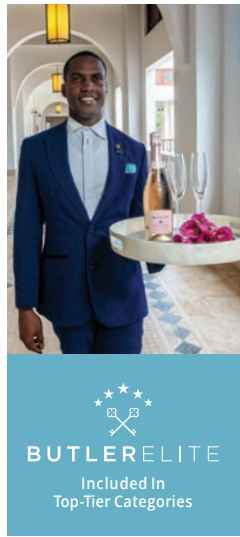


## MEDITERRANEAN OCEANVIEW VILLAGE

WHERE LUXURY KNOWS NO BOUNDS

Discover a world of European grandeur at the Six-Star, All-Suite Mediterranean Oceanview Village, with an extraordinary collection of oceanview suites overlooking Dickenson Bay. Lavish ocean villas feature expansive private patios with plunge pools, whirlpools, dining areas, and personal butler service that caters to your every whim. There’s also the island’s largest zero entry pool to entice you, including spectacular sea views from the Sunset Tower. Don’t forget to browse the village shops in the piazza, where a lively social scene makes St. Mark’s Square come alive with excitement.

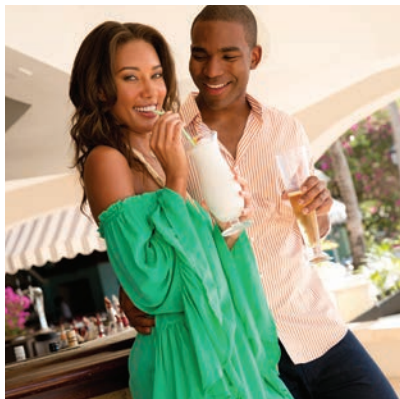




**BUTLERELITE**  
Included In  
Top-Tier Categories

## EVERY LITTLE THING IS INCLUDED

What's the best part of a Luxury Included® Vacation at Sandals? Is it enjoying a gourmet dining experience at water's edge? Paddleboarding side by side across calm seas with the breeze at your back, or scuba diving below the surface together and exploring a whole new world? Could it be toasting to your love with new friends at a beachfront bar with creatively crafted cocktails that just keep coming? Maybe the best part is that it's all included.



## BRING ON THE DAY THE POSSIBILITIES ARE ENDLESS

How will you spend your days at Sandals Grande Antigua? On the beach, soaking up the sun's rays with a good book? On the water, letting the wind propel you across the surface on a sailboard or a Hobie® Cat? Will you dive to new depths as you explore endless reefs and encounter the colorful creatures of the underwater world? Maybe you'd prefer something a little more competitive—a game of tennis day or night, perhaps? When you stay at Sandals, you can do it all, because every land and water sport is included—even scuba diving for certified divers.



## ALL IN GOOD TASTE

Prepare to have your palate pampered at Sandals Grande Antigua, with 11 distinctive Global Gourmet™ dining experiences serving up delicious dishes from around the world. Don't worry about missing out...you can dine wherever or whenever you want, so you can get a taste of it all. And if you want to let loose, afterwards, you'll find bars around the pool, around the beach, around the clock—all serving unlimited pours of premium liquors without tabs, tips, or limits—you can indulge in some bar-hopping without ever leaving the resort.



### RESORT HIGHLIGHTS:

- Voted the Caribbean's Most Romantic Resort 8 Years in a Row, at the *World Travel Awards*
- Set on Antigua's best beach, Dickenson Bay
- 2 Unique villages
- Fine dining experience with 11 gourmet restaurants and 7 bars serving unlimited premium liquor
- 6 pools and 6 whirlpools
- Endless land activities and water sports including daily scuba diving for certified divers
- Conference facilities
- Tips, taxes and Sandals airport transfers included



**In the U.S. or Canada call 1-800-SANDALS; in the U.K. 0800-742-742;  
In Antigua 268-484-0100; SANDALS.COM/ANTIGUA;  
or contact your Travel Advisor**

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**Sandals**  
GRANDE ANTIGUA  
SAINT JOHN'S, ANTIGUA



## ADMIRAL'S INN

### Nelson's Dockyard

This historic waterfront hotel is part of the UNESCO World Heritage site in Nelson's Dockyard. The 34 charming rooms and suites are housed in 18th-century buildings with air-conditioners and all the modern amenities. You can enjoy dining and cocktails at Pillars terrace restaurant, with free boat rides available to the beach, as well as to the infinity-edge pool, spa and second restaurant Boom. Sailing, scuba-diving and tennis are available nearby. Enjoy casual elegance and friendly, personal service.

Tel: (268) 460-1027 [www.admiralsinnantigua.com](http://www.admiralsinnantigua.com)

## ADMIRAL'S INN GUNPOWDER SUITES

### Nelson's Dockyard

The popular Gunpowder Suites comprise 12 deluxe suites built around a remodelled 18th-century gunpowder store. Set on a two-acre point with a stunning infinity-edge pool overlooking Nelson's Dockyard, the air-conditioned suites feature 4-poster beds, sitting areas, tea/coffee-making facilities, minibars, and balconies overlooking the harbour. This serene retreat also offers daybeds, hammocks and a spa, the poolside Boom Restaurant and Pillars terrace restaurant serving tasty meals and delicious cocktails.

Tel: (268) 460-1027 [www.admiralsinnantigua.com](http://www.admiralsinnantigua.com)



Admiral's Inn

## ANTIGUA VILLAGE Dickenson Bay

Just steps away from one of the world's most breathtaking beaches, Antigua Village truly reflects the relaxing spirit of the islands. All studios, suites and villas have fully-equipped kitchens with interiors personally styled by their individual owners. The four-acre beachfront resort features flourishing gardens, a swimming pool, private in-room spa treatments and a private chef service upon request. There are also two restaurants adjacent to the Village, and another five within walking distance. St. John's is just 10 minutes' drive away.

Tel: (268) 462-2930 [www.antiguavillage.com](http://www.antiguavillage.com)

Email: [reservations@antiguavillage.com](mailto:reservations@antiguavillage.com)

## BLUE WATERS RESORT & SPA Soldier's Bay

One of the Caribbean's finest resorts, Blue Waters lies in the northwest corner of Antigua. Epitomising luxury and elegance, the resort features a spa, several pools, secluded beach coves and 17 acres of gardens. Blue Waters exudes the easy, effortless style of gracious living.

Tel: (268) 462-0290 Email: [hotelres@bluewaters.net](mailto:hotelres@bluewaters.net)

[www.bluewaters.net](http://www.bluewaters.net)

## BUCCANEER BEACH CLUB Dickenson Bay

An informal Caribbean-style resort ideal for independent stays on popular Dickenson Bay. Perfect for families and couples, it offers 16 one-bedroom villas and 2 two-bedroom cottages all with kitchen facilities and private balconies or verandahs. On-site amenities include a pool, free laundry, free internet and mountain bikes. Watersports, restaurants, bars and supermarkets are all within walking distance.

Tel: (268) 562-6785 Fax: (268) 562-6784

Email: [info@buccaneerbeach.com](mailto:info@buccaneerbeach.com)

[www.buccaneerbeach.com](http://www.buccaneerbeach.com)

## CARLISLE BAY Old Road

Situated on the scenic south coast, Carlisle Bay combines contemporary luxury with a beautiful beach setting. The 87 spacious suites with private terraces or balconies offer breathtaking ocean views and cool calm interiors. There are 4 restaurants, 3 bars and an award-winning spa, all open to non-residents. Day passes are a fantastic way to experience Carlisle Bay with its complimentary watersports and Cool Kids Club.

A member of Leading Hotels of the World.

Tel: (268) 484-0000 Fax: (268) 484-0001

Email: [info@carlisle-bay.com](mailto:info@carlisle-bay.com) [www.carlisle-bay.com](http://www.carlisle-bay.com)



Antigua Village  
Beachfront Resort

Make yourselves at home on one of Antigua's most breathtaking beaches at Dickenson Bay. Studios, suites and villas available.

[www.antiguavillage.com](http://www.antiguavillage.com) Call (268) 462-2930



THE INN  
AT ENGLISH HARBOUR



SMALL  
LUXURY  
HOTELS  
OF THE WORLD

“From the moment you step through the doors of The Inn, you will feel the serenity of this boutique hotel.”

[THEINNANTIGUA.COM](http://THEINNANTIGUA.COM)

## COCOS HOTEL Valley Church

Caribbean cottages overlooking the west coast, an area noted for its beaches and sunsets. All have four-posters, hammocks, outdoor showers, private balconies and air-conditioning. The casual restaurant offers fabulous views, and there are few better settings for a small, romantic wedding.

Tel: (268) 462-9700/562-3434 [www.cocoshotel.com](http://www.cocoshotel.com)

## CATAMARAN HOTEL Falmouth Harbour

Lying on a small beach on the edge of Falmouth Harbour, this family-run hotel enjoys a relaxed and friendly atmosphere. All 14 rooms have air-conditioning, cable TVs and free WiFi. It's a great place to relax and get away from it all, but it's also close enough to English Harbour for Nelson's Dockyard, as well as nightlife.

Tel: (268) 460-1036 [www.catamaranantigua.com](http://www.catamaranantigua.com)

## COPPER & LUMBER STORE HISTORIC INN Nelson's Dockyard

Surrounded by spectacular Nelson's Dockyard, the Copper and Lumber Store Historic Inn stands out as one of the finest examples of Georgian architecture in the Caribbean. Throughout the hotel, from the rooms and the furnishings to the beautiful courtyard, there are reminders of the period centuries ago when the building was originally constructed. Within this unique historic setting every modern comfort and luxury are provided. The restaurant has an excellent daily menu and supports the award-winning 'Seafood Friday'.

Tel: (268) 460-1058 Fax: (268) 460-1529

Email: [info@copperandlumberhotel.com](mailto:info@copperandlumberhotel.com)

[www.copperandlumberstore.com](http://www.copperandlumberstore.com)



Copper & Lumber



Curtain Bluff

## CURTAIN BLUFF

### Old Road

Situated on a dramatic seaside bluff on Antigua's southern shore, this 72 room resort is legendary. Its well-deserved reputation is due in part to its breathtaking setting, but also to its peerless service. An oceanfront spa enhances the first-class leisure amenities, which include tennis, watersports, squash and fitness facilities.

Tel: (268) 462-8400/1/2 Fax: (268) 462-8409

Email: [curtainbluff@curtainbluff.com](mailto:curtainbluff@curtainbluff.com)

[www.curtainbluff.com](http://www.curtainbluff.com)

## DUTCHMAN'S BAY COTTAGES

### Dutchman's Bay

Experience a little piece of paradise at Dutchman's Bay Cottages. Located on Antigua's northeast coast, these 7 Caribbean-style cottages lie right on the beach with the gentle trade winds blowing in across the clear turquoise waters. Each charming cottage is self-contained with attractive furnishings, a fully-equipped kitchen and a verandah. A tranquil 'home away from home' enabling you to enjoy all that Antigua has to offer.

Tel: (268) 764-7333/464-0207

[www.dutchmansbay.com](http://www.dutchmansbay.com)

## GALLEY BAY RESORT & SPA

### Five Islands

Galley Bay Resort & Spa is an adult-only authentic Caribbean getaway. Set amid aquamarine seascapes, a powdery white sand beach and lush gardens, this all-inclusive boutique resort delights guests with its refined, yet unpretentious atmosphere. Ideal for couples and newlyweds seeking a romantic getaway, both adventure and tranquility are on the menu at this award-winning tropical paradise.

Tel: (866) 237-1644 or (268) 462-0302

Email: [reservations@eliteislandresorts.com](mailto:reservations@eliteislandresorts.com)

[www.galleybayresort.com](http://www.galleybayresort.com)



# JUMBY BAY ISLAND

An 'inclusive' luxury retreat set on its own enchanting 300-acre private island two miles off Antigua's coast. Accessible only by boat, it offers discerning visitors a relaxed and authentic Caribbean escape amidst lush tropical surroundings and superb white sand beaches. There are no crowds, cars or commerce here — just 4½ miles of palm-studded shoreline and a network of bicycle paths winding through the luxuriant landscape.

This ultra-deluxe hideaway has 40 luxurious suites, the open-air Veranda Restaurant, the Pool Grille and the elegant Estate House where gastronomic cuisine is served in a restored 230-year-old plantation manor.

The private residences and villas available for rent are the ultimate in understated luxury. Each one is unique in style, some of them with direct beach access and private swimming pools. They all enjoy the use of private golf carts and access to Jumbay Bay's many amenities. These include watersports, first-class tennis courts, The Spa, a fitness centre, running and biking paths, a lap pool and an oceanfront infinity pool. The complimentary children's programme encourages younger guests to explore local culture, crafts and ecology.

[www.oetkercollection.com](http://www.oetkercollection.com)



JUMBY BAY ISLAND  
ANTIGUA - WEST INDIES

*A secluded world of effortless luxury.*



#lifeunscripted

[www.oetkercollection.com](http://www.oetkercollection.com)

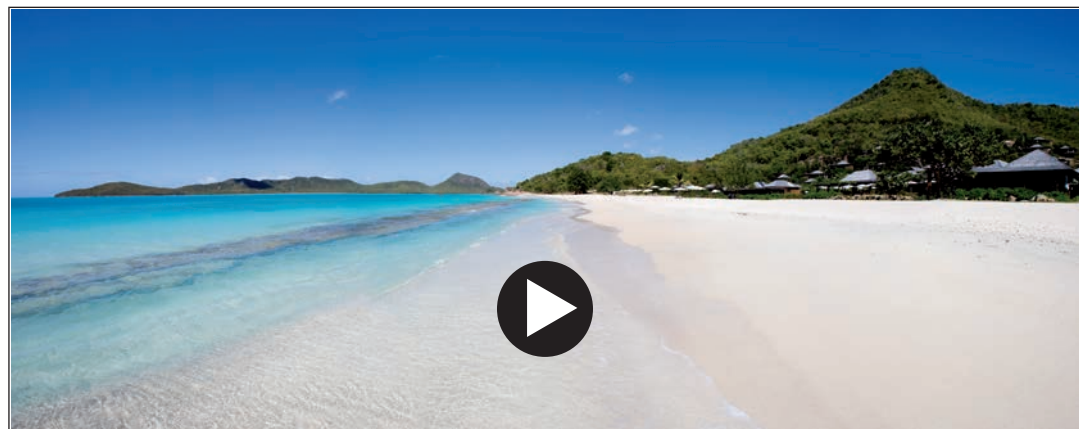


# HERMITAGE BAY



Hermitage Bay has been created with artistry and a true sense of the spirit of its location. Peaceful and secluded, it lies on a hidden bay enclosed by 17 acres of tropical gardens and surrounded by hundreds of acres of untouched land. The stunning beach stretches for over 1,250 feet in front of 30 individual suites located on the panoramic hillside or just steps away from the sand.

All the luxurious suites feature outside deck areas, while the hillside suites have the added attraction of their own private plunge pools and sunbathing areas. Hermitage Bay is the perfect place for those seeking to unwind, retreat from their busy lives and rejuvenate their minds, bodies and souls. [www.hermitagebay.com](http://www.hermitagebay.com)



## HERMITAGE BAY ANTIGUA

tropical gardens fine white sand  
secluded bay warm and friendly  
spacious comfortable individual  
suites right on the beach hillside  
vistas luxury privacy tranquillity  
natural paradise hermitage bay

Hermitage Bay tel (268) 562 5500 reservations (268) 562 8080 fax (268) 562 5505 [www.hermitagebay.com](http://www.hermitagebay.com)



# CARLISLE BAY

Enjoy laidback luxury and genuine Caribbean warmth and hospitality at this 'Leading Hotel of the World' on our southwest coast. Situated on a pristine horseshoe bay and engulfed by untouched rainforest, this five-star sanctuary incorporates its natural surroundings while evoking discreet luxury and relaxed sophistication.

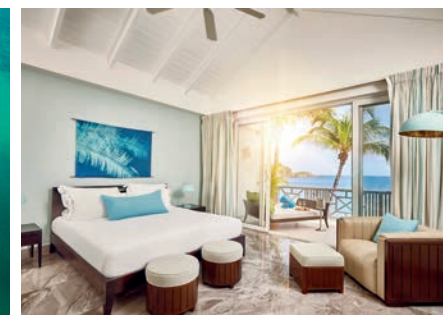
The spacious suites look out onto the turquoise waters of the Caribbean Sea. Activities include a wide range of watersports, a luxury FJORD36 motor yacht for private charters, and tennis clinics on one of nine courts. Yoga and Pilates sessions are available, as well as ESPA treatments in the CARA Organic Beauty Spa. The Cool Kids club provides hours of fun for the little ones.

Global cuisine is showcased in the four restaurants:

- Indigo on the Beach overlooks the sea and offers traditional Caribbean delights with a Mediterranean twist.
- Ottimo! is a casual poolside restaurant with a wood-fired pizza oven offering authentic Italian cooking with ingredients from the chef's garden.
- EAST is one of the island's best restaurants for sushi, plus memorable Japanese, Thai and Indonesian dishes.
- The Jetty Grill at the end of the beach has an open kitchen and barbecue offering traditional local dishes.

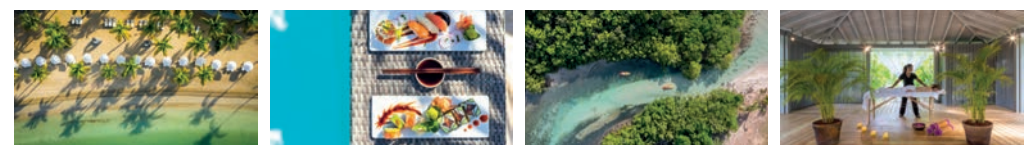
Luxury Day Passes available from US\$300 per person to include a 3-course lunch with beverages, a 1-hour signature massage and the use of resort facilities.

[www.carlisle-bay.com](http://www.carlisle-bay.com)



## LAIDBACK LUXURY

AT  CARLISLE BAY  
ANTIGUA



[info@carlisle-bay.com](mailto:info@carlisle-bay.com) | [carlisle-bay.com](http://carlisle-bay.com) | +1 268 484 0000

## HAMMOCK COVE RESORT

### Dian Bay

This luxurious all-inclusive, adults-only and awe-inspiring resort, is just a few hundred yards from Devil's Bridge National Park with its stunning views over the turquoise bay.

**Tel: (800) 858-4618**

**Email: [reservations@eliteislandresorts.com](mailto:reservations@eliteislandresorts.com)**

**[www.hammockcoveresort.com](http://www.hammockcoveresort.com)**

## HAWKSBILL BY REX RESORTS

### Five Islands

This unique hideaway is set in 37 acres of tropical gardens with four beautiful beaches. There are two restaurants with varied evening entertainment.

**Tel: (268) 462-0301**

**Email: [hawkskill@candw.ag](mailto:hawkskill@candw.ag)**

## HERMITAGE BAY

### Hermitage Bay

A unique concept in Antigua, Hermitage Bay is in total harmony with its surroundings. Individual suites provide understated luxury and private plunge pools. With its oceanside restaurant and bar, refreshing infinity-edge pool, charming hillside spa and the emphasis on impeccable service, Hermitage Bay offers a wonderful experience.

**Tel: (268) 562-5500 Fax: (268) 562-5505**

**Email: [info@hermitagebay.com](mailto:info@hermitagebay.com)**

**[www.hermitagebay.com](http://www.hermitagebay.com)**

## HODGES BAY RESORT & SPA

### Hodges Bay

Overlooking our scenic north coast just minutes from St. John's, Hodges Bay offers a wealth of accommodations including suites, villas and penthouses. The resort is discreetly tucked away amidst lush gardens, its striking architecture and contemporary artwork combining with its gracious service to offer the most discerning guests a refreshing take on Caribbean hospitality. No stay is complete without a visit to Prickly Pear Island, this quintessential desert hideaway offering the ultimate in castaway fantasies just minutes off-shore.

**Tel: (268) 484-8000 UK: +44 (204) 525-1701**

**Toll Free USA/Canada: (917) 979-4300**

**[www.hodgesbay.com](http://www.hodgesbay.com)**



Keyonna Beach



Jolly Beach

## JOLLY BEACH ANTIGUA

### Jolly Beach

This popular all-inclusive resort is tucked away amidst 40 acres of lush, tropical gardens on the edge of a mile-long beach. Guests can choose between five room categories, all with private balconies or terraces. The leisure and dining facilities are equally extensive and include three restaurants and bars, a spa and beauty salon, a fitness centre, tennis courts and a wide variety of non-motorised watersports. There are also two pools, one of them lagoon-like with a swim-up bar. All guests must be 12 or older.

**Tel: (268) 462-0061**

**[www.jollybeachantigua.com](http://www.jollybeachantigua.com)**

## JUMBY BAY ISLAND

### Long Island

On a precious 300-acre private retreat, Jumby Bay Island welcomes guests into a secluded world of effortless luxury. A collection of 40 suites and 35 villas and private residences offer uncompromised private island living, award-winning service, and access to a world of exquisite amenities and unforgettable moments.

**Tel: (268) 462-6000 Fax: (268) 462-6020**

**Email: [jumbybay@oetkercollection.com](mailto:jumbybay@oetkercollection.com)**

**[www.oetkercollection.com](http://www.oetkercollection.com)**

## KEYONNA BEACH RESORT ANTIGUA

### Turners Beach

This couples-only, all-inclusive boutique hotel lies on the southwest side of the island, an area noted for its beautiful beaches and spectacular sunsets. The islands of Nevis, Redonda and Montserrat are visible on the horizon. The private, stand-alone cottages are all charmingly rustic in style, yet boast king-size four-poster beds, air-conditioning and free WiFi, as well as verandahs overlooking the sea. Private pools are also available. The beach restaurant facilitates open-air dining, its excellent menu showcasing fresh, organic cuisine with a delicious Caribbean twist. Definitely a place to unwind and get away from it all.

**Tel: (268) 562-8880**

**Email: [info@keyonnabeach.com](mailto:info@keyonnabeach.com)**

**[www.keyonnabeachresortantigua.com](http://www.keyonnabeachresortantigua.com)**

## MARBLE SUITES APARTMENTS

### Marble Hill Area

These affordable, fully-furnished 1,2 and 3-bedroom apartments are located throughout the Marble Hill, Crosbies and Hodges Bay area. Available for both short and long-term rentals, amenities include WiFi, air-conditioning, washing machines, ample parking space, and a laundry and housekeeping service on request. Beaches lie within walking distance, with supermarkets, restaurants, cafés, banks and a gym just a 5-minute drive away. A true home away from home.

**Tel: (268) 561-5231**

**Email: [marblesuites@gmail.com](mailto:marblesuites@gmail.com)**

**[www.marblesuitesapartments.com](http://www.marblesuitesapartments.com)**

## PINEAPPLE BEACH CLUB ANTIGUA

### Long Bay

Just 20 minutes from the airport, this peaceful oasis is just like Antigua – relaxed and unhurried. Located on a stunning stretch of white sand beach, the adults-only Pineapple Beach Club is an ideal vacation spot for couples' getaways and relaxing escapes.

**Tel: (800) 858-4618**

**or (268) 463-2006**

**Email: [reservations@eliteislandresorts.com](mailto:reservations@eliteislandresorts.com)**

**[www.pineapplebeachclub.com](http://www.pineapplebeachclub.com)**



Hammock Cove

## ROYALTON ANTIGUA RESORT & SPA

### Five Islands

This 294-room all-inclusive lies on Deep Bay Beach. It offers à la carte dining and overwater bungalows. Guests can choose between the Resort or Diamond Club, the latter with butler service and exclusive pool and beach areas. Facilities include tennis, watersports, a spa, kids' and teens' clubs, and restaurants ranging from elegant steakhouses to beachside grills.

**Tel: (268) 484-2000 Reservations: (888) 744-8371**

**Email: [reservationsRAN-ANU@royaltonresorts.com](mailto:reservationsRAN-ANU@royaltonresorts.com)**

**[www.royaltonresorts.com](http://www.royaltonresorts.com)**



CURTAIN BLUFF  
Antigua, West Indies

After a 13.5 million renovation, the iconic Curtain Bluff is poised to welcome multi-generational families and honeymoon couples to our classic Caribbean resort.

We have perfected the art of timeless hospitality, anticipating every need, treating guests as friends, and offering the warmest welcome in the islands.

Learn more on our website:  
[www.curtainbluff.com](http://www.curtainbluff.com)





Barbuda Cottages @ABTA

### SANDALS® GRANDE ANTIGUA RESORT & SPA

#### Dickenson Bay

Named the 'Caribbean's Most Romantic Resort', Sandals Grande Antigua presents two distinct worlds created exclusively for two people in love – the all-suite Mediterranean Oceanview Village and the Caribbean Beachfront Village. Inspired by European sophistication, the Six-Star Diamond Mediterranean Village features an expansive zero-entry pool with views of the ocean and beachside butler villas. Just steps from the sea, the Caribbean Beachfront Village is dotted with towering palms, charming cottages, signature Rondoval™ suites, and tranquil pools. Guests will enjoy the best of both worlds with a total of eleven 5-Star Global Gourmet™ restaurants, seven bars and six shimmering pools.

Tel: (268) 484-0100

PO Box 147, Dickenson Bay, St. John's  
www.sandals.com

### SIBONEY BEACH CLUB

#### Dickenson Bay

Recently enhanced and expanded, this boutique hotel is ideal for families and adventure travellers seeking an authentic Antiguan experience. Facilities include Caribbean-style suites with balconies or terraces, pool, gym, restaurant and bar. Watersports nearby.

Tel: (268) 462-0806

www.siboneybeachantigua.com

### SOUTH COAST HORIZONS Cades Bay

This eco-conscious escape is for nature lovers seeking to unwind and recharge in a secluded south coast setting. All of the suites and studios feature air-conditioning, WiFi and patios. The studios with their kitchenettes are tucked away amidst the flamboyant trees, while the larger suites feature fully-equipped kitchens and views over the tranquil beach. There's an inviting pool on-site, as well as kayaking adventures nearby and eco-tours.

Tel: (268) 562-4074

Email: admin@southcoasthorizons.com  
www.southcoasthorizons.com

### SOUTH POINT Falmouth Harbour

This boutique hotel enjoys front row views of some of the world's finest superyachts. Facilities include a fitness centre, pool and Lounge Bar where great food and cool music attract a cosmopolitan crowd. The waterfront restaurant showcases authentic flavours inspired by Mediterranean, Middle Eastern and Asian cuisine.

Tel: (268) 562-9600 www.southpointantigua.com

### ST. JAMES'S CLUB & VILLAS Mamora Bay

An all-inclusive hideaway on a 100-acre peninsula on our southeast coast. The club-like ambience, two beaches, varied culinary options and boundless activities appeal to couples, families and singles alike.

Tel: (866) 237-2071 or (268) 460-5000

www.stjamesclubantigua.com

### TAMARIND HILLS Ffryes Bay

This five-star collection of one to four-bedroom serviced villas, suites and apartments lies on the southwest coast between two of the island's most beautiful beaches, Darkwood and Ffryes. All beach and oceanfront modern luxury villas feature private pools, full kitchens and sunset views over the Caribbean Sea. One-bedroom suites include kitchenettes, many have Jacuzzis, and all offer beach and ocean views. The full concierge service includes VIP airport collection, restaurant and excursion bookings, as well as pre-arrival grocery stocking. Maid service and 24 hour security is standard.

Tel: (268) 562-7380 Whatsapp: (268) 736-7042

www.tamarind-hills.com

Email: reservations@tamarind-hills.com

### THE GREAT HOUSE Mercers Creek

Step back in time and enjoy the elegance and romance of a Georgian plantation house. Antiques, fine dining and sweeping garden or sea views all await here. The historical Buff house suites and garden cottages include air-conditioning, four-posters, mini-bars, ensuite bathrooms and free WiFi. All meals are included. Spa, wellness classes and island hikes available on request.

Tel: (268) 463-4084 www.thegreathouseantigua.com

Email: bookings@thegreathouseantigua.com



Just minutes from St. John's, Hodges Bay is a 79-room escape tucked away amidst eight acres of tropical gardens on the edge of a white sand beach. Its varied accommodations all evoke contemporary island comfort, and range in size from junior suites to 1, 2, 3 and 4-bedroom suites, villas and residences. Romantic escapes, trips with friends and multi-generational family celebrations are all catered to here.

Hodges Bay's leisure facilities are equally diverse. These include an infinity-edge pool for adults and families, a second pool with private cabanas, as well as snorkelling, stand-up paddle boards and kayaking adventures directly from the beach. There are also two tennis courts and a gym, as well as The Spa La Bohème. The kids' centre offers a full programme of organised activities, and even teens have their own club room.

The White Sand Restaurant serves up relaxed fare throughout the day, and the Drift Bar is where to head for daytime refreshments and evening sundowners. After dark, the focus moves on to the Black Sails Lounge, a breeze-cooled, open-air cocktail bar situated beneath massive canopy sails. The 22ft. high 'spaceman' sculpture is quite the talking point. For something really special, Prickly Pear Island awaits. This pocket-sized paradise lies just a few minutes offshore, its coral reef teeming with marine life, and its beach restaurant serving delicious refreshments overlooking the crystal clear Caribbean Sea.

Tel: (268) 484-8000

UK: +44 (204) 525-1701

Toll Free USA/Canada: +1 (917) 979-4300

www.hodgesbay.com





Trade Winds Hotel

### THE INN AT ENGLISH HARBOUR English Harbour

Discover historic charm and modern comforts at The Inn at English Harbour. Located on one of the Caribbean's finest bays, the guest rooms feature air-conditioning, flat-screen TVs, free WiFi and iPod docking stations. A boutique and spa enhance the general facilities. The fine dining Terrace Restaurant on the panoramic hillside is highly acclaimed, whilst the more casual Reef Restaurant offers the company of blue waters and cooling trade winds.

Tel: (268) 460-1014

Email: [reservations@theinnantigua.com](mailto:reservations@theinnantigua.com)  
[www.theinnantigua.com](http://www.theinnantigua.com)

### THE VERANDAH RESORT & SPA Dian Bay

Now totally reimagined, this all-inclusive, adult-only oasis overlooks the sparkling turquoise waters of Dian Bay. Amidst its 30 waterfront acres await two white sand beaches, Michelin-inspired restaurants, and the rejuvenating treatments of the Tranquility Body & Soul Spa. The luxury suites and villas either lie on the hillside, overlook the water or sit on the waterfront, plunge pools on offer in some 2-bedroom villas.

Tel: (866) 237-1785 or (268) 562-6845  
[www.theverandah.com](http://www.theverandah.com)

### TRADE WINDS HOTEL Dickenson Bay

An attractive 50-room hotel where guests can relax in beautiful surroundings and enjoy fine cuisine, friendly service and fantastic ocean views. It lies on a hillside overlooking Dickenson Bay and offers tranquility and seclusion to business travellers and holidaymakers. In addition to the Cybex gym, pool and panoramic sundeck with fire pit, the Bay House restaurant attracts locals and visitors alike with its eclectic all-day menus. The multimedia events/conference facilities are perfect for meetings, weddings and private parties.

Tel: (268) 462-1223 Fax: (268) 462-5007  
Email: [info@twhantigua.com](mailto:info@twhantigua.com)  
[www.twhantigua.com](http://www.twhantigua.com)

## BUCCANEER BEACH CLUB

Buccaneer Beach Club is located directly on Dickenson Bay, one of the island's most famous white sand beaches. It is just a 15-minute drive from the airport and a 5-minute drive from St. John's. The fashionable bars and restaurants of Dickenson Bay are just a stroll away.

All of the charming villas and cottages have their own balconies or verandahs with views of the bay. Each one is designed in a charming Caribbean style complete with wooden louvered windows allowing the sea breezes to flow freely. All are equipped with air-conditioning, free WiFi and two flat-screen cable TVs.

The kitchenettes are fully equipped, beach towels are provided, and there is a daily housekeeping service. Next to the freeform pool is a gazebo with a seating area and barbecue grill where you can enjoy everything from a quiet read to a cookout with family and friends.

The nearby leisure amenities include watersports, tennis, horse-riding and mountain biking. The helpful staff is multilingual and will be happy to assist with excursions and restaurant reservations.

[www.buccaneerbeach.com](http://www.buccaneerbeach.com)






**MARBLE SUITES**  
APARTMENTS

**FURNISHED & AFFORDABLE**

1, 2 and 3 bedroom apartments available at Marble Hill, Crosbies and Hodges Bay.

Tel: +1 (268) 561-5231  
Email: [marblesuites@gmail.com](mailto:marblesuites@gmail.com)  
[www.marblesuitesapartments.com](http://www.marblesuitesapartments.com)



Enjoy Your Dream

# Holiday



**BOOK NOW**

Dickenson Bay, St. John's  
Antigua & Barbuda

[www.buccaneerbeach.com](http://www.buccaneerbeach.com) +1-268-562-6785





# ANTIGUA SPAS

Spas and Antigua are a winning combination, the beauty and body treatments perfectly enhanced by our healthy climate, relaxing vibe and serene sea views. We hope this summary helps you choose the perfect one for you...



Every top hotel in Antigua prides itself on including a first-class spa amongst its leisure facilities. The traditional mud wraps and deep-tissue massages are often complemented by ancient techniques like Reiki and reflexology. Some spas pamper you with Caribbean-inspired treatments using sea salt, coffee and seaweed, while others prefer to use the luxury products of international companies like Elemis and Dorissima.

Fitness facilities are usually available too, dedicated instructors offering anything from morning Pilates classes to sunset yoga. And, of course, no one's rushing you anywhere after your treatment. The spa terraces, Jacuzzis and infinity pools are perfect for relaxing with a chamomile tea before stepping back into the real world.

## THE SPA AT CURTAIN BLUFF Old Road

A spa distinguished by its intimacy, seclusion and panoramic setting. The five treatment rooms look out over the sea, and after a treatment you can relax in the Jacuzzi on the edge of the cliff and enjoy the views out towards distant Montserrat.

Tel: (268) 462-8400 [www.curtainbluff.com](http://www.curtainbluff.com)

## CARA ORGANIC BEAUTY SPA

### Carlisle Bay, Old Road

This ultra-stylish spa offers beauty and body treatments using ESPA skincare products and holistic therapies. There are 6 treatment rooms (including one for couples and a wet room), as well as a sauna, gym, juice bar and hair and beauty salon.

Tel: (268) 484-0000 [www.carlisle-bay.com](http://www.carlisle-bay.com)

## THE SPA AT JUMBY BAY ISLAND

### Long Island

A particularly elegant experience for physical and spiritual rejuvenation. Guests enjoy an environment unmatched for tranquility, with treatments offered in a calming seaside haven or the comfort of their luxury suite, villa or private home. Wellness facilities include a fully-equipped gym, relaxation spaces, and regularly scheduled fitness courses throughout the week.

Tel: (268) 462-6000 [www.jumbybayisland.com](http://www.jumbybayisland.com)

## TRANQUILITY BODY & SOUL SPAS

These four hotel spas offer a long list of treatments in serene surroundings. Think natural furnishings made with elements like rattan and sea grass.

**St. James's Club** Tel: (268) 460-5000

[www.stjamesclubantigua.com](http://www.stjamesclubantigua.com)

**Pineapple Beach Club** Tel: (268) 463-2006

[www.pineapplebeachclub.com](http://www.pineapplebeachclub.com)

**The Verandah Resort & Spa** Tel: (268) 484-6200

[www.theverandah.com](http://www.theverandah.com)

**Hammock Cove Resort** Tel: (268) 484-6550

[www.hammockcoveresort.com](http://www.hammockcoveresort.com)

## SPA LA BOHÈME AT HODGES BAY RESORT

### Hodges Bay

This tranquil retreat features relaxation areas, sauna and steam rooms, as well as four treatment rooms including two for couples. The therapies are globally inspired, featuring a Polynesian-influenced Nalu body ritual for deep relaxation and powerful energy work to balance the body's chakras. You can even refresh your aura with an ancient Moroccan Rhassoul clay treatment.

Tel. (268) 484-8000 [www.hodgesbay.com](http://www.hodgesbay.com)



## REGENT'S PARK AESTHETICS ANTIGUA

### Bay Gardens, Hodges Bay

From skin and body treatments to facial aesthetics, the highly-experienced practitioners at Regents Park are committed to helping you look and feel your best. Their extensive list of treatments includes everything from Botox and dermal fillers to skin peels and microneedling. And you can rest assured that all injectable treatments are carried out by a UK-qualified medical professional. Book a free consultation and skin assessment.

Tel: (268) 726-3988

[www.regentsparkaesthetics.com](http://www.regentsparkaesthetics.com)

## THE RED LANE® SPA AT SANDALS GRANDE ANTIGUA

### Dickenson Bay

Where classic European health and beauty rituals are reinterpreted with Caribbean flair. Signature treatments include Red Lane® Himalayan Salt Stone Massage, Caribbean Seaweed Body Treatment and Scents of Love Couples Massage.

Tel: (268) 462-0267 [www.sandals.com](http://www.sandals.com)

## THE SPA AT BLUE WATERS

### Blue Waters

For world-renowned 'ila' products, panoramic water views and a relaxing infinity pool. Anything from massages and facials to nurturing rituals and quick fixes are on offer. The Argan oil, Himalayan salt crystals and Demascena rose ingredients of Britain's leading 'Beyond Organic' skincare brand do all the magic.

Tel: (268) 462-0290 [www.bluewaters.net](http://www.bluewaters.net)

## THE POWDER ROOM SPA

### Admiral's Inn, English Harbour

Located at Admiral's Inn Boom Restaurant, this petit spa offers its own signature brand of organic luxury products handmade in Antigua. Treatments include chakra cleansing, deep tissue massages, full-rejuvenation organic facials, deep tissue massages, Indian head massages and bio seaweed gel manicures.

Tel: (268) 781-1010

[www.thepowderroomspaanu.com](http://www.thepowderroomspaanu.com)

## INDULGE SPA

### Galley Bay Resort & Spa

This rustic chic hideaway overlooks a tranquil bird sanctuary lagoon. The treatments are given in air-conditioned treatment rooms or open-air pods draped with sheer white curtains. After the treatment you can take time to relax in the spa pool.

Tel: (268) 462-0302 [www.galleybayresort.com](http://www.galleybayresort.com)

## GARDEN SPA

### Hermitage Bay

This intimate Indonesian-style spa specialises in Dorissima Colour Rituals. The treatment suite is bathed in gentle coloured lights, while aromatherapy and soft music combine to provide the ultimate spa experience.

Tel: (268) 562-5500/1205 [www.hermitagebay.com](http://www.hermitagebay.com)

## Be proud of your skin



Expert and personalised medical aesthetics to help to feel and look your best!

- Injectable and non-injectable face and body treatments
- Fully trained medical professionals and aesthetic skin specialist



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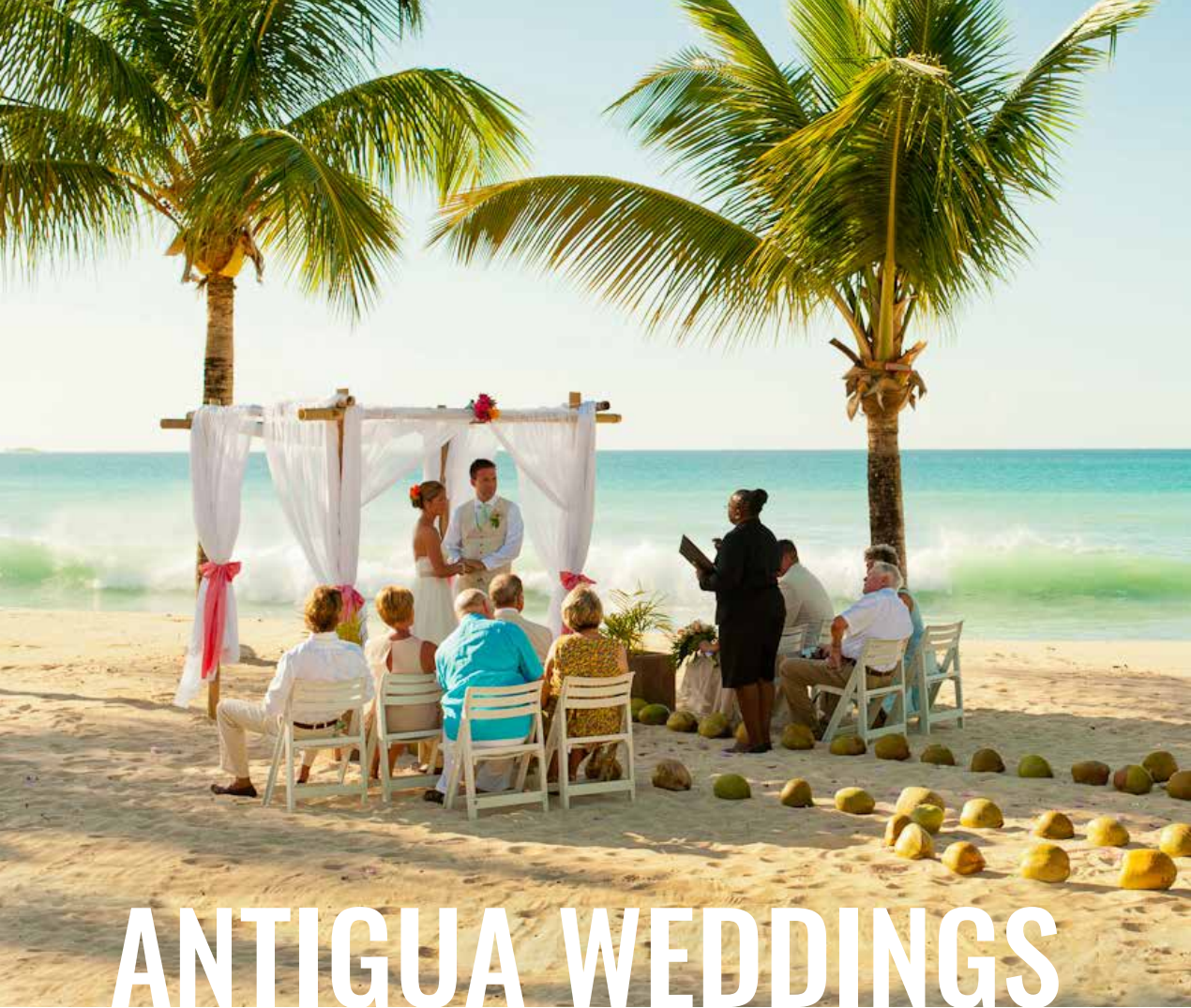
(268) 726-3988

Bay Gardens, Hodges Bay

[antiguabookings@regentsparkaesthetics.com](mailto:antiguabookings@regentsparkaesthetics.com)

[regentsparkaesthetics.com](http://regentsparkaesthetics.com)

*Regents Park*  
AESTHETICS



# ANTIGUA WEDDINGS

**From our white beaches and pink sunsets to our iconic hotels and starlit nights, 'The Romance Capital of the Caribbean' has all the ingredients for love...**

Getting married in Antigua is a breeze – an island breeze that is! We keep the legal formalities so simple that your marriage licence can be issued on the same day you apply.

Your hardest decision will be where to hold your ceremony. You'll certainly be spoilt for choice. Beneath a rustic gazebo on a palm-fringed beach? On the palm-studded deck of an infinity-edge swimming pool? At the end of a breeze-cooled jetty as the sun goes down? Or even in the fragrant gardens of one of our luxury hotels with the island's history all around you?

Wherever you choose, all your special moments will be captured by one of our specialist wedding photographers. You can even book a 'Trash the Dress'

photoshoot for right after the ceremony or on a subsequent day. What fun to roll around in the surf or stroll through our tropical rainforest wearing your bridal dress for the very last time!

Your professional wedding planner will be on hand to ensure the day runs smoothly, of course. They'll assist with everything from the location and legal formalities to the cake and champagne.

Treats you might consider include videos, steel bands and romantic wedding breakfasts overlooking the Caribbean Sea. Or how about having bougainvillea petals sprinkled on your kingsize bed? And just to make sure you look (and feel) your best on Your special day, everything from seaweed scrubs to bridal make-up is available in our beauty salons and relaxing spas.



Photos: Antigua Brides

The hotels also make it as easy as possible. Their wedding packages generally include legal fees, a wedding arch, bottle of champagne, cake, bouquet of tropical flowers, boutonhole for the groom and the services of a wedding planner. Special group deals make it easy for family and friends to join you.

And let's not forget you can even get married in one of our quaint island churches provided you allow extra time and fulfill certain formalities. These include getting permission from the church and sometimes attending pre-nuptial consultations.

Honeymooners also get the VIP treatment. Think everything from room upgrades and couple's massages to champagne dinners on the sands. Married life is sure to get off to such a wonderful start here that you'll want to return for your first anniversary!

*Antigua Brides*  
Destination Wedding Photography

Fresh, fun and romantic wedding photography by Joseph and Janet Jones of 'Antigua Brides'.  
**www.antiguabrides.com**  
**Email: info@antiguabrides.com**  
**Tel: (268) 462-7317 or 774-7317**

## LEGAL PROCEDURES

**It's easy to get married in Antigua. Here's all you need to know about the legal procedures and costs...**

- First go to the Ministry of Legal Affairs on Queen Elizabeth Highway in St. John's. Take both your passports, as well as your divorce papers, if relevant. There'll be a friendly interview between 9am and 12 noon, before your licence is issued. Cost EC\$405.00 (US\$150.00).
- Next you must pay the necessary legal costs at the Registrar General's office. This is in the old Treasury Building at the top of High Street in St. John's. The fee for registering at the Court House is EC\$100.00 (US\$40.00). The marriage certificate is EC\$25.00 (US\$10.00). The Marriage Officers fee for performing a wedding outside the Court House is EC\$675.00 (US\$250.00).
- The location of your wedding is up to you. The marriage must be solemnised before 2 witnesses – just ask fellow hotel guests to do this for you.

**Ministry of Legal Affairs Tel: (268) 462-0017**  
**Open Monday to Thursday 8am to 4:30pm and Friday from 8am to 3pm.**  
**Registrar General's office Tel: (268) 462-3744**  
**Open Monday to Thursday 8:30am to 3pm and Friday from 8:30am to 2pm.**



Photo: @ABTA

## DOCUMENTATION

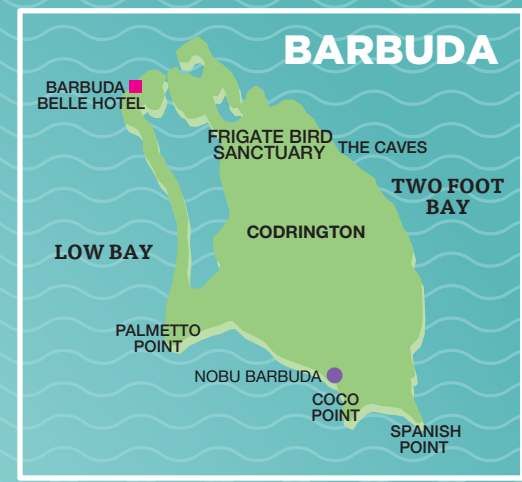
**Please also bring the following documentation with you...**

- Valid passports as proof of citizenship.
- Original divorce decree or, in the case of a widow or widower, the original marriage and death certificate.
- If there has been a name change provide affidavits in cases where you are known by another name.
- Both parties must be over 15. If under 18 written authorisation from parents or guardians is required.

*All documents should be original or certified original by the issuing departments or offices.*



# DISCOVER ANTIGUA & BARBUDA



**ST. JOHN'S**

- SOtheBY'S INT'L. REALTY
- BARBUDA EXPRESS
- BOARDWALK CASINO
- BOARDWALK BISTRO
- KING'S CASINO
- CREPE IT ANTIGUA
- ANTIGUA HOME & GARDEN DISCOUNT CENTRE

**JOLLY HARBOUR**

- CALVINAIR HELICOPTERS
- BASILICO
- SANDRA'S BAR & GRILL
- BARBUDA EXPRESS
- BUDGET MARINE
- INDIGO DIVERS
- REMAX
- HERITAGE MEDICAL CENTRE

- STORES + BANKS + SERVICES
- HOTELS + RESORTS
- REAL ESTATE
- ◆ ADVENTURES
- DINING, BARS, CLUBS + CASINO



Photo: @ ABTA

# EXPLORE ANTIGUA

Antigua's not all about white sand beaches and clear turquoise waters. Rent a car or hire a taxi and discover the unique attractions of our island. From national parks and historic plantations to scenic drives through rainforests, there really is something for everyone...



Photo: @ ABTA

## SUGAR MILLS

These are dotted about the landscape, mostly in ruins but some with their solid outside structures still intact. By 1705 most of Antigua was planted with sugarcane, and 170 mills were built for crushing the cane. At that time each factory could produce 55 tons of sugar a year. Nowadays, there are a few carefully-restored mills often incorporated into more modern developments. Those at Harmony Hall, Mill Reef, Galley Bay and Weatherills Hotel certainly contribute a unique feature to each property.

## BETTY'S HOPE

Betty's Hope was granted to Christopher Codrington in 1674 and remained in the family for over 250 years. The ruins are located in the centre of Antigua and evoke the atmosphere of times past. Betty's Hope had a labour force trained as craftsmen. There are twin sugar mill towers and one has been restored. An Interpretation Centre guides you through the history and life of the estate. Open Mon-Fri 9am-1pm. Entrance US\$2.00

## ST. JOHN'S CATHEDRAL

This imposing building, visible from all over St. John's, was originally constructed in 1683, replaced in 1745 and totally rebuilt of stone in 1843 after an earthquake. The interior is completely cased in pitch-pine and there are interesting memorial stones. Restoration continues.

## MUSEUM OF ANTIGUA & BARBUDA

The oldest building in St. John's, the Georgian-style stone courthouse of 1750 has been the museum's home since 1986. Today it interprets the rich history of our twin-island nation through interactive displays and installed exhibits. Discover the history of the Arawaks and Caribs, our earliest settlers. Follow the stories of the pioneers of the first towns, sugar and slavery, emancipation, and post-emancipation Antigua. In the courtyard display is 'Bessie', the 1917 Simplex WW1 Armour locomotive, the only one in the world and once used to haul sugarcane. Open Mon to Fri 8:30am to 2pm. Entry fee: EC\$8.00/US\$3.00. Under 12s free.

## ST. JOHN'S PUBLIC MARKET

This bustling, covered market at the edge of St. John's is where to stop off for the freshest Caribbean fruit and vegetables. Upstairs are small boutique-style shops specialising in local souvenirs. The market is easily identified by the imposing sculpture of V.C. Bird, the Founder of the Nation, which lies at the intersection of all the roads leading to the market.

## SATURDAY FOOD STALLS

Every Saturday food stalls pop up along our roadsides. These may be your best opportunity to get a taste of traditional Antiguan dishes like conch water, goat water (delicious stews), blood pudding, salt fish and ducana, and charcoal-grilled chicken and ribs. The local drinks freshly made with ginger, passionfruit and coconut water are equally delicious.



Photo: @ ABTA



Photo: Admiral's Inn

### FORTS OF ANTIGUA

Built by the British to guard against invasion during the 18th century, Antigua's forts are located all around our indented coastline. Fort James 'protects' St. John's Harbour, charming local restaurants like BeachLimerZ nestled at its base. Fort Barrington overlooks Deep Bay, while Fort Berkeley is at Nelson's Dockyard. If you take a walk up to these immense fortifications, some of which still have their original cannons, you'll be rewarded with spectacular views of the neighbouring islands.

### PARHAM

This quaint and historic little town was Antigua's earliest British settlement. And Parham is still notable today for St. Peter's, a spectacular church once described as 'the finest church in the British West Indies'. It was built in the 1840s after the original wooden church was burnt down. It's a beautiful and unusual octagonal shape designed by a famous architect of the time, Thomas Weekes. The church indicates the long-ago importance of Parham.

### DEVIL'S BRIDGE

Situated at Indian Town close to The Hammock Cove Resort & Spa, this spectacular natural bridge at the head of Indian Creek has blow-holes and spouting surf. Legend says that if you throw two eggs into the water to boil, the devil (who is said to be down there) would keep one and return the other!



Visiting the Donkey Sanctuary



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### SHIRLEY HEIGHTS

After visiting Nelson's Dockyard, ramble around the fortifications, barracks and powder magazines of our most famous landmark, Shirley Heights. Although as Mrs. Lanaghan once said in 1844 while visiting the area, 'Really, this marching and counter-marching beneath a tropical sun is no slight matter.' So relax with a couple of drinks at The Lookout Restaurant with its panoramic views and spectacular sunsets. Call to check for the current opening times.

### DOW'S HILL INTERPRETATION CENTRE

Built among the ruins in the Nelson's Dockyard National Park, the Interpretation Centre provides an historic overview of Antigua's past. 'Reflections of the Sun', a fascinating multi-media presentation, is a 'journey through the dreamy corridors of six periods of the island's history'.

### PILLARS OF HERCULES

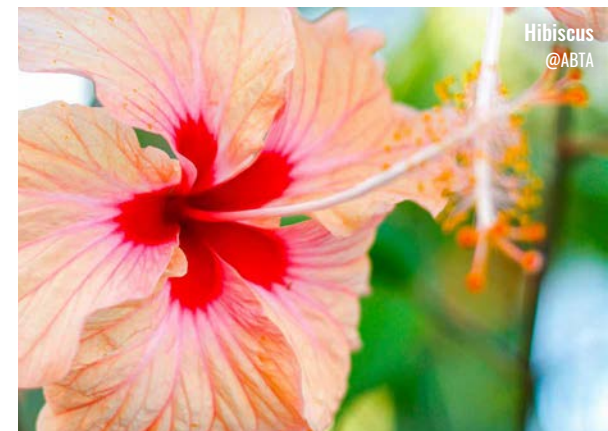
Best viewed by boat, the aptly-named and intriguing Pillars of Hercules are natural limestone rock formations that guard the entrance to Freeman's Bay and English Harbour. Formed by the elements many millennia ago, they are also a popular snorkelling and diving site. Stingrays and trumpet fish are regular visitors to the coral reef extending far beneath the waves.

### FIG TREE DRIVE


One of the best drives in Antigua, 'fig' may be the Antiguan name for banana, but this winding road is lined with all sorts of tropical fruit trees – guavas, mangoes, oranges and coconuts. It's the major road branching off the main north/south highway opposite the pink Catholic church outside Liberta. This area of rainforest is something like the Garden of Eden. Go slowly until you descend into Old Road, passing Carlisle Bay and Curtain Bluff, and getting a glimpse of the pineapple farm.



St. Philip's Anglican Church @ABTA



Hibiscus @ABTA



The Antigua & Barbuda Humane Society provides shelter for over 150 donkeys at its Bethesda sanctuary. Here the neglected, roaming donkeys find a safe haven and receive food, water, shelter, medical care and love. The Humane Society offers an 'Adopt a Donkey' programme which includes a photo and an adoption certificate. We really encourage you to visit Antigua's Donkey Sanctuary, and learn for yourself that there's far more to a donkey than you thought. Admission is free but donations are greatly appreciated. Help save Antigua's gentle donkeys!  
 Tel: (268) 461-4957 Email: [abhumane@candw.ag](mailto:abhumane@candw.ag)  
[www.antiguaanimals.com](http://www.antiguaanimals.com)



Pillars of Hercules Photo: Orrin Steele



# NELSON'S DOCKYARD

## A UNESCO World Heritage Site

**Nelson's Dockyard at English Harbour is our most prized possession and a must-see for any visitor. Named after the naval admiral Horatio Nelson, the Dockyard and its fortifications are a monument to the past, as well as a magnet for yachting and cultural activities year-round...**

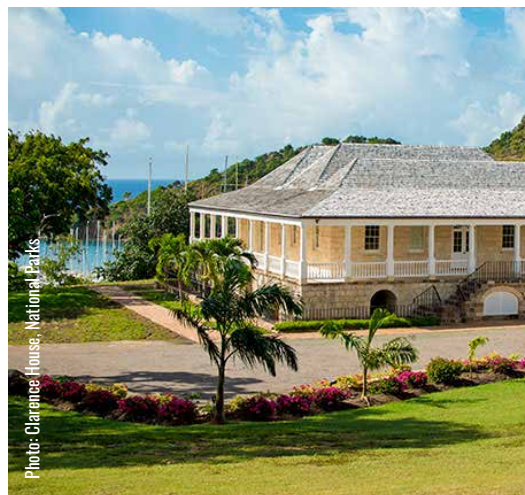


Photo: Clarence House, National Parks

As the only continuously working Georgian naval dockyard in the world, Nelson's Dockyard's modern facilities make it a haven for anything from traditional sailboats to ultra-luxurious superyachts. The lovingly-restored buildings of the National Park house charming restaurants, boutiques and inns, as well as the Dockyard Museum, a longstanding favourite with international visitors.

English Harbour was originally established to provide the British Royal Navy with a shipyard where they could keep their vessels in good repair and maintain their ascendancy in the Caribbean against other European powers. It was as far back as 1671 that the Governor of the Leeward Islands first wrote about the harbour's advantages to the Council for Foreign Plantations in London. Christopher Columbus himself never actually moored in Antigua, content to see it from a distance and naming it after the church of Santa Maria de la Antigua in Spain.

Thanks to the location and facilities of Nelson's Dockyard, Antigua was never conquered by any other European powers. Wharves, powder magazines, cisterns and storehouses were constructed, and the British ships could be careened (turned on their sides for repair) and overhauled here, safe from hurricanes. It was also the ideal port to protect the fleet in troubled times, the enclosed harbour of Freeman's Bay almost invisible from the open waters. The narrow entrance to the harbour was protected by Fort Berkeley, constructed on the peninsula above the Dockyard and completed in 1744. The great fortifications of Shirley Heights ensured the invincibility of Antigua.

They were named after General Sir Thomas Shirley who arrived on the island in 1781 as Governor. The extensive network of buildings was constructed out of local stone along with brick imported as ballast for the ships coming from England. The military complex includes an obelisk in the cemetery commemorating the officers and men of the 54th Regiment (2nd Battalion Dorsets) who died in service in the West Indies between 1840 and 1851. England's most famous naval hero, Admiral Horatio Nelson, spent his formative years in Antigua. Arriving at the age of 26 as Senior Captain and Second-in-Command of the Leeward Islands Station, he was in command of the frigate 'Boreas' and headquartered in English Harbour. By the time he left for England and greater glory in 1787, he had married a widow by the name of Frances Nesbit from Nevis.



Photo: @MBTA

The National Parks Authority (NPA) is active in main-taining public awareness of the park's history and heritage. Ongoing archaeological excavations often reveal relics of its rich multi-cultural, multi-ethnic past.

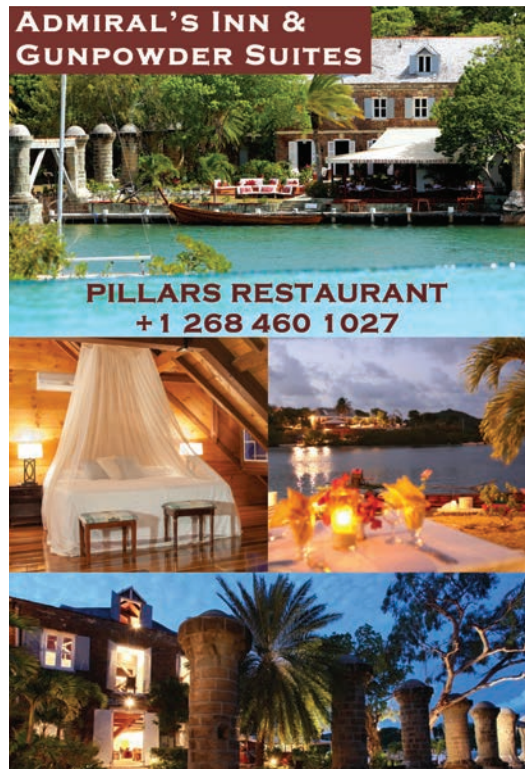
The latest jewel in the park's crown is Clarence House, named after Prince William Henry, the Duke of Clarence when he was in command of the 'Pegasus' in 1787. Regally set on the hillside opposite the Dockyard, this Georgian-era residence has now been restored to its former glory. Visitors can re-live the elegance of an 18th century mansion that has played host to dignitaries and royalty for 200 years. Her Royal Highness, Princess Margaret, actually honeymooned here.

Nelson's Dockyard National Park offers a wealth of unique and exciting opportunities for all its visitors. You can experience its natural beauty by hiking one of its panoramic and well-maintained nature trails. You can learn about its past by watching a 15-minute multimedia presentation at the Dow's Hill Interpretation Centre, and although you're welcome to explore the Dockyard at your leisure, guided tours are also readily available and included in your entrance fee.

The Victorian-style Dockyard Museum (open daily from 9am to 5pm) is a cool and pleasant building showcasing many interesting artefacts from bygone years. It was once erroneously known as the Admiral's House, but Nelson never lived ashore while in Antigua.

The Dockyard also plays host to several special events throughout the year, including Antigua Sailing Week, Antigua Classic Yacht Regatta and RORC Caribbean 600. Charming boutiques sell everything from jewellery to resort wear, Island Secret well worth visiting for its high-quality local products and unusual gift ideas.

There are also unique restaurants in the area. The Copper & Lumber Store is an historical inn, while waterfront dining is on offer at the aptly-named Pillars restaurant in the Admiral's Inn. Boom is its sister eatery just across the bay, its views as good as its food.

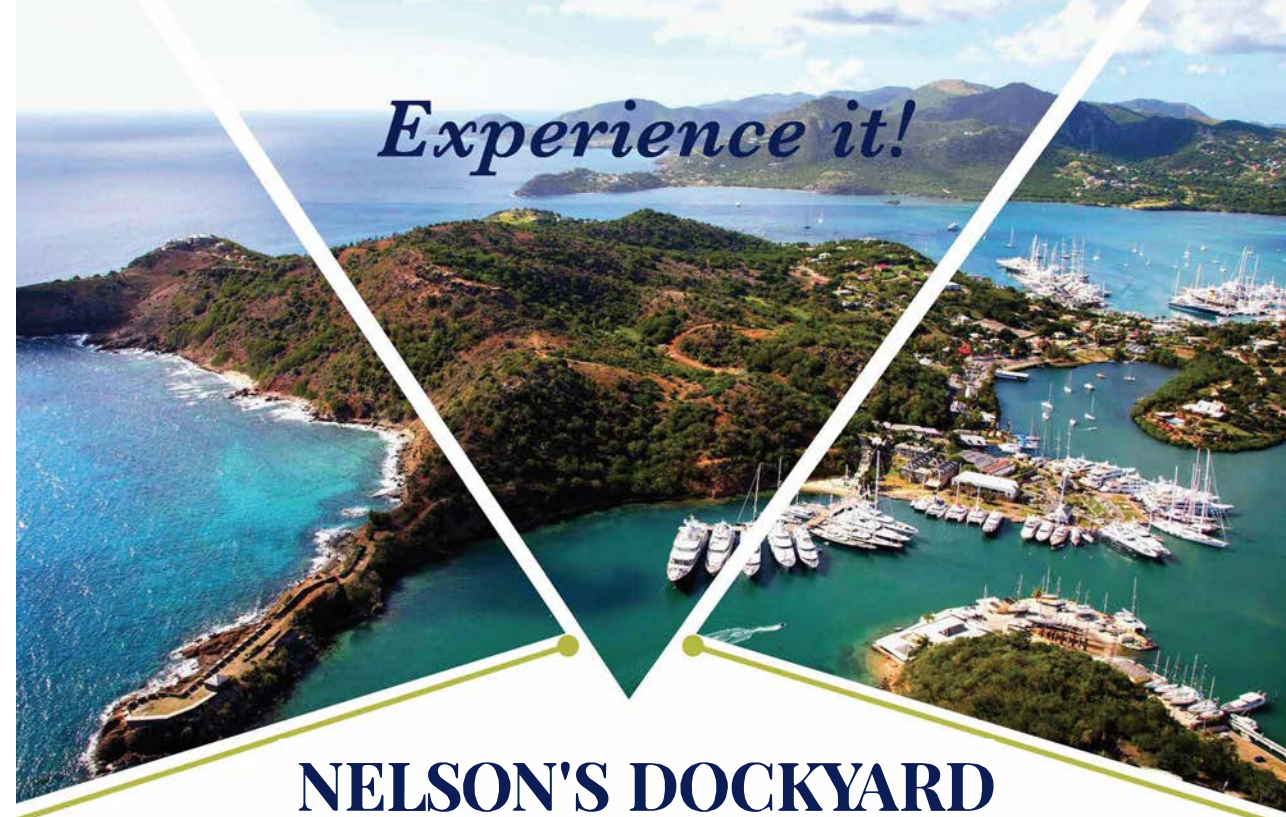


If you're in the mood, create and bottle your very own Caribbean rum! A water taxi will take you across the harbour to Academy of Rum at Galleon Beach.

Of course, Shirley Heights Lookout has long been the place to be on Sunday afternoons. Perched almost 500 feet above Nelson's Dockyard with 360-degree views over Falmouth and English Harbours, this famous party venue offers the most spectacular views of the sun setting over Nelson's Dockyard.



Photo: @ABTA



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# ANTIGUA'S BEACHES

**Our beaches are our claim to fame. We have a different one for every day of the year, our powdery white sands flanked by either the calm Caribbean Sea in the west or the wilder Atlantic Ocean in the east. Here we've handpicked some of the best for you...**

**JABBERWOCK BEACH** Part of the National Park, this long stretch of white sand beach on the Atlantic coast is popular with local people taking morning and evening walks. It's also the base for windsurfing and kitesurfing.

**DUTCHMAN'S BAY** This secluded beach lies opposite Long Island, home of the Jumby Bay Island resort. Excellent restaurants here include the Garden Grill, Gather Steakhouse, and Cecilia's High Point Café.

**LONG BAY** This beautiful east coast beach is famous for its calm waters and snorkelling. It's also an ideal family venue with small restaurants. The Pineapple Beach Club overlooks the sands, and you'll find the Devil's Bridge beauty spot a short drive away.

**HALF MOON BAY** On our southeast coast and offering some spectacular wave action. Considered one of the world's finest beaches, its white sands stretch around a picture-postcard bay. Refreshments are available at two beach bars and restaurants.

**PIGEON POINT BEACH** A popular beach with tranquil waters tucked away in a sheltered cove. It's been environmentally developed into a recreational facility with camping areas, a children's playground and bathroom facilities. Nelson's Dockyard is nearby.

**RENDEZVOUS BAY** This pristine beach on the south coast is popular for picnics and family outings. A four-wheel drive vehicle is usually the best way to reach it.

**MORRIS BAY BEACH** Opposite Old Road village and one of our best kept secrets, even though it's easily accessible from the road. It's an ideal picnic area with calm seas and beautiful sands.

**TURNERS BEACH** A perfect beach at Johnson's Point with pristine sands and calm crystal water. The restaurants are all on the sand overlooking the Caribbean Sea.

**DARKWOOD BEACH** This spectacular beach will take your breath away as you round the corner of the road that runs along side it. Montserrat is often visible from the white sands.

**FFRYERS BEACH** This off-road beach with good access lies between Darkwood and Jolly Harbour. It's popular with locals and visitors alike.

**JOLLY BEACH** Jolly Beach Resort is located on this long stretch of white sand. Stop off at Sandra's Bar & Grill for drinks. Jolly Harbour marina with its bars, eateries and supermarket is also conveniently close.

**HAWKSBILL BEACHES** Hawksbill's five beaches include a nudist beach. It's the home of the popular Hawksbill by Rex Resorts hotel.

**FORT JAMES** The historic ruins of Fort James overlook this lovely beach near the entrance to St. John's Harbour. It's often the venue for an impromptu game of volleyball or cricket.

**DICKENSON BAY** Our most developed beach with bars, restaurants and watersports galore. Hotels include Sandals Grande Antigua Resort & Spa, Antigua Village, Buccaneer Beach Club and Siboney Beach Club. It's a popular meeting place, the calm turquoise waters and long crescent of powdery white sand perfect for an active day with friends. Salt Plage Beach Bar and Ana's on the Beach are waiting for when you're finally ready for that cold beer or sundowner.

**If you drive clockwise from Jabberwock Beach in the north, you'll get to see all these beaches in one day...**

# BARBUDA

Our twin sister island is a true eco-paradise

The Codrington Lagoon National Park is a unique component of the island's ecosystem and renowned for supporting one of the world's largest colonies of frigate birds (*Fregata magnificens*). They flourish happily here despite being a prized tourist attraction. The male frigate birds are particularly spectacular during the mating season, their wingspan nearly 3 metres and their scarlet throat sacs blown up to the size of balloons to attract their mates. The fluffy, young chicks are clearly visible to visitors, their ever-open beaks stuffed with delicious fish by their swooping parents.

Other birds that thrive here include pelicans, tropical mockingbirds, warblers, snipes, ibis, herons, kingfishers, oystercatchers, cormorants and West Indian whistling ducks. Little wonder this bird watchers' paradise offers authorised bird watching trips.

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## ANTIGUA'S ISLANDS

**Our offshore islands are refuges for everything from whistling ducks and frigate birds to wild boar and Hawksbill turtles...**

Many of the islands lie in the North Sound, an idyllic marine park off our northeast coast. Think talcum-powder sands, crystal clear waters and a relaxed Robinson Crusoe-like vibe. The islands can only be reached by boat, of course, but the distances are short. The seas are usually calm and easily navigable by small vessels, as well as by larger yachts familiar with the coral reefs.

Most of the day-trip cruise boats tie up close to the main islands. Great Bird Island is particularly popular, although during the week you can have the place to yourselves. You may even be lucky enough to catch a glimpse of the small, harmless and endangered Antigua Racer snake found nowhere else in the world. Nearby Guiana Island has a wide sandy beach, Green Island further along the coast is worth a visit too, and day trips are readily available to Prickly Pear just off Hodges Bay.

Rabbit Island is another interesting island. It's home to breeding colonies of Caribbean brown pelicans, the only diving pelicans in the world. They raise their young in twiggy nests, clearly visible to anyone passing. Some have the good fortune to see the babies with large beaks open, growing to become awkward juveniles, eventually flying off until the next season.

At Hell's Gate Island there's an incredible limestone bridge formed by the elements over millennia. Named for the wild Atlantic seas visible through the archway, strolling across the fragile bridge isn't recommended!

Some 25-miles to the southwest is Antigua's 'third' possession, Redonda. Once a desolate expanse of rock noted for its 19th century guano-mining industry, it's now said to be one of the region's most ecologically important landscapes. Four years of work by local environmentalists have restored trees and plants, increased the number of critically endangered reptiles, and attracted even more nesting seabirds including boobies and tropicbirds. Visitors will be permitted once the rejuvenation work is completed.

Long Island just off our north shore is slightly more glamorous, of course. It's home to a large collection of luxury villas, as well as the exclusive Jumby Bay Island resort. Yet the rich and famous who vacation here are happy to share their private idyll with the Hawksbill turtles who return every year to lay their eggs.

Indeed, visitors and Antiguan alike appreciate that these pristine offshore sanctuaries must be preserved for future generations. They view the wildlife from a distance and recognise the importance of leaving no trace of themselves behind.

**Companies offering day trips to our islands:-**  
**Wadadli Cats** [www.wadadlicats.com](http://www.wadadlicats.com)  
**Tropical Adventures** [www.tropicalad.com](http://www.tropicalad.com)  
**Adventure Antigua** [www.adventureantigua.com](http://www.adventureantigua.com)  
**CocoVibes Tours** [www.cocovibestours.com](http://www.cocovibestours.com)

*Thanks to the Antigua Environmental Awareness Group for their contribution to this article.*

Photo: Prickly Pear, Hodges Bay Resort



Photo: @ARBA



Photo: @ABTA

Barbuda is a coral-fringed island just 62sqm in size. It rises low on the sea only 27 miles to the north of Antigua. So why not escape to this mini-paradise and take a leisurely stroll along its 17-mile stretch of beach? Here you'll discover soft pink sands, crystal turquoise waters and as much peace and quiet as you can handle...

Barbuda is easy to get to from Antigua. There are daily flights, a regular 90-minute ferry service, and you can even charter a helicopter.

For organised tours, 'Tropical Adventures' will whisk you there by power catamaran and treat you to an alfresco lunch on board – Excellence anchors at two beaches, as well as a visit to the Frigate Bird Sanctuary. For back-to-nature activities like beach-combing, bird watching and cave exploration, get in touch with 'Adventure Antigua'. Both include snorkelling. Much to the delight of passengers on any of these boat trips, the journey is regularly accompanied by dolphins and even humpback whales between February and May.

Prefer to linger in paradise a little longer? Barbuda Belle is a rustic yet ritzy boutique hotel with eight bungalows, a seafood restaurant and a spectacular beach. Or maybe you're happy with simpler lodgings like Gerald's Guest House in the capital Codrington? You can even spend a night under the stars at the Frangipani Glamping & Guest House, the accommodation ranging from 1-person pop-ups to 8-person tents. The new Barbuda Ocean Club is a spectacular private resort community at Coco Point and Palmetto Point.

Restaurants include Nobu, Timbuk One, Wanda Grill, ArtCafé and Uncle Roddy's Beach Bar and Grill. The speciality of the house tends to be fresh-from-the-reef seafood, including grilled lobster. Venison and wild boar are also available in season.

Formed from coralline limestone, Barbuda is much flatter than Antigua with a maximum altitude of 40 metres and an average elevation of 4 metres above sea level. The Codrington Lagoon National Park is a birdwatchers' paradise complete with a frigate bird sanctuary, and other wildlife that calls the island home include wild boars, red-footed tortoises and various species of sea turtle. The elusive fallow deer is emblematic on the nation's coat-of-arms.

Offshore there are as many as 73 charted shipwrecks, as well as coral reefs for snorkelling and scuba-diving in water as clear as glass. Deep-sea fishing and fly-fishing can be arranged, with foot trails, island treks and camping trips also available. Interesting natural sites include Indian Cave, Darby's Cave and the idyllic Spanish Point. If you're interested in the island's past, a trip to Highland House, the historically important ruins of the Codrington estate, is well worthwhile. You might also like to visit the Martello tower and fort on the south coast. This imposing fortress was not only used for defence but also as a vantage point from which to spot valuable shipwrecks on the outlying reefs.

So, there you have it, Barbuda has something for everyone – natural beauty, a peaceful way of life and a history that's as interesting as its wildlife. There's even a summer carnival, so chances are your once-in-a-lifetime trip will soon be followed by a second!

[www.visitantiguabarbuda.com](http://www.visitantiguabarbuda.com)

## GETTING TO BARBUDA

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[www.calvinair.com](http://www.calvinair.com)

Adventure Antigua offer private boat charters.

Tel: (268) 726-6355 [www.adventureantigua.com](http://www.adventureantigua.com)

## STAYING IN BARBUDA

### BARBUDA BELLE

Luxury beachfront hotel with 8 bungalows, a penthouse and a restaurant.

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# ACTION & ADVENTURE

From snorkelling and surfing to hiking and island-hopping



Photo: @ ABTA

**What better way to experience Antigua's natural wonders than to snorkel over our coral reefs, zoom off to our offshore islands, or hike through our tropical rainforest? Just a handful of the many activities waiting to tempt you off your sunlounger...**

Antigua's 60-mile coastline is encircled by clear turquoise seas, whether that's the Atlantic Ocean in the east or the Caribbean Sea in the west. You can enjoy these pristine waters in any number of ways, most of our resorts offering non-motorised watersports such as paddleboarding and windsurfing, with instruction readily available for beginners. Adrenaline-pumping activities like jetskiing and waterskiing are on offer from our beach vendors, with the experts on Jabberwock Beach happy to instruct you in the finer points of kitesurfing.

And Antigua's got quite the flotilla of vessels at your disposal too. Catamarans offer anything from sunset and snorkelling cruises to fun day trips all the way round the island. Power boats can whisk you off to our sister island Barbuda in 90 minutes.

If you prefer a slower pace, why not kayak through the islet-studded North Sound? And if you like the idea of getting even closer to nature, you can swim with stingrays in our crystal clear, shallow waters.

Beneath the waves lies Cades Reef, this 2-mile barrier reef a 20-minute boat ride from our southwest coast. A snorkelling trip here could yield sightings of anything from puffer fish to sea turtles, our PADI scuba diving professionals happy to introduce you to a whole raft of equally amazing dive sites. Although if you prefer to catch barracuda rather than simply look at them, why not charter one of our deep-sea fishing boats?

Antigua's also got 108 square-miles of part-volcanic, part-coral land for you to explore. Our Fig Tree Drive rainforest is as lush as it gets here, a zipline canopy tour an exhilarating way to experience it.

For nature-lovers there are hikes through Wallings Nature Reserve, an opportunity to feed giant tortoises on Laviscount Island, and challenging climbs up our very own mountain. At 1,320 feet, Boggy Peak (aka Mount Obama) is as high as you can get in Antigua without actually taking off. Although if you sign up for a helicopter trip, maybe to the nearby volcano on Montserrat, that's an option as well!

**Ready for action? Find all the people to help you over the next few pages...**



Photo: @ ABTA



Tropical Adventures offers tours that are fun and exciting for families of all ages. Enjoy our range of sightseeing tours of **Antigua & Barbuda**. Experience a Caribbean lunch on our amazing beaches, try our land-based Island Safari tours, or explore underwater life snorkeling our reefs, visit secluded island beaches, take a day sail on the Mystic Catamaran or a guided side trip to swim with stingrays. Alternatively, circumnavigate Antigua or cruise to beautiful Barbuda aboard Excellence Catamaran. We welcome group and party bookings for private events.

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# TROPICAL ADVENTURES

## Sightseeing Tours for All Ages

**Long ranked amongst our leading tour operators, Tropical Adventures offer sightseeing tours throughout Antigua, as well as to our sister island of Barbuda. Jeep or catamaran? The choice is yours...**

### ISLAND SAFARI DISCOVERY TOUR

Discover Antigua's rich history on this tour. Go off-road through the lush and rugged area of Body Pond on the way to Nelson's Dockyard, Shirley Heights and Block House Look-out. Explore and enjoy lunch at historic Betty's Hope plantation before a photo stop at stunning Devil's Bridge. A relaxing swim at Long Bay is the cooling finale.

### MYSTIC SUNSET CRUISE

If you're in the mood for romance, why not enjoy an evening aboard the sleek Mystic sailing catamaran? Mood music, finger foods and sparkling wine from an open bar are all included in this relaxing 2½ hour sail along our scenic coastline, the golden sunset sinking behind the horizon the perfect finishing touch. *Cruise operates from Dickenson Bay every Wednesday, Thursday and Friday between 4pm and 7pm. Adults only.*

### TROPICAL ADVENTURES BOOKINGS

Tel: (268) 480-1225 [www.tropicalad.com](http://www.tropicalad.com)  
Email: [reservations@tropadantigua.com](mailto:reservations@tropadantigua.com)

### EXCELLENCE POWER CATAMARAN TRIP

Antigua's premier 5-star power catamaran can introduce you to the scenic wonders of our coastline, or the back-to-nature delights of our sister island Barbuda. Seasonal:

**Barbuda by Sea** Enjoy a 90-minute trip to the island with lunch, open bar and beach stop.

**Circumnavigation Tour** Or why not explore Antigua's coastline with this round-the-island adventure? Stop at Green Island for snorkelling and lunch before enjoying a unique view of Nelson's Dockyard and English Harbour from the sea.



Photo: H2O Private Boat Service

### COCOVIDES TOURS

Tel: (268) 771-0607

[www.cocovibestours.com](http://www.cocovibestours.com)

CocoVibes offer private boat charters tailored to your own perfect day on the water. They invite you to 'Free up yourself!' (local dialect for 'let loose!') on cruises that takes in offshore islands and secluded beaches, as well as snorkelling over coral reefs and a century-old shipwreck. Everything is done in your own time, of course. With CocoVibes the emphasis is on fun, knowledge and safety, and you'll learn all about Antigua from a truly local perspective.

### ADVENTURE ANTIGUA

Tel: (268) 726-6355

[www.adventureantigua.com](http://www.adventureantigua.com)

Adventurous yet educational, this locally-owned and operated boat company prides itself on taking visitors off the beaten track. Their carefully-created boat trips and snorkelling tours not only invite you to explore Antigua's secluded bays and small islands, but also to learn about the island's history, birdlife and pristine eco-system.

### INDIGO DIVERS

Jolly Harbour Tel: (268) 720-3483

Email: [info@indigo-divers](mailto:info@indigo-divers)

[www.indigo-divers.com](http://www.indigo-divers.com)

Indigo Divers is owned and managed by a group of PADI Scuba Diving professionals with years of international experience. They love diving and have a common goal – to provide visitors with a world-class, safe and enjoyable experience whilst exploring the wonders of the underwater realm. They pick up from Jolly Harbour and the surrounding hotels, and dive the sheltered west and south coasts, including Cades Reef. The reef offers great dive opportunities for both the novice and experienced diver. Most dive sites are about 20 minutes away. PADI courses and special packages are available.

### KITESURF ANTIGUA

Jabberwock Beach

Tel: (268) 720-5483 [www.kitesurfantigua.com](http://www.kitesurfantigua.com)

Kitesurfing combines the freedom of windsurfing or sailing with the exhilaration of wakeboarding and other freestyle boards sports. There are different levels of kitesurfing from beginning to advanced, and Antigua offers conditions for all these on beautiful Jabberwock Beach in the north of the island.

### SWEET WADADLI JUNGLE RIDES

Tel: (268) 774-7433(RIDE)/461-7433(RIDE)

Email: [sweetwadadli@gmail.com](mailto:sweetwadadli@gmail.com)

[www.sweetwadadli.com](http://www.sweetwadadli.com)

Join Sweet Wadadli Jungle Rides on a go-karting journey to remember through Antigua's lush, green scenery and muddy, dusty trails. Their guides will take you to an historic sugar mill site, a private produce farm, a natural rock arch overlooking the Atlantic Ocean, and a pristine beach flanked by turquoise waters. As unique as it is fun, this tour is also suitable for beginners and families.

### H2O PRIVATE BOAT SERVICE

Tel: (268) 720-6512

Email: [h2ocharterantigua@gmail.com](mailto:h2ocharterantigua@gmail.com)

Offering personalised and fully customised boat charters that showcase the best of Antigua's waters and ensure guests make the most of their trip. A truly authentic Antiguan experience.



ANTIGUA'S #1

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THE ANTIGUA JUNGLE FEEL

**BOOK NOW**

(268) 774-7433 (RIDE)

461-7433 (RIDE)

[sweetwadadli@gmail.com](mailto:sweetwadadli@gmail.com)

[www.sweetwadadli.com](http://www.sweetwadadli.com)





Photo: Pigs in Paradise

### OVERDRAFT

Tel: (268) 720-4954/463-3112

Experience the excitement of fishing for marlin, tuna, kingfish, wahoo, barracuda and even shark in Antigua's Atlantic fishing grounds. This popular charter boat will have you and your family 'hooked' by the end of your trip!

### PIGS IN PARADISE

Seaforth Beach

Tel: (268) 720-1171

[www.facebook.com/pigsinparadise268](https://www.facebook.com/pigsinparadise268)

Pigs in Paradise is a family-friendly yet educational 1-hour experience on the sands of an idyllic beach. You can feed, pet and play with these cute but clever pets, all of them trained to swim out to an offshore raft. The pigs are Antigua born and raised, and go into retirement once they get too large. Owner Chantelle Winter is an animal lover hoping to change people's perceptions of these misunderstood creatures. Pigs are available for visitations twice daily Tuesdays to Saturdays.

### RASTAFARI EXPERIENCE

Old Parham Road Tel: (268) 714-1227/728-8289

[www.priestisaacinstitute.com/rastafari-experience](http://www.priestisaacinstitute.com/rastafari-experience)

This environmentally-conscious tour operator specialises in hiking tours of the Green Castle Hill National Park. Here you will find unusual volcanic rock formations referred to by Antiguans as 'megaliths'. Every year during the Winter Solstice, Spring Equinox, Summer Solstice and Fall Equinox, you can enjoy a guided hike up the hill with an astronomical lecture at the summit. Why not experience the Caribbean's answer to Stonehenge for yourself!

### FAT TIRE ELECTRIC BIKE TOURS

Tel: (268) 728-7800 or 786-590-9858

[www.fattireelectricbiketours.com](http://www.fattireelectricbiketours.com)

Fun, adventurous and informative, these guided bike tours can take in anything from our forts and harbours to our beaches and St. John's. They last between two and three hours, and custom tours are also available. The easy-to-ride electric beach cruisers mean less physical effort is required so you've got more time to listen to your guide and enjoy the view.

### HAPPY HEIGHTS

Tel: (268) 720-6512

[www.antiguahiking.com](http://www.antiguahiking.com)

Happy Heights is a hiking tour company with local guides who are as knowledgeable as they are entertaining. The daily tours start from the picturesque Galleon Beach in English Harbour and finish at the famous Shirley Heights Lookout with its spectacular views of Nelson's Dockyard and the neighbouring islands beyond. On the way you can marvel at the Pillars of Hercules and Fort Charlotte, before stopping off at Mermaid Gardens for a refreshing dip in the pools.

### ANTIGUA RAINFOREST ZIPLINE TOURS

Tel: (268) 562-6363

[www.antiguarainforest.com](http://www.antiguarainforest.com)

Experience the thrill of zipping through a tropical jungle on this award-winning eco-tour. Located on Fig Tree Drive in the heart of our rainforest, this adrenaline-fuelled adventure gives you a different perspective on Antigua. ACCT certified Rangers and state-of-the-art equipment ensure your safety as you whiz along ziplines 300 feet above ground. Gift shop, drinks and snacks available. Open 9am to 2pm Tuesday to Saturday. Booking recommended.



Photo: Rastafari Experience

### SWIM WITH STINGRAYS STINGRAY CITY

Tel: (268) 562-7297

[www.stingraycityantigua.com](http://www.stingraycityantigua.com)

A short boat ride takes you to Stingray City where you can pet and feed Southern Stingrays in their natural habitat. You can snorkel over colourful coral reefs and learn all about these amazing creatures from your experienced guides. The calm and clear shallow water makes it easy and fun for everyone. Stingray City received the 'Travelers' Choice Award for 2022' from Tripadvisor.



### KAYAK TOURS

Tel: (268) 562-7297

Embark on this fantastic kayak and snorkelling expedition to experience the magic and beauty of Antigua's tropical ecosystem. Your adventure includes mysterious mangroves, coral reefs, tropical fish, uninhabited islands, white sand beaches, banana bread and rum and fruit punch during a 2½ hour unforgettable tour. Wear your swimsuit and don't forget to bring your towel and a camera.

*Swim with Stingrays!*  
No Experience Necessary

For reservations Call: (268) 562-7297 [www.stingraycityantigua.com](http://www.stingraycityantigua.com)



Leaving from the village of Seaton's.

The short boat ride on calm protected waters through scenic islands on the north side of Antigua, will take you to Stingray City.

Here you will be able to pet and feed friendly Southern Stingrays in their natural environment.

You will learn all about these amazing animals from your experienced Guide.

Snorkel on pristine coral reefs with colorful fish life.

The calm, clear, shallow water makes this easy and fun for everyone!



# A BIRD'S EYE VIEW WITH CALVINAIR HELICOPTERS



Montserrat Volcano

Whether you want to circumnavigate Antigua, soar in the skies around Montserrat's famous volcano, take a day trip to nearby Barbuda, or simply see our islands from a thrilling new perspective, CalvinAir Helicopters are on standby.

The company's fleet ranks amongst the best in the world, the spacious, climate-controlled cabins of their state-of-the-art Airbus EC130 helicopters comfortably accommodating 6 passengers. Theatre-style seating and an absence of partitions ensure spectacular visibility from every seat, while luxury upgrades including glass cockpits, onboard cameras, plush leather seats and cutting-edge sound systems. Their friendly and highly-experienced crew provide a first-class service on every flight.

With a 12,000 sq.ft. hangar at the V.C. Bird International Airport, two heliports near St. John's and Jolly Harbour, as well as a private landing pad adjacent to the world-famous Nobu Barbuda restaurant, they are conveniently located to service every need.

CalvinAir's guided aerial experiences include the popular Montserrat Volcano Tour, as well as half and full-island tours around Antigua. Charters are also available for airport transfers, inter-island trips, aerial photography and emergency services.

## VISIT THE MONTSERRAT VOLCANO

A visit to Montserrat will give you memories to last a lifetime. Famous for its volcanic activities, the island will present you with a landscape almost beyond imagination. Soufrière Hills volcano became active on 18 July 1995, the eruptions destroying the airport and capital city of Plymouth, as well as rendering the south uninhabitable. Much of the former capital remains partially buried under 40ft. of ash. Many Montserratians fled, but those who remained have displayed a stalwart spirit. They haven't just rebuilt elsewhere, but they also organise events such as St. Patrick's Festival in March which is fitting for a British Overseas Territory once so green it was known as 'the other Emerald Isle'. Experiencing the volcano and varied delights of Montserrat has never been easier...

**CalvinAir Helicopters** offer guided aerial tours around the volcano. Tel: (268) 789-4354 [www.calvinair.com](http://www.calvinair.com)

**Barbuda Express** operate a ferry and cargo service to Montserrat on Wednesdays, Fridays and Sundays. Tel: (268) 764-8643. See [www.barbudaexpress.com](http://www.barbudaexpress.com)

**BMN SVG Airways** operate daily 20-minute flights from Antigua to Montserrat at 8:15am and 5pm. Tel: (268) 562-7183/8033/728-2712 or 484-1324/1416 See [www.bmnsvgairways.com](http://www.bmnsvgairways.com)

See [www.visitmontserrat.com](http://www.visitmontserrat.com) for further details.

**Tel: (268) 789-4354 (HELI)**  
**Email: [reservations@calvinair.com](mailto:reservations@calvinair.com)**  
**[www.calvinair.com](http://www.calvinair.com)**



Photo by: Mike Reyno

## BREATHTAKING VIEWS ENDLESS POSSIBILITIES

Adventure on an unforgettable aerial tour or private charter to your next destination in style. Proudly operating luxury Airbus EC130s, CalvinAir Helicopters' flights combine safety, comfort, and the highest calibre of service. So soar around Montserrat's volcano, go shopping in St. Barts, or savour world-class cuisine on Barbuda's endless pink shores.

*The sky is no longer the limit.*



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admin@southcoasthorizons.com

It's Time To Explore ANTIGUA

Jeep Safari Snorkeling Kayaking Luxe Jeep

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### SOUTH COAST HORIZONS Cades Bay

Take advantage of sea and land activities that have been carefully planned to preserve, protect and enhance Antigua's marine environment and its surroundings.

**SoCoHo Sea Tour** This one-of-a-kind experience includes snorkelling at Cades Reef and kayaking through a picturesque lagoon with verdant mangroves. The snacks and drinks provided include a glass of their famous Old Fashioned Rum Punch.

**SoCoHo Land Tour** This land adventure explores Antigua's historical and natural attractions. Tour in air-conditioned comfort courtesy of a Jeep Wrangler or Safari Land Rover Defender, stopping off for a refreshing swim at Long Bay, one of the island's most picturesque beaches. Refreshments and lunch are included at the local gem that is the Road House Restaurant.

**Tel: (268) 562-4074 www.southcoasthorizons.com**



**Antigua currently has two 18-hole golf courses. The Jolly Harbour Golf Club on the west coast and the championship Cedar Valley Golf Club just north of St. John's. Both are open to the public and players of all abilities are welcome.**

### CEDAR VALLEY GOLF CLUB

This 18-hole championship course is in the northwest of the island, near St. John's. The 70, 6,157 par yard course lies amidst mature tropical trees, with views of the Caribbean Sea. Golfers of all skills are welcome. Resident professionals and a 300-yard driving range also available. Facilities include a clubhouse, pro shop selling golf equipment and logo items.

**Tel: (268) 462-0161  
www.cedarvalley.golf**

### JOLLY HARBOUR GOLF CLUB

An established par 71, 5,587-yard 18-hole golf course adjacent to Jolly Harbour Marina. Designed by leading golf course architect Karl Litton and set in lush tropical parkland, easterly breezes cool the fairways sculpted into the hilly landscape. The Clubhouse has showers and a locker room.

**Tel: (268) 562-6951  
Email: golf@jollyharbourantigua.com**



# BACK TO NATURE

**You can swim with stingrays, pet giant tortoises, kayak through mangroves or simply marvel at vistas ranging from soaring valleys to spectacular seascapes...**



### WALLINGS NATURE RESERVE

Enjoy a hike through this 1,680-acre rainforest reserve in the Sherkley Mountain area. Take photos of our wildlife, trek past sugar mills, marvel at the rainforest canopy and enjoy the 360-degree views from the top of Signal Hill. The park was established in 2018 to protect our biological diversity and is being used as an international case study to determine the impact a local community can have on fighting climate change.



### LAVISCOUNT ISLAND

**Tel: (268) 562-7297 Email: stingray@candw.ag**  
Get up close and personal to parrots, rare iguanas and over fifty Giant Aldabra Tortoises on this island getaway a short distance from Stingray City. Facilities include walking trails, a large beach area, a viewing and dining deck, as well as bathrooms with disabled access. This trip is suited to groups, tours ranging from an hour to a full day. Departures 9am, 11am, 1pm and 3pm. Why not combine it with a trip to nearby Stingray City or a kayaking tour through the mangroves?

# Sail Away for the day

Sailing our turquoise waters aboard a yacht or catamaran is an experience you'll never forget. You can cruise to our offshore islands, snorkel over our reefs, circumnavigate our entire island and even escape to Barbuda. And of course, you can also sail off into the sunset with a rum punch in your hand...

## WADADLI CATS

Tel: (268) 462-4792 [www.wadadlicats.com](http://www.wadadlicats.com)

One of Antigua's longest established sailing companies, the Wadadli Cats fleet of catamarans includes the 66ft. 'Spirit of Antigua'. This state-of-the-art vessel offers fast and exhilarating sailing speeds. Choose between Cades Reef and the Circumnavigation of Antigua, the latter including lunch at Green Island.

## EXCELLENCE POWER CATAMARAN

Tel: (268) 480-1225 [www.tropicalad.com](http://www.tropicalad.com)

The 86ft. Excellence power catamaran offers tours to our sister island Barbuda. The 6-hour trip includes swimming, beachcombing, lunch and an open bar. Or why not take a Circumnavigation Cruise round our coast? You'll sail past sites like Devil's Bridge, the Pillars of Hercules and Bird Island. Snorkelling, lunch and an open bar also included.

## MYSTIC CATAMARAN CRUISE

Tel: (268) 480-1225 [www.tropicalad.com](http://www.tropicalad.com)

Mystic's fleet of large sailing catamarans will whisk you away with the island breezes for an unforgettable day in the sun. Choose between three tours: the award-winning Lobster Lunch cruise; the Cades Reef Sail & Snorkel cruise to Antigua's largest reef formation; or the shorter and more romantic 2½ hour Sunset Cruise. Each one is a great sightseeing experience with food and an open bar.



# WADADLI CATS

Over 30 years of sailing fast and living slow!

Set sail with Wadadli Cats and you'll remember the day forever. Choose between two cruises showcasing anything from Antigua's crystal clear bays and uninhabited islands to its fish-stocked reefs perfect for snorkelling. Your cruise will include great music and fun company, and it couldn't be easier to get on board as you'll be picked up on the beach from one of the island's main hotels.

Wadadli Cats offer five well-established catamarans, the 66ft. 'Spirit of Antigua' a state-of-the-art vessel that guarantees the fastest and most exhilarating sailing speeds available in Antigua. Such speedy cruising means you'll not only have access to the best beaches and snorkelling sites, but you'll also have plenty of time to relax over your Caribbean-style buffet lunch. An open bar, snorkelling gear and convenient stem ladders are all part of the deal too, deck awning and spacious roofed areas also available to provide you with plenty of shade.

And, of course, if you're looking for a special way to celebrate a birthday, anniversary or wedding, don't forget to consider one of the company's private charters. So come on, get into the 'Spirit of Antigua' and sail away with Wadadli Cats!



## CIRCUMNAVIGATION OF ANTIGUA

There's no better boat than the 'Spirit of Antigua' for this 60-mile trip. Your day includes exciting open ocean sailing along the north coast, as well as snorkelling and lunch at Green Island. In the afternoon you take a leisurely sail past English Harbour before returning to your departure point.

## CADES REEF CRUISE

Cruise along the calm leeward coast past Pelican Island to Antigua's most impressive barrier reef. Anchor in shallow waters at this snorkellers' paradise which stretches for two miles.

*Private day and sunset cruises can also be arranged for anniversaries, birthdays, weddings and corporate events.*

Call: (268) 462 4792 [www.wadadlicats.com](http://www.wadadlicats.com)  
Email: [wadadlicats@candw.ag](mailto:wadadlicats@candw.ag)

WADADLI CATS

Choose between two cruises  
circumnavigation | cades reef

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LIKE US on Facebook Wadadli Cats



Photo: Chestertons Antigua & Barbuda

# LIVE ANTIGUA

**Why not really make yourselves at home in Antigua? Purchasing, renting or even building a second home here is as popular as ever, and there's an increasingly wide choice of villas, apartments and real estate options to consider...**

Many visitors to Antigua fall in love with the island and dream of having a second home in the sun. Yet an overseas property can also be a first-class investment opportunity with many a home rented out on either a short or long-term basis.

So whether you're buying Antiguan real estate for rental, residential, retirement or investment purposes, you'll be joining an ever-increasing band of expatriates who simply find the idea too good to resist. And, of course, many Antiguan currently living overseas also see the benefits of buying on the island. Not only do they have sunny retirements to look forward to, but their properties can also generate decent incomes for them while they are away.

The reasons behind the property boom are obvious. Antigua offers an enviable lifestyle of sun, sea and sand. The economy is driven by tourism and our 100,000 permanent residents are an interesting mix of people from all over the world and other Caribbean islands. Another added incentive for many purchasers is that Antiguan passports may be obtained through the Citizenship Investment Programme (CIP) introduced on qualified properties.

It's advisable to do some groundwork before you get here, of course. Nowadays most property buyers are internet savvy and arrive in Antigua having already narrowed down their options. They'll probably have already contacted a professional estate agent affiliated to ABRA, the Antigua Barbuda Association of Realtors.

These companies have access to a wide variety of pre-owned homes and villas and will advise you on the latest market conditions. Location is vital, of course, and will have a great impact on your own enjoyment as well as on your property's re-sale value.

If you prefer to purchase a piece of land and custom-build your own home, there are many island-based architects, builders and contractors who'll be delighted to help you with the design and construction.

These companies generally handle all building systems, but are particularly adept at concrete blocks and wood construction. Materials, windows, doors, cabinets, fixtures and furnishings are readily available on-island or can be imported specifically for your project.

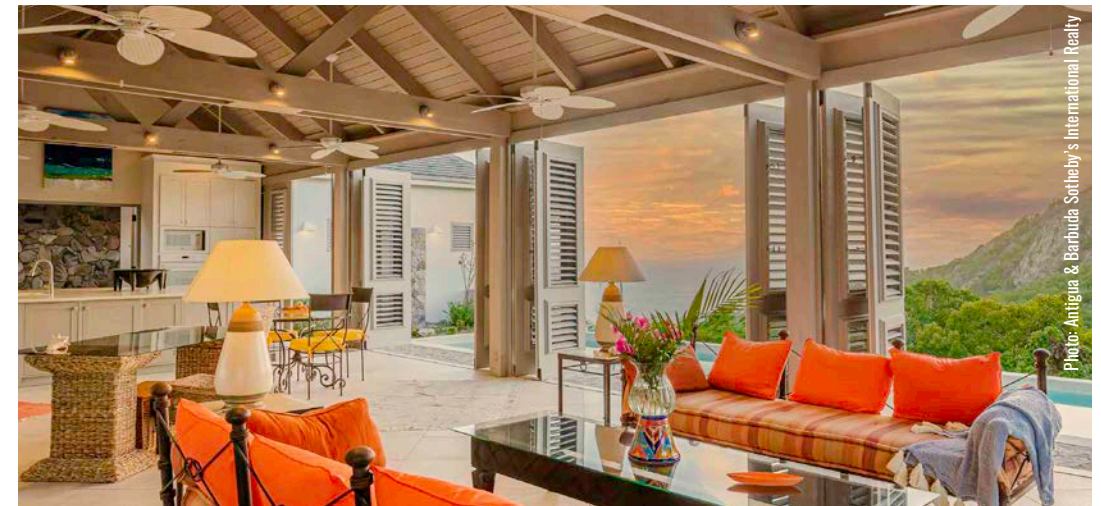


Photo: Antigua & Barbuda Sotheby's International Realty

## THE REAL ESTATE EXPERTS

Antigua's well-established real estate companies are experts at dealing with international property purchases, construction and management.

**Antigua & Barbuda Sotheby's International Realty** certainly live up to the esteemed reputation of the centuries-old Sotheby's brand. Dedicated to innovating the real estate industry, not only do they have connections to a network of global affiliates and cutting-edge resources, but they also boast exclusive access to an international clientele. Yet they also pride themselves on their personalised approach, their team of local experts highly proficient in relocation services and property sales and purchases, as well as rentals and property management.

The company is also affiliated with a reputable law firm boasting expertise in various areas including

conveyancing, corporate and commercial law, business incorporation and Citizenship by Investment.

A high level of confidentiality is assured. With such a wide variety of legal knowledge and experience, Antigua & Barbuda Sotheby's International Realty can be relied upon to make the most complex property transactions go smoothly.

**Sea View Heights** handle everything from property management and villa rentals to the sale of villas and waterside plots. Their even arrange luxury villa holidays, their properties located in stunning locations such as Galley Bay Heights, The Peninsula, English Harbour, Emerald Cove and Nonsuch Bay. They also arrange real estate services to guide you in the purchase or construction of a villa in Antigua. Their partner, the Antigua-based construction company New System Ltd., has been building customised villas here for more than 20 years.



**Don't just look for a place. Discover a home.**

**NOTHING COMPARES.**

**CONTACT US**

Fitzgerald House  
44 Church Street  
Saint John's, Antigua  
t 268.562.1531  
m 268.464.5310  
ANTIGUAANDBARBUDASOTHEBYSREALTY.COM



# CHESTERTONS

Antigua and Barbuda

Connecting People with  
Property Worldwide



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info@chestertonsantigua.com  
chestertonsantigua.com

Chestertons Antigua & Barbuda offer expert advice from a team of realtors highly experienced in the local property market. They also provide an international platform for showcasing your properties, and can help whether you're looking to sell, buy or rent.

Indeed, Chestertons pride themselves on meeting all your property needs, and their long list of services include real estate buying and selling, property appraisals and land evaluations, as well as holiday and long-term rentals including concierge assistance.

Their property management service includes inspections, staff management, online promotion and accounts handling. And if you're considering a brand new home, the company will provide building consultancy services at each stage of the development process.

Their professional team prides itself on offering international standards combined with Caribbean flair, and each member has the in-depth knowledge you need when applying for Citizenship by Investment.

Other reputable real estate companies include Remax Antigua, located in Jolly Harbour and established here for over 20 years. They use their local knowledge to advise on everything from the sale of luxury homes and beachfront land to appraisals and management.

Stanley Estate Agents based in English Harbour boast over 65 years of combined experience in the real estate business, their portfolio including everything from land parcels to multi-million dollar homes. They also handle short and long term rentals, and can offer assistance with a complete range of management services.



Photo: Chestertons Antigua & Barbuda

## CONDOS, APARTMENTS & VILLAS

Antiguan real estate options also include a wide range of attractive condos, apartments and villas in all categories and price ranges. Excellent examples on Dickenson Bay in the north include Antigua Village, Buccaneer Beach Club and Siboney Beach Club. The Hodges Bay Resort & Spa is another exclusive beachfront destination with oceanfront villas and apartments. In the south, the aptly-named South Point offers condo-style suites distinguished by their contemporary style and prime views of the yachts at anchor in Falmouth Harbour. And the popular yachting centre of Jolly Harbour in the west has been joined by Tamarind Hills. This five-star development is tucked away between the breathtaking beaches of Darkwood and Frye's, and offers villas, cottages and apartments for sale on a freehold basis. Full management and rental programmes are available, and a brand new restaurant completes the facilities.

## VILLA RENTALS

Of course, you don't have to buy to enjoy the benefits of independent island living. A wide range of luxury villas are available for rental through companies like Chesterton's and Sotheby's International. Cost effective for families and groups of friends, most villas feature their own swimming pools and some even have their own boat docks, or in some cases, their own 'private' beaches. Their dedicated staff will be happy to take away all the domestic responsibilities while you enjoy your tropical home-away-from-home.

## TIMESHARE

Antigua also offers timeshare properties with their own associated benefits. Not only can you take advantage of great savings on vacation costs, but you've also got a guaranteed high standard of accommodation in thousands of destinations around the globe. The ability to rent, sell or keep a timeshare property gives you the benefits associated with a vacation home while still enjoying worldwide vacations each year.

## INSURING YOUR PROPERTY

Antigua's wide variety of dependable and well-established insurance companies give you peace of mind when it comes to buying your own property. The business has definitely developed to meet the increased demand.

Anjo Insurances was established on the island in 1928. Agents for CG United Insurance Ltd., Anjo has been providing excellent customer service and fair claims settlements for decades. This company has a well-deserved reputation for dealing quickly and efficiently with insurance matters. Their A.M. Best international rating of A-Excellent reaffirms the company's financial strength. Anjo has three branches conveniently spread across the island at Woods Centre, Jolly Harbour and Falmouth Harbour.

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and yet still be secure



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## ANCILLIARY SERVICES

All the ancillary services are here too, including landscapers, electricians, swimming pool specialists and plumbing installation companies. For example, H2ONE has not only got several years' experience installing luxury bathrooms throughout the island, but is also the official re-seller of state-of-the-art Geberit and Hansgrohe products. And if you're looking for more security for your home, get in touch with Leeward Islands Hurricane Protection. They can install mesh security screens allowing you to leave your windows open to our fresh island breezes more often. And while Antigua certainly benefits from good weather, hurricanes are always a possibility during the rainy season. The company's hurricane products range from simple aluminium panels to rollshutters able to protect your home at the flip of a switch.

## LEGAL ASSISTANCE

If you need legal assistance, Stapleton Chambers is the company to call. This full-service law firm has over 35 years of experience in almost every aspect of the law. Bolstered by extensive resources, broad expertise and key contacts both locally and internationally, they have represented individuals, companies, foreign investors and government institutions in the acquisition, disposal, financing and development of real estate throughout Antigua & Barbuda.

## MEDICAL SERVICES

Wherever you choose to settle in Antigua, and whether you're a resident or a visitor, you're assured of excellent medical attention from Heritage Medical Services. Established in 2019 by Doctor Sean Blackburn and Doctor Tracyline Phillip-Blackburn, the company is dedicated to providing professional, reliable and affordable health care in a location to suit you. You can choose to be treated in your home, your vacation accommodation or at one of their two offices located either in English Harbour and Jolly Harbour. The doctors are assisted by four professional nurses, and they can treat a wide range of acute and chronic illnesses. They also handle wound care, pain management, allergy management, diabetes management, nebulisations and wellness checks. Heritage Medical Services pride themselves on bringing wellness home.

## REAL ESTATE LEGAL COSTS

When purchasing real estate in Antigua, you'll need to retain the services of a lawyer. Legal costs range from 1% to 2% depending upon purchase price. You'll also need to apply for a Non-Citizen's Licence which is generally 5% of the purchase price and can take up to 4 months to be processed. A payment of 2.5% government transfer fee is also required.



### Heritage Medical Services: Elevating Healthcare in Antigua

Founded in July 2019 by Dr. Tracyline Phillip-Blackburn and Dr. Sean Blackburn, Heritage Medical Services (HMS) is revolutionizing healthcare in Antigua. With two offices, one in Jolly Harbour and the other in English Harbour, HMS provides professional and affordable services, addressing a vital need outside of the central hub of St. John's. Drawing on their extensive medical experience from around the world, the doctors are committed to offering accessible, reliable, and compassionate healthcare. Alongside a team of four nurses, they provide an array of services, from home visits and urgent care to minor surgical procedures.

HMS aspires to become Antigua's premier healthcare provider, expanding its reach and enhancing the well-being of the community. Moreover, the clinic also specializes in sexual health rejuvenation, offering innovative treatments such as the trademarked "R Shot" and "P Shot." These groundbreaking therapies provide patients with options for enhancing their sexual health and overall quality of life. Drs. Tracyline Phillip-Blackburn and Sean Blackburn are dedicated to holistic well-being, ensuring that every patient receives the care they need to live their best life.

### Heritage Medi-Spa: Embark on a Wellness Odyssey

In the midst of life's chaos, rejuvenation is paramount. Heritage Medical Services introduces an oasis – the Medi-Spa. This sanctuary offers treatments to invigorate and elevate. Discover Tranquil Radiance Facials and transformative Micro-needling, Microdermabrasion, and Chemical Peels. Experience High Frequency's brilliance and freedom from Skin Tags. Radiance extends to Body Treatments. Embrace Joint Care, Vampire Facials, and Botox for the future. Book now for an artful journey to relaxation and radiance.

## WHICH LOCATION IS BEST FOR YOU?

Where you choose to live in Antigua will depend upon a variety of factors. Is having a sea view a must, or are you quite happy inland? Are you desperate for peace and quiet, or do you want to be right in the centre of all the action?

Properties in our scenic coastal areas are always highly sought after, particularly around English Harbour in the south and Jolly Harbour in the west. Both have first-class infrastructures, as well as friendly communities and a relaxing way of life.

English Harbour has long been famous for its nautical history and yachting facilities, yet it also boasts a lively social scene. At its heart lies Nelson's Dockyard where world-class sailing events are held annually. Many homes overlook English and Falmouth Harbours, as well as more secluded anchorages such as Windward, Willoughby and Turtle Bays.

The west coast is renowned for its golden sunsets, white sand beaches and views of neighbouring Montserrat. Jolly Harbour boasts hillside and beachfront homes with stunning views of the Caribbean Sea. You can even moor your boat right outside your living room, this well-equipped resort village also boasting a marina, supermarket and bank, as well as a selection of shops, restaurants and bars, some offering regular entertainment.

And if you like the idea of a gated community, Sugar Ridge lies on a panoramic hillside nearby, its luxury homes overlooking popular west coast beaches and restaurants. Resort living is also available on Jumby Bay Island and Verandah Estates, as well as at St. James's Club, watersports, tennis courts and swimming pools all within easy reach. You can even put your property in a rental pool and make an income from it.

If, on the other hand, you want to get away from it all, you might want to head for our undeveloped southeast coast. The properties around Brown's Bay and Nonsuch Bay offer tranquility and stunning views, while the new Moon Gate project offers particularly captivating vistas over world-famous Half Moon Bay.

Of course, you may prefer to be near our bustling capital St. John's. Residential areas in the north include Dickenson Bay, Paradise View, Blue Waters, Crosbies and Hodges Bay, Cedar Valley particularly convenient for our 18-hole golf course. The airport is an easy drive too. Nearby shopping malls include Woods Centre, Village Walk, Royal Palm Place and Silver Leaf Plaza where you'll find cafés, banks, a pharmacy and medical facilities, as well as the Bel Lab laboratory for any medical tests. Supermarkets include the Epicurean, while Townhouse Megastore, Living Spaces, and Antigua Home and Garden Centre are where to go for all your home furnishings and appliances.



## FURNISHING YOUR PROPERTY

When you're ready to transform your dream house into your dream *home*, Antigua has a wide variety of excellent stores able to provide you with most of the furniture and soft furnishings you require. You may be thinking of importing these items, but not only are they readily available here, you also have immediate recourse to the store if anything goes wrong. The following stores lie just outside St. John's, and offer convenient parking and plenty of choice.

Antigua Home and Garden Centre prides itself on selling high-quality goods at unbeatable prices for every room in the house. Stop by their impressive showroom in Michael's Mount for everything from kitchen gadgets and bathroom essentials to wall art, potting soil and even the perfect wedding gift.

Townhouse Megastore is the island's 'superstore', and where to head for brand-name furniture, electronic equipment, tools and spare parts. Gigi's spacious emporium sells indoor and outdoor furniture, as well as decorative home accessories.

Furniture Gallery on Airport Road also displays a wide range of furniture and appliances over its two floors. And for soft furnishings, you're sure to find what you're looking for at Lolita's Dream Home with branches in the Silver Leaf Plaza and on Market Street in St. John's.

We should also mention The Stock Exchange and The Exchange on Friars Hill Road. Both these second-hand stores are well-stocked and offer household items, appliances and furniture at great prices.

But if you're in the market for something a little different or exotic, maybe an Italian ceramic or Balinese bed, head to The Gazebo on Friars Hill Road or El Caribe overlooking Perry Bay near St. John's. Both shops source their stock from around the world.



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☎ 268-481-1710    📧 livingspacesantigua@gmail.com    📍 Old Parham Road

Living Spaces located on Old Parham Road is a long-established family business and a one-stop shop for all your household needs. Everything from dining room furniture and flat-screen TVs to contemporary sofas and Caribbean-style pool and deck furniture is available in their extensive showroom. A delivery service is also available.

**As you can see, it couldn't be easier to create your own little piece of paradise in Antigua.**

## CREATE A JOYFUL HOME

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## WARD & ASSOCIATES

Designers in the Caribbean cannot fail to be inspired by the vibrant culture, dynamic energy and lush topography of our islands. Ward & Co is no exception, their reputation for adding elegant comfort and superior craftsmanship to their signature contemporary beach style positioning them as the leading luxury design studio in Antigua.

The company was founded by Sarah and Rose Ward in London in 1986, but thanks to recent commissions for Jumby Bay Island, Pearn's Point, Reeds Point, Palm Drive, Blue Waters Resort and English Harbour, it now has a permanent headquarters in Antigua. Indeed, Ward & Co's ability to shape any project into a bespoke, memorable space has been met with a high demand. Their latest projects include an 18,000 sq.ft. new-build beachfront property and a 10,000 sq.ft. refurbishment project.

The design team relishes the opportunity to work in this new and diverse environment, their creativity let loose on everything from second homes and holiday apartments to boutique hotels. And whether it's a renovation, a redesign or a total new-build, Ward & Co's reputed network of international agents, developers and suppliers ensure they can seamlessly navigate any interior design and architecture project.

[www.wardandco.com](http://www.wardandco.com)



WARD & Co  
INTERIORS



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81 Fulham Rd  
London SW3 6RD, UK  
Tel: +44 (0)20 3667 7796  
hello@wardandco.com

Supplier enquiries:  
suppliers@wardandco.com

wardandco.com

# WANT TO BECOME A CITIZEN?

Since introducing its Citizenship by Investment Programme (CIP) in 2013, Antigua & Barbuda has one of the leading and most sought-after global investment migration programmes in the world. And here are just some of the reasons why...



**LIFESTYLE** Year-round warm weather, 365 white sand beaches and turquoise waters make Antigua & Barbuda a world-class destination, with direct flights from the UK, USA and Canada. Politically and economically stable, and with a low crime rate, this twin-island country benefits from a fixed exchange rate with the US dollar (1 US\$ = 2.7 EC\$). English is the official language.

**EXCELLENT FOR FAMILIES** CIP is a flexible programme specifically created to give lifetime citizenship to family members and children.

**FREEDOM OF MOVEMENT** With an Antigua & Barbuda passport, a citizen has visa-free travel to over 150 countries, including the EU Schengen area, the UK and Caribbean CARICOM countries. Dual citizenship is also recognised.

**ATTRACTIVE TAXATION BENEFITS** There are no taxes levied on worldwide income, and neither is there any inheritance/gift tax, capital gains tax, or tax on investment returns.

**DIRECT ROUTE TO CITIZENSHIP** Applicants can become citizens within 90–120 days. In addition, families including spouse, dependant children up to the age of 30, children of dependant children, parents and grandparents age 55 years and over may qualify for citizenship through one simultaneous application.

Island Living Investment Services Ltd. (ILIS) is a leading government representative and service provider with an extensive business network including licensed agents authorised to process citizenship applications. They also provide real estate and investment facilitation services.

## FOUR DIFFERENT CIP INVESTMENT OPTIONS:

### National Development Fund

A one-time contribution of US\$100,000 for a single person or a family of up to four persons. US\$125,000 for a family of five persons or more. The NDF is a non-profit foundation supporting public/private partnerships and specific governmental projects.

### Real Estate Investment

Applicants must make a minimum investment of US\$200,000 in a CIP pre-approved real estate development for a period of 5 years.

### Business Investment

An individual can make an investment of at least US\$1,500,000 in an approved business or make a joint business investment where each investor applicant contributes a minimum of US\$400,000 each, totaling a minimum of US\$5,000,000 to the joint investment.

### The University of the West Indies Fund (UWI)

This option is a mechanism for financing UWI's fourth landed campus. Applicants will be required to make an investment of US\$150,000 (processing fees included) for a family of six or more. Participation in the option will entitle one family member to a one year, tuition only, scholarship at the University of the West Indies.

*Please contact Island Living Investment Services Ltd. (ILIS) for all the latest CIP information.*  
[www.ilis.ag](http://www.ilis.ag) Email: [info@ilis.ag](mailto:info@ilis.ag)

# A CARIBBEAN HOME...A GLOBAL VILLAGE

By Brian Stuart-Young, CEO  
Global Bank of Commerce Ltd.

Antigua & Barbuda is famous for the welcoming hospitality of its shores to visitors and investors alike. Best known for its 365 white-sand beaches, the twin-island state enjoys a growing reputation as a trusted Caribbean destination for both tourism and international financial services. Its Financial Centre is relatively small, but its status as a friendly, independent nation that is democratic and politically stable, makes it attractive to clients seeking a safer harbour away from the volatility of larger but troubled markets. Antigua & Barbuda maintains a reputation as an up-market destination that meets the high expectations of visitors and investors seeking world-class tourism and financial services.

The oldest institution providing international financial services in the jurisdiction is Global Bank of Commerce Limited, a privately owned and operated institution, established in 1983.

The Bank has built a tradition of excellent service to its clients seeking investment and commercial banking, wealth and portfolio management, and private banking services. Referred to as the 'grandfather' of international banking in Antigua, the Bank hosts

Caribbean and international clients, and provides a full range of personal and corporate account options. These include multi-currency deposits, foreign exchange, certificates of deposit, and other competitive interest-bearing accounts and investment services. Clients also benefit from the Bank's affiliate, Global Processing Centre. This internationally-certified card processing centre and payment platform provides card-based processing for Visa, MasterCard and China UnionPay services, as well as mobile and wallet-based payment services.

The Bank and its services also provide clients seeking second citizenship and second homes with a sound investment process, thereby adding economic substance to their Citizenship by Investment (CIP) and Nomad Visa applications by having an established Antigua banking relationship. Clients enjoy the benefits of a Caribbean home, while still being part of a global village.

The combination of well-regulated financial services, a positive investment environment and the possibility of qualifying for a second citizenship makes Antigua & Barbuda an attractive location to develop international banking services, business opportunities and real estate investments.

[www.globalbankofcommerce.com](http://www.globalbankofcommerce.com)

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[www.globalbankofcommerce.com](http://www.globalbankofcommerce.com)

Celebrating 40 years

# SHOP ANTIGUA

You're sure to find something to buy in Antigua, everything from artisan crafts to designer brands available in our boutiques, malls and markets...

Antigua's main duty-free shopping areas lie right on the waterfront in our capital city of St. John's. Historic Redcliffe Quay and modern Heritage Quay both house a unique collection of jewellers, craft shops and fashion boutiques. The quaint cafés, alfresco bars and couple of casinos all contribute to the vibrant mood that generally prevails, the area particularly lively when the cruise ships are in port.

The adjacent streets of the capital are well worth exploring too, the colourful Vendors' Mall perfect if you're looking for local hats, T-shirts and wraps to take home with you as souvenirs or gifts.

Head north of St. John's and you'll find three more shopping malls off the Friars Hill Road. Woods Mall has banks, a post office, a travel agency, and the excellent Woods Pharmacy with its expert pharmacists. The nearby Village Walk Mall features Harpers for all your stationary and office supplies and Café Bella which is a popular spot for barista coffees and light snacks. Further along is the Royal Palm Place with a number of outlets including a beauty salon and The Larder restaurant for the best sushi on island.

You can stock up your own larder in this area too. Our air-conditioned supermarkets include 1st Choice on the Anchorage Road close to Dickenson Bay, Cost Pro at the Woods Mall, The Gourmet Basket on Sir George H. Walter Highway, and the Island Provision complex on the airport road. Epicurean has grown into a super-supermarket just off Friars Hill Road, with another branch at Jolly Harbour on the west coast. All of these stores offer fresh produce, as well as excellent brands sourced from around the world.

The boutiques of English Harbour and Falmouth Harbour in the south of the island cater more to the cosmopolitan sailing crowd. As long as the yachts are in harbour, everything from swimwear and resort wear to local arts, crafts and jewellery can be found. Bailey's, Crab Hole Liquors, Covent Garden and The Cork & Basket are where to grocery shop in this area.

And last but not least are the duty-free shops of V.C. Bird International Airport. The perfumes, jewellery, books and musical memories are perfect for all those last-minute gifts.



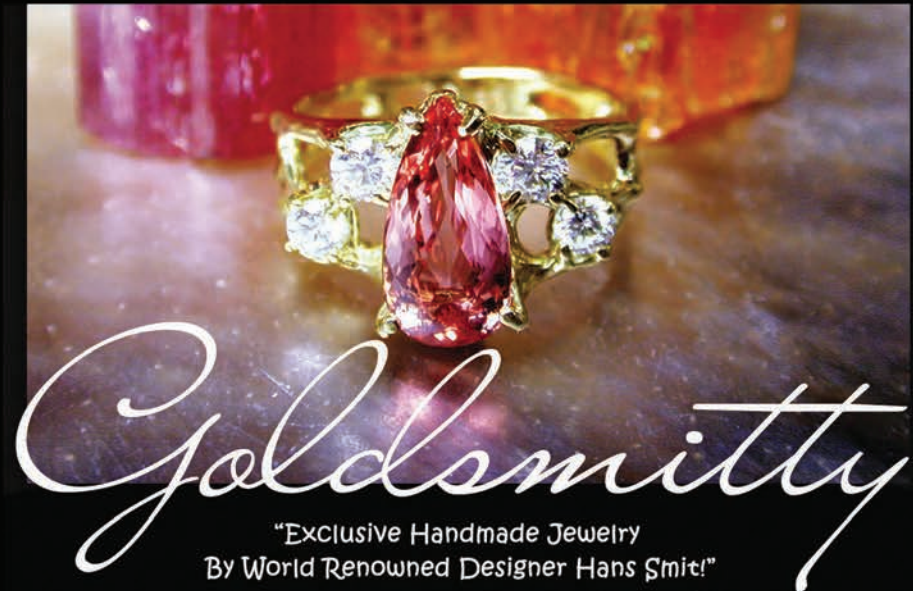
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# REDCLIFFE QUAY

St. John's Waterfront

To take advantage of the duty-free prices, please take your passport and travel documents with you.



This quaint shopping enclave on the St. John's waterfront sells everything from local art and limited edition jewellery to couturière evening wear and freshly-made ice cream. The icing on the cake is the historical vibe – 18th century Redcliffe Quay was one of the main trading places in St. John's, and it seems fitting that it still is.

Most of today's businesses are housed in the old sugar and coffee warehouses, their vibrant wooden shutters set off by the crumbling bricks that came to Antigua as ballast in the sailing ships long ago.

And, of course, there are also some delightful bars and cafés waiting when you're finally ready for that slice of pizza, tasty Croque-monsieur or restorative glass of South African chardonnay.

## GOLDSMITTY

Tel: (268) 462-4601  
www.goldsmitty.com

Since 1981 Goldsmitty has offered unique jewellery in gold and silver. Owner and designer Hans Smit uses the finest gemstones collected on his trips to exotic locations around the world. Yet Hans realised that many longtime clients and first-time visitors also want authentic, indigenous mementos. Therefore for Goldsmitty's 30th Anniversary, Hans created 'Caribbean Corner'.

Each unique design is made with rare, local conch pearls, beautiful blue larimar or amber-containing insects, all from the nearby Dominican Republic. And then in 2011, Hans discovered our own 'piece of the rock' – 30 million-year-old petrified coral, officially trademarked as 'Antiguanite'.



The great variety of stones are cut and polished in various shapes before being set in gold and silver. You can even choose and polish your own stone. Goldsmitty is a Member of the U.S. Jewellers Board of Trade.

## SILVER CHELLES

Tel: (268) 789-2662  
Email: chellebates@aol.com www.silverchelles.com

This beautiful jewellery boutique specialises in polished seashells set in sterling silver. Each piece is handcrafted and unique, and you can choose from a wide variety of pendants, bracelets, rings and earrings. You'll also find an elegant selection of seashell-adorned evening bags, small gifts, fashion jewellery and specimen shells. A one-off boutique not to be missed.

## EXOTIC ANTIGUA

Tel: (268) 562-1288 Email: exoticantigua@gmail.com  
Wrap yourself in lush, tropical clothing! Exotic Antigua specialises in jewellery, bags, hats and linen clothing for both men and women at affordable prices. No visit to Antigua is complete without calling in at Exotic Antigua – voted the number one shop in the Caribbean!

## ZEITGEIST

Tel: (268) 562-2259/723-1496  
Facebook @120%linenAntigua&Barbuda  
Exclusive, luxurious and timelessly chic, this boutique specialises in high-end Italian clothing made from linen and other natural fabrics. Both men and women will find something to suit in Zeitgeist's new collection.

## ZEMI ARTS & CRAFT

Tel: (268) 562-7662  
An authentic collection of indigenous arts and crafts from artist Stephen Murphy and other local artisans. Nothing mass-produced, everything highly original.

## NOREEN PHILLIPS COUTURIÈRE

Tel: (268) 462-3127  
This globally-acclaimed fashion powerhouse specialises in casual apparel, semi-formal wear and sophisticated cocktail dresses. Stop by Noreen Phillips if you're after something original yet classic.

## FOOTNOTES

Tel: (268) 562-2237  
Young and hip with a great selection of stylish ladies footwear in genuine leather. Milano Bags is their flagship brand. Also beautiful handmade bags, as well as locally-made accessories and Afrocentric-style apparel from the sophisticated yet easy to wear Cocoa Pod clothing line.

## RASTAPASTA

Tel: (268) 460-6303  
A long-time favourite with Redcliffe Quay visitors, and where to come for your quintessential 'Irie' or Rastafarian souvenirs. Everything from rasta-coloured bracelets, sandals and posters to 'Irie Mon' t-shirts and dreadlock knitted caps are available in this vibrant and unique shop.

Zemi Arts & Crafts





To take advantage of the duty-free prices, take your passport and travel documents with you.

**H**eritage Quay is a modern boulevard of duty-free shops on the St. John's waterfront. It couldn't be handier for cruise ship passengers, and the wide choice of international brands at duty-free prices ensure it's a magnet for hotel guests too – we're talking everything from Pandora to Land, Levis and Cohiba cigars.

Yet over the two storeys there's a delightful mix of local boutiques too, the kind of places you can pick up glamorous resort wear or a cover-up for the beach. And when you're all done splashing out, you can relax with a coffee or local beer in one of the alfresco bars. You can even try and win all your money back in one of our two nearby casinos...

# HERITAGE QUAY

## St. John's Waterfront



### ISLAND BEACH BUMS

**Tel: (268) 562-8881**

Lifestyle beachwear for men and women. There's a great selection of affordable swimwear, t-shirts, cover-ups, hats, bags and other must-have beach accessories. Discover Island Beach BUMS at their two stylish boutiques.

### STERLINGS – JEWELLERY, WATCHES & SUNGLASSES

**Tel: (268) 562-5662**

A jewellery store with a difference, Sterlings is the exclusive retailer of Pandora. Other designer lines from around the world include Marahlago, Uno de 50, Tous, Hearts on Fire and Le Vian. You can also purchase watches by Citizen, Tissot, Raymond Weil, G-Shock, Fossil and Bulova. Also for sale are unique pieces in silver and 14kt or 18kt gold, as well as diamonds, stainless steel costume jewellery, and the Fela Collection made here in Antigua. Sunglasses by Rayban, Maui Jim, Oakley, Michael Kors, Costa, Kate Spade and Marc Jacobs complete the collection.

### LAND

**Tel: (268) 462-0746**

This quaint and cosy store specialises in prestigious LAND leather items including handbags, briefcases, travel/luggage ware and accessories such as wallets, belts and shoes. This American company has over 50 years experience crafting fashionable yet timeless leather collections made from the highest-quality leather and hardware. The store in Antigua is operated by Debra Merchant and her experienced staff.

### STERLINGS – WORLD OF BAGS

**Tel: (268) 562-7080**

This welcoming store offers a great selection of handbags by famous brands, Dooney & Bourke, Michael Kors, Fossil, Spartina, Kate Spade and Guess to name a few. The luggage and backpacks are from Kipling and Herschel, while a nice selection of wallets, purses and locally-made accessories are also available.

108 Heritage Quay



Phone: (268) 462.0746  
Email: landantigua@gmail.com  
www.landantigualeather.com



### ABBOTT'S JEWELLERY & PERFUMERY

**Tel: (268) 462-3107/8**

Abbott's carries renowned Swiss-made timepieces by TAGHeuer, Omega, Gucci, Carl F. Bucherer, Frederique Constant, Calvin Klein, Tissot and Longines. Their jewellery collections are by designer brands such as John Hardy, Marco Bicego, Chimento, Fope and Breuning. Their fashionable jewellery and watch collections include Brosway, Swarovski, Anne Klein, Kenneth Cole, Seiko and Timex. These can be found in their adjoining Fragrance Boutique which also carries the latest fragrances and giftsets. Other high-quality brands available here include Cross Pens, Swarovski ornaments, Lladro figurines, as well as unique pieces by Mikasa, Orrefors and Kosta Boda.

### HABANOS TERRACE

**#54 Heritage Quay Tel: (268) 562-5866**

**Email: khemhughes@gmail.com**

An aromatic oasis cherished by cigar enthusiasts, Antigua's sole authorized Cuban cigar dealer offers a diverse selection of smokes including Cohiba, Hoya de Monterrey, and Romeo y Julieta. Whether you're a seasoned connoisseur or an occasional indulger, the knowledgeable staff will help you find your perfect match. Elevate your passion for cigars with an unparalleled experience that combines top-tier brands with impeccable service.



**HABANOS TERRACE**

**No. 54**

**Heritage Quay (upstairs)**

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**TEL 268.562.5866**

# HERITAGE QUAY

## St. John's Waterfront



### LONGCHAMP

Tel: (268) 562-5301

Indulge in a French fashion that has internationally stood the test of time since 1948. Combined with the softest and most durable leather handbags, both classic and collection pieces available, including luggage and accessories.

### TROPIC WEAR

Tel: (268) 462-6251

Facebook & Instagram

@TropicWearAnu

For fashionable clothing from Levi's and Dockers at a fraction of US and European prices. Regardless of the occasion, whether it's a formal event or a casual beach day, Tropic Wear has stylish apparel to make you look and feel your best. To complete your ensemble, they also sell belts, hats, and wallets.

### CATTELEYA BOUTIQUE

Tel: (268) 462-8191

Email: [cattleyaantigua@hotmail.com](mailto:cattleyaantigua@hotmail.com)

[www.lipstickantigua.com](http://www.lipstickantigua.com)

If you're looking for stylish resort wear, Cattleya offers a wide selection of day and evening attire suitable for every occasion. Their excellent customer service and quality brands are complemented by a convenient location next to Longchamp.

### LIPSTICK

Tel: (268) 562-1130/33

[www.lipstickantigua.com](http://www.lipstickantigua.com)

This elegant beauty boutique offers cosmetics, skin care and luxury fragrances. The helpful staff will be happy to show you the wide range of products which include Chanel, Hermes, Christian Dior, Tom Ford, and Dolce and Gabana.

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## ST. JOHN'S STREET MAP

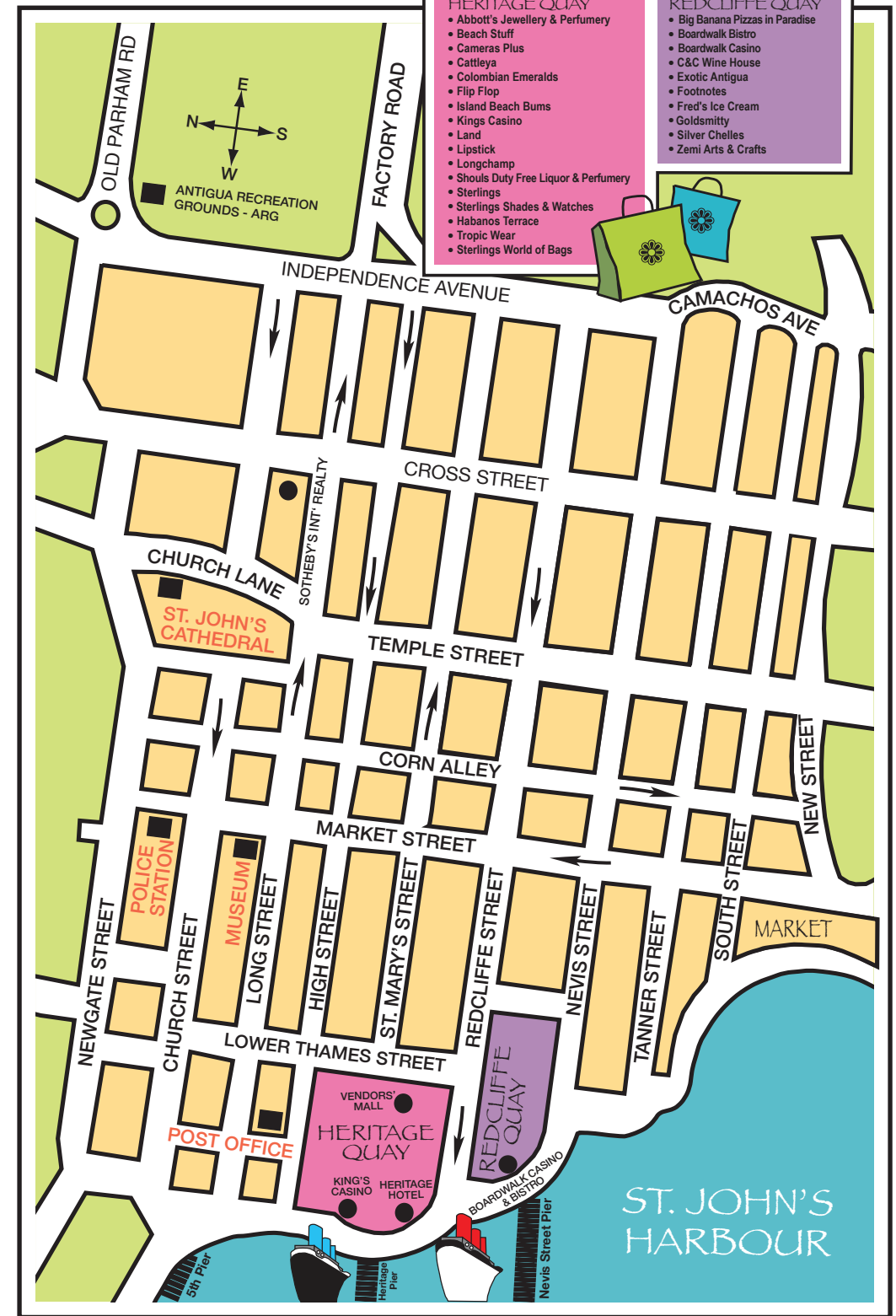
### SHOPPING DIRECTORY

#### HERITAGE QUAY

- Abbott's Jewellery & Perfumery
- Beach Stuff
- Cameras Plus
- Cattleya
- Colombian Emeralds
- Flip Flop
- Island Beach Bums
- Kings Casino
- Land
- Lipstick
- Longchamp
- Shouls Duty Free Liquor & Perfumery
- Sterlings
- Sterlings Shades & Watches
- Habanos Terrace
- Tropic Wear
- Sterlings World of Bags

#### REDCLIFFE QUAY

- Big Banana Pizzas in Paradise
- Boardwalk Bistro
- Boardwalk Casino
- C&C Wine House
- Exotic Antigua
- Footnotes
- Fred's Ice Cream
- Goldsmitty
- Silver Chelles
- Zemi Arts & Crafts





# HERITAGE QUAY

## St. John's Waterfront

### FLIP FLOP SHOPS ANTIGUA

#55A Heritage Quay  
Tel: (268) 720-9285

Email: [flipflopshopsanu@gmail.com](mailto:flipflopshopsanu@gmail.com)

Step into Paradise at Flip Flop Shops Antigua! Discover the premier relaxation footwear and accessory brands that are a perfect blend of style and comfort. Embrace Antigua's beach lifestyle with their trendy flip flops, designed for sun-soaked days and laid-back nights. Find your ideal pair and treat your toes to unrivalled comfort. Visit now to make every step a memorable one!

### BEACH STUFF

Tel: (268) 462-9772

Beach Stuff carries a wide variety of surf and sports clothing, equipment and accessories for men, women and children. There's a wide selection of swimsuits, board shorts, rash guards, flip flops, sandals, aqua socks, lotions, beach toys and accessories. Other items include straw hats and logo sweat shirts, as well as trendy Antigua caps and t-shirts. You name the sport and Beach Stuff has the accessories for both novices and experts.

### BAOBAB

Tel: (268) 562-8305

Baobab Company is a unique T-Shirt and ready-to-wear clothing collection born in the Indian Ocean in 1995. The brand's casual yet highly graphic style beautifully conveys the soul and culture of the islands. Much emphasis is placed upon ethnic patterns and textures that are always creatively presented.

Pandora bracelet at Sterlings



**Flip Flop Shops**

#55A HERITAGE QUAY (UPSTAIRS)  
TEL: 1-268.720.9285  
[flipflopshopsanu@gmail.com](mailto:flipflopshopsanu@gmail.com)

havaianas crocs cobian Every Step Matters Teva Flojos SHOES TO KISS YOUR SOUL Ipanema OOFOS REEF RAINBOW Olukai HEY DUDE

### EPICUREAN

Epicurean Drive, Off Friars Hill Road  
Tel: (268) 484-5400 Jolly Harbour Tel: (268) 481-5480  
Email: [admin@epicureanantigua.com](mailto:admin@epicureanantigua.com)  
[www.epicureanantigua.com](http://www.epicureanantigua.com)

Antigua's premium supermarket with two branches offering quality products sourced throughout the Caribbean and internationally. The fresh produce includes meat, seafood, sushi and dairy goods. There are also fine wines and liquors, a bakery, deli and pharmacy, as well as a bulk buying aisle. Also the exclusive distributor of the Waitrose brand. Customer loyalty programme. Jolly Harbour open 6:30am to 10pm. Epicurean Drive, Friars Hill Road open 6am to 10pm.

### THE CORK & BASKET

Antigua Yacht Club Marina, English Harbour  
Silver Leaf Plaza, Blue Waters Main Road  
Tel: (268) 462-0363 [www.corkandbasket.com](http://www.corkandbasket.com)  
Email: [thecorkandbasket@brydensantigua.com](mailto:thecorkandbasket@brydensantigua.com)

Located in the heart of Antigua's yachting centre on the south coast and a second store on the north coast. This gourmet wine and food emporium offers an extensive selection of wines, those from old world and new world regions showcased. There's also an international and regional selection of the finest spirits. Gourmet deli items include fine cheeses, charcuterie meats and Greek olives. The alfresco Patio Café serves a selection of quiches, cakes and sandwiches. Beverages include Lavazza Coffee, Harney & Sons teas, as well as wines served by the glass or bottle at retail prices.

*The Cork & Basket*

CUVEE® Wines, Spirits, Gourmet Foods and Cafe®  
Antigua Yacht Club Marina Commercial Center, Falmouth Harbour

Tel: (268) -462-0363  
Email: [thecorkandbasket@brydensantigua.com](mailto:thecorkandbasket@brydensantigua.com)  
Website: [corkandbasket.com](http://corkandbasket.com)



Where Shopping is Always a Pleasure

Antigua's premium supermarket for your one stop shop!

We are the exclusive distributor for the WAITROSE brand.



Epicurean Drive

Ph: 268-484-5400 | Fax: 268-481-5450

Email: [admin@epicureanantigua.com](mailto:admin@epicureanantigua.com)

Opening Hours: 6AM to 10PM

Jolly Harbour

Ph: 268-481-5480 | Fax: 268-481-5499

Email: [admin@epicureanantigua.com](mailto:admin@epicureanantigua.com)

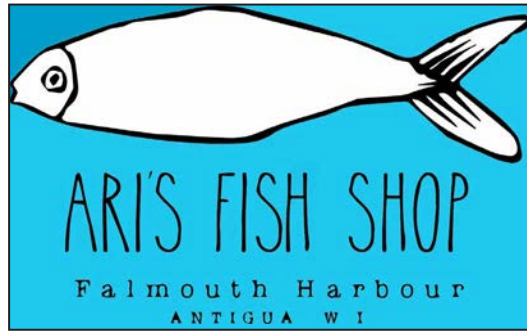
Opening Hours: 6:30AM to 10PM

We accept Visa, MasterCard and Amex

## ARI'S FISH SHOP

Antigua Yacht Club Marina  
Falmouth  
Tel: (268) 720-1060/714-4366  
Email: arifishantigua@gmail.com  
Instagram: @arisfishshopantigua

Open between November and May, the main focus of this seasonal operation is local fish sustainably caught. Other fresh produce on sale here includes local grass-fed meats, jams, hot sauce, pre-made meals, artisanal breads and homemade gelatos. Ari's also carries a unique selection of imported meats and further carefully-curated products.



## 2SIX8 CRAFT BREWERY

Matthew Street  
Falmouth  
Facebook & Instagram: @2six8craftbrewery  
Email: info@2six8craftbrewery.com  
www.2six8craftbrewery.com

Antigua's first craft brewery, this family-run operation is near the historical Nelson's Dockyard. The brewery produces all its small-batch beers on site, and if you fancy stopping by to sample any of the ales, stouts or lagers, the tasting tap room is complemented by a family-friendly beer garden and food trucks. See online for any special events and the latest opening hours, although group bookings are welcome anytime!

**2SIX8 CRAFT BREWERY** PROUDLY ANTIGUAN

2SIX8 CRAFT BREWERY IS TRULY ANTIGUAN. WE ARE DEVOTED TO MAKING QUALITY SMALL BATCH BEERS.

JOIN US IN OUR TAPROOM & BEER GARDEN FOR THE GREATEST SELECTION OF CRAFT BEERS ON ISLAND! FOR EVENTS, SPECIALS & HOURS PLEASE CHECK OUR WEBSITE WWW.2SIX8CRAFTBREWERY.COM

**WHY 2SIX8?**

SUPPORT LOCAL | HAVE A TRULY UNIQUE BEER IN OUR BEER GARDEN | AVAILABLE ON DRAFT OR IN CANS | MADE FRESH IN SMALL BATCHES (NO PRESERVATIVES)

DID WE SAY MADE IN ANTIGUA?

## ISLAND SECRET

Nelson's Dockyard  
English Harbour  
Tel: (268) 562-3035

Nestled in historical Nelson's Dockyard, this charming boutique and giftshop carries a wide range of unique items including clothing made by top Caribbean designers. Other specialities include sarongs, shoes, bags, pottery, soap, body salts, lotion, artwork and a wide selection of locally made gifts and souvenirs.

## WOODS PHARMACY

Woods Mall, Friars Hill Road  
Silver Leaf Plaza, Blue Waters Main Road  
Tel: (268) 462-9288/7

Now with two convenient locations in the north of the island, this excellent pharmacy offers a wide range of pharmaceutical products, both necessities and luxuries, in its cool, spacious and efficient stores. Reasonable prices, easy parking and good customer service are assured. Open Monday-Saturday from 8am to 9pm and on Sundays from 8am to 6pm.

## CARIB BEAN COFFEE ROASTERS

Horsford Hill  
Near Falmouth  
Tel: (268) 462-5282  
www.caribbeancoffeeroasters.com

Perched on a tropical hilltop overlooking Falmouth Harbour, Carib Bean Coffee Roasters source the finest speciality coffees from the Caribbean basin area, as well as the New World and Far East. The coffee is roasted daily and you can see the whole process close up and enjoy a freshly roasted brew! Open Roast Days are held every Wednesday between November and April. Call to book for your Open Roast Day.

## THE POSH PIRATES ANTIQUES

Jonas Road, All Saints  
Tel: (268) 725-5831  
Facebook: ThePoshPirateAntiqueShop268

Antigua's first and finest antique store offers beautiful pieces curated from its international clientele. Anything from coins, jewellery and stained glass to 18th-century furniture can be found here. Also specialises in estate clearances, as well as plants from its private nursery. You can even purchase a bottle of Posh Pirate Honey.

## ISLAND PROVISION GROUP

Sir George H. Walter Highway  
Island Provision Tel: (268) 480-5155  
Gourmet Basket Tel: (268) 480-5174  
Best Cellars Tel: (268) 480-5180  
Email: info@islandprovision.biz

Conveniently located a 5-minute drive from the airport, this one-stop provisioning hub is fully committed to its motto 'Where Quality Comes First'. There are three sections in the complex. Best Cellars is a wine connoisseur's delight offering a varied choice of international wines. The Gourmet Basket and Island Food Distribution offer a wide selection of premium brands, as well as high-quality meats, fish and fresh produce. As the island's leading food and beverage distributor, the company takes great pride in supplying visiting yachts, as well as Antigua's finest hotels, restaurants and supermarkets. The large car park offers easy access to each outlet in the complex.

## CRAB HOLE LIQUORS

Cobbs Cross  
Falmouth  
Tel: (268) 460-1212  
Nelson's Dockyard Tel: (268) 462-9082

Stop by at either one of these two outlets in the English Harbour area for a great selection of fine wines and spirits. Crab Hole Liquors is also a handy convenience store providing you with all the essentials from groceries and cigars to phone cards and lottery tickets.

## Crab Hole Liquors

RETAILER, WHOLESALER, AGENTS, DISTRIBUTORS, DEALERS IN FINE WINES, SPIRITS, CIGARS, CIGARETTES, JUICES, SODAS, PARTY FAVOURS, GROCERIES, LOTTERY AGENT, PHONE CARD DISTRIBUTOR AND LOTS MORE.

Cobbs Cross Falmouth Tel: (268) 460-1212 Fax: (268) 460-8930 VHF 68

Nelson's Dockyard English Harbour Tel: (268) 462-9082 crabholeliquors@candw.ag



## ISLAND PROVISION GROUP OF COMPANIES

ISLAND PROVISION FOOD DISTRIBUTION | BEST CELLARS WINES & SPIRITS | GOURMET BASKET SUPERMARKET

**"WHERE QUALITY COMES FIRST"**

Island Provision Group, P.O. Box 898  
Sir George H. Walter Highway  
St. John's, Antigua  
(268) 480-5155  
info@islandprovision.biz

Provisioning Since 1981



Pillars Restaurant  
at Admiral's Inn

# DINE ANTIGUA

*Le Bistro*  
Experience a real  
sense of occasion...

Antigua's first authentic French restaurant was opened in 1981. Since then, their popularity, with both visitors and locals, has never waned. Dining here is close to luxurious perfection.

*Open Tuesday - Sunday from 6:00pm with  
Last orders at 9:30pm. Closed on Mondays.*

**Le Bistro, Hodges Bay, St. John's, Antigua**  
T: (268) 462-3881 • E: [lebistroantigua@gmail.com](mailto:lebistroantigua@gmail.com)  
FB: [@lebistroantigua](https://www.facebook.com/lebistroantigua) • [www.lebistroantigua.com](http://www.lebistroantigua.com)

**O**ur cuisine is a reflection of our twin island nation. It's colourful, creative and cosmopolitan! You'll also be spoilt for choice when it comes to *where* to dine as there are about a 100 different restaurants dotted throughout our 108 square miles. Most venues come with appetising views, of course, and many lie just steps from the sands. So whatever your budget, and whether you're after fast food in town or fancy food on the edge of the Caribbean Sea, you're sure to find something to suit.

World dining is truly covered here. You can chow down on everything from Italian ravioli and French crêpes to Mediterranean tapas and Indian rotis. You can enjoy a Middle Eastern falafel before smoking a hookah pipe. You can sample acclaimed Japanese sushi on neighbouring Barbuda. And there's even a little joint in St. John's that's famous for serving the best pizza in the Caribbean! The rum cocktails, local Wadadli beer, and new and old world wines are sure to enhance every meal.

Of course, there's nothing to stop you picking up a delicious treat on one of our street corners either. Local delicacies include jerk chicken, peppercorn stew and conch fritters, with tamarind balls and Johnny cakes for afters. Fresh fish such as mahi mahi and red snapper regularly appear on our menus, shrimp and calamari are other favourites, while lobster is available all year round except May and June.

## LE BISTRO FRENCH RESTAURANT

Hodges Bay Tel: (268) 462-3881 Dinner Only.  
[www.lebistroantigua.com](http://www.lebistroantigua.com)

This charming and long-established restaurant delivers a heartfelt welcome combined with a real sense of occasion. The French haute cuisine is enhanced by a superb range of vintage wines and champagnes, the service is reliably polished yet distinctly personal. Chef/owner Patrick Gauducheau is in the 'Who's Who of Chefs' and featured on Discovery Channel's 'Great Chefs of the World'. Listed in the Top 50 Restaurants in the Caribbean by the Experts' Choice Awards. Reservations are recommended.

## CLOGGY'S

Catamaran Club Marina, Falmouth Harbour  
Tel: (268) 460-6910

Facebook: [@cloggysantigua](https://www.facebook.com/cloggysantigua)

For Mediterranean-influenced cuisine accompanied by beautiful views of sunsets and yachts at anchor. The stylish, nautical vibe is enhanced by menus that include fresh lobster and a large selection of grilled seafood and meats. Popular weekend events include Sunday brunches and sundowner specials on Saturday afternoons. Enjoy a wide range of foreign beers, and view major sporting events on the large flat-screen TV. Entertainment during the week with a DJ. Lunch & Dinner: Wednesday to Saturday: 12 noon to 9pm. Sunday: Brunch only 11:30am to 4pm, with DJ after. Closed Mondays and Tuesdays. Reservations are recommended.

## ANA'S ON THE BEACH RESTAURANT & ART GALLERY

Dickenson Bay

Tel/WhatsApp: (268) 464-5400

Email: [info@anas.ag](mailto:info@anas.ag) [www.anas.ag](http://www.anas.ag)

Ana's is not just a gourmand's delight, but a beacon of style with its hot pink doors and mix of glamour and culture. The team of excellent chefs with experience spanning the Caribbean, Italy, Spain and the UK has created the exciting Mediterranean menu. The Infinity Bar at the water's edge offers the on-demand 'Anapasti' menu, as well as signature cocktails from award-winning bartenders. A hub for regional and international artists, Ana's showcases an eclectic selection of art, and the tastefully designed surroundings add to the ambience of this charming restaurant. Open daily from 10am to 10pm, and from 12 noon to 10pm in the summer.

## CECILIA'S HIGH POINT CAFÉ

Dutchman's Bay Tel: (268) 562-7070

Email: [cecilias@highpointantigua.com](mailto:cecilias@highpointantigua.com)

Cecilia's offers waterfront dining in a relaxed yet sophisticated atmosphere. You can look forward to an enticing menu, fresh seafood, pleasant music, attentive and friendly service, a comfortable setting and a view you will always remember. Cecilia's High Point Café is five minutes from the airport and available for private functions.

# CLOGGY'S

Catamaran Club Marina • Falmouth Harbour

Lunch & dinner Wednesday to Saturday  
with sundowner specials  
DJ party Wednesday's and Sunday's  
Sunday brunch 11:30am to 4pm  
Reservations recommended

Call (268) 460-6910  
Facebook.com/cloggysantigua  
[@cloggysantigua](https://www.facebook.com/cloggysantigua)

*Ana's*

# ANA'S ON THE BEACH

RESTAURANT AND ART GALLERY

EMAIL:  
[INFO@ANAS.AG](mailto:INFO@ANAS.AG)  
FOR RESERVATIONS:  
CALL 268 464 5400  
DICKENSON BAY, ANTIGUA  
WEST INDIES

[@ANASONTHEBEACHOFFICIAL](https://www.facebook.com/ANASONTHEBEACHOFFICIAL)  
[ANASRESTAURANT](https://www.facebook.com/ANASRESTAURANT)



**Colibri**  
BISTRO • BAR • LOUNGE

French Créole Cuisine • Craft Cocktails



57 Dockyard Drive • English Harbour  
Bookings • Website or (268)460-3434  
www.ColibriAntigua.com • Find us on   

## GATHER STEAKHOUSE

**Dutchman's Bay Tel: (268) 771-6299**

Sister restaurant to the Garden Grill, this exclusive steakhouse serves the finest quality beef and family-style sides in a warm and inviting beachside setting. Open Tuesday to Saturday from 5pm-10pm, and on Sundays from 4pm-9pm. Closed on Mondays and Public Holidays. Special events include Wednesday 'Date Night' for EC\$350, Thursday 'Happy Hour' from 5pm to 7pm, and 'Steel Pan Sundays' from 5:30pm.

## COLIBRI

57 Dockyard Drive, English Harbour

Tel: (268) 460-3434

www.colibriantigua.com

Instagram & Facebook: @colibriantigua

This top-rated gourmet restaurant specialises in French and Créole cuisine enhanced by fine wines and craft cocktails. The menus feature freshly-caught seafood, confit meats, French charcuterie, delectable desserts, homemade pasta and bread, while the cocktails are inspired by Caribbean fruits. The charming cottage, alfresco lounge and illuminated tropical gardens all combine to create a memorable setting for an evening out, whether that's a romantic dinner or a drink with friends. Open Monday to Saturday with bar, tapas and happy hour from 5pm, and dinner from 6:30pm. Follow social media for weekly live music and events. Reservations recommended.

## GARDEN GRILL

**Dutchman's Bay Tel: (268) 464-0207**

Instagram: @gardengrillanu

Dedicated to flavour, sustainability and nutrition, the Garden Grill's tasty menu is based upon farm-fresh, locally-sourced produce served in an attractive garden setting. The Sunday brunches are particularly popular followed by a cooling dip in the pool.

Lunch: Tuesday – Saturday. Dinner: Friday.

Sunday Brunch: 9am-1pm.

## CREPE IT ANTIGUA

**Lower Church Street, St. John's**

Tel: (268) 726-5723/725-9951

Enjoy freshly made crêpes in the most charming crêperie with friendly staff and a cosy ambience. The menu also includes waffles, wings, nachos, ice cream, smoothies, shakes, wine and cocktails. Open daily for breakfast, lunch and dinner.

## CASA ROOTS

**Barrymore Apartments, Runaway Bay**

Tel: (268) 722-2000

Facebook: @casarootsantigua

Instagram: @casaroots\_bythebeach

Casual yet charming, elegant yet romantic, Casa Roots serves a subtle blend of French and West Indian cuisine on the edge of a white sand beach. The focus here is on simple fare with the emphasis upon top-quality ingredients and carefully-chosen spices. Specialities include Caribbean fish tacos, mahi mahi baked in banana leaf, and chocolate mousse topped with coffee Liégeois cream. Sunday lunchtimes are particularly popular, the extensive cocktail menu ensuring a sociable ambience after dark. Open Wed to Sat 12pm-10pm (last order 8pm). Sunday Lunch 12pm-6pm (last order 4:30pm). Reservations required.

## CAFÉ BELLA

**Village Walk, Friars Hill Road**

Tel: 46BELLA (462-3552)

Relax and meet friends in air-conditioned comfort, with a tasty menu of breakfast and lunch specials. Enjoy homemade desserts with an Espresso, Cappuccino or Latte. Refreshing teas and smoothies also available. Free WiFi.

## BEACHLIMERZ

**Fort James Beach**

Tel: 562-8574 www.beachlimerz.com

Set on the sands, Beachlimerz offers traditional Antiguan cuisine, street food and unique specialties with great music and entertainment. 'Where Food & Drink Make Waves' is their very fitting motto.

## SOUTH POINT

**English Harbour**

Tel: (268) 562-9600

www.southpointantigua.com

With a dining deck that extends right out over the harbour, South Point's restaurant is a popular choice for both lunch and dinner. The signature small plate menu showcases authentic flavours inspired by the best of Mediterranean, Middle Eastern and Asian cuisine. There's also a Sushi Bar, and the Lounge Bar opens for breakfast from 7am. An excellent cocktail menu, discerning wine list and delicious aperitifs ensure there's always a cosmopolitan crowd enjoying the relaxed vibe.

## HARBOUR VIEW BAR & CAFÉ

**Redcliffe Quay, St. John's**

Tel: (268) 462-2972 Email: exoticaantigua@gmail.com

The only waterfront bar and café downtown has a splendid view of St. John's harbour. Spend time relaxing in the elevated lounge area enjoying the cooling trade breezes. Primarily open for breakfast and lunch, and serving fresh salads, sandwiches and paninis. Cocktails and smoothies also available.




The only waterfront bar and Café downtown with a splendid bay view.

**Harbour View Bar & Café**

The only waterfront bar and Café downtown with a splendid bay view.

Elevated position allows to spend time relaxing in the lounge area enjoying cooling trade breezes.

Primarily open for breakfast and lunch

Serves fresh salads, sandwiches and paninis, exotic cocktails and refreshing smoothies.

Redcliffe Quay, Upstairs Exotic Antigua St. John's, Antigua

harbourviewanu +1(268)462-2972

Email: exoticaantigua@gmail.com

Visit our two sister restaurants on beautiful Dutchman's Bay



Farm-fresh favourites served in a breezy open-air garden setting with a pool  
Tues-Sat 11:30am-3pm & Fri Dinner 6-9pm  
Also Sunday Brunch 9am-1pm



Call (268) 464-0207

Exclusive steakhouse serving the finest quality beef in a beachside setting  
Dinner served Tues-Sat 5-10pm  
Also Sundays 4-9pm



Call (268) 771-6299

TO MAKE YOUR RESERVATION



**SIPS & TIPS**  
 CAFE & LOUNGE  
 268 462 7477  
 SIPSANDTIPS@HOTMAIL.COM

**OPEN DAILY**  
 SUNDAY - SATURDAY

#102 NORTHWALK COMMERCIAL CTR.  
 BLUE WATERS MAIN ROAD

### SIPS & TIPS

**North Walk Commercial Complex  
 Blue Waters Main Road Tel: (268) 462-7477**  
 A café and wine lounge popular for its friendly ambience, helpful staff and contemporary décor, both inside and out. The food is as tasty as it is varied and visually appealing, the wine list equally extensive. Tobacco products include cigarettes, cigars and vapes. Stop by on Wednesdays and join in the Karaoke fun, the last Saturday of every month another crowd-pleaser thanks to the live music from a local band.

### THE GREAT HOUSE RESTAURANT

**Mercers Creek Tel: (268) 463-4084  
 Email: bookings@thegreathouseantigua.com  
 www.thegreathouseantigua.com**  
 Sunday lunch on the terrace of this historic great house overlooks the creek and tropical gardens. A traditional 3-course lunch is served, along with catch-of-the-day and freshly-made pastas and salads. Afterwards you can relax around the pool or even play a game of croquet. Open Sundays from noon. Reservations required.

### DICED JUICE BAR AND CAFÉ

**English Harbour (next to Energie Antigua Gym)  
 Tel: (268) 773-4236 Email: DICED.JBC@gmail.com**  
 Diced Juice Bar and Café is where health meets indulgence. The wholesome choices at this new eatery include fresh juices, smoothies, salads, bowls and protein ice creams, every mouthful bursting with goodness and enhanced by tranquil island views over English Harbour. Stop by for a revitalising breakfast, a quick snack or a leisurely lunch.

### SANDRA'S BEACH SHOP, BAR & GRILL

**The Beach at Jolly Harbour  
 Tel: (268) 720-7709 or 736-5531 or 721-0734**  
 Located in popular Jolly Harbour on the west coast of Antigua, this family-owned affair offers a truly authentic island experience. Everything from local cuisine and vibrant beachwear to exciting nightly events are on the menu at Sandra's Beach Shop, Bar & Grill. And as the white sand is literally beneath your feet, you can also take advantage of beach chairs, sun umbrellas and jet skiing in the crystal clear waters off our west coast.

### SALT PLAGE BEACH BAR & RESTAURANT

**Dickenson Bay, Siboney Beach Club  
 Tel: (268) 462-0806 www.siboneybeachantigua.com**  
 Set on world-famous Dickenson Bay and offering unbeatable beach views, Salt Plage is where to start your day with a sunny breakfast, relax over a lazy lunch, enjoy a lingering dinner or stop by for cocktails at sunset. The atmosphere combines tranquillity, fun and romance with the eclectic international menus and sound of the surf. Don't forget to take a selfie next to the iconic red phone booth.



**SANDRA'S BEACH SHOP  
 BAR & GRILL**  
 ANTIGUA W.I.

*Beach life  
 Get it*

Sandra's for the real island experience including local cuisine, beach life, island wear and fun nightly events

THE BEACH AT JOLLY HARBOUR Open 9am to 11pm  
 Tel: 720-7709 or 736-5531 or 721-0734

### BOOM RESTAURANT AT GUNPOWDER SUITES

**Nelson's Dockyard  
 Tel: (268) 460-1027  
 www.admiralsantigua.com**  
 The perfect spot for lunch, Boom's stunning vistas of Nelson's Dockyard are complemented by international dishes such as Thai shrimp cakes and steak aioli sandwiches. In season, a day pass is required to use the pool, daybeds and sun loungers, the on-site Powder Room Spa offering everything from manicures to massages. Of course, everyone is welcome to visit the 18th-century Gunpowder Art Gallery with its rotating exhibition of local artists.

### BAY HOUSE RESTAURANT & BAR

**Trade Winds Hotel, Dickenson Bay  
 Tel: (268) 462-1223  
 www.twhantigua.com**  
 One of Antigua's 'top-tables', the Bay House offers fine dining at affordable prices. Get your day off to a great start with the Antiguan breakfast, or enjoy the spectacular views over Dickenson Bay as you treat yourself to something tasty from the deck menu. Selected local produce inspires the à la carte dinner menu served from 6pm, the excellent wine list featuring new world wines and classics from around the world. Open 7am to 11pm. Daily Happy Hour and tapas from 5pm to 7pm.

### ADMIRAL'S INN PILLARS RESTAURANT

**Nelson's Dockyard  
 Tel: (268) 460-1027  
 www.admiralsantigua.com**  
 With its 18th-century pillars, lush gardens and waterfront terrace overlooking the historic harbour at Nelson's Dockyard, Pillars is the ideal spot to relax over cocktails, breakfast, lunch or dinner. Popular dishes include Tuna Tartare, Beef Duo and Catch of the Day. Wednesday is Caribbean night complete with steel band, while Saturday offers special menus from around the world, complemented by a jazz band. But you can watch the moon rise over Shirley Heights any evening of the week.

### BOARDWALK BISTRO

**Redcliffe Quay  
 St. John's  
 Tel: (268) 562-9988**  
 Antigua's newest outdoor bar and restaurant. The aptly named Boardwalk Bistro is located in an 18th century wharf building in the heart of Redcliffe Quay, its historical charms enhanced by its spectacular oceanfront views of Antigua's cruise port. Trendy cocktails and some of the coldest beers in Antigua are paired with a decadent menu of steaks, seafood and local favourites. And when you've satisfied your sweet tooth with an ice cream swirl or a fluffy crêpe, you're invited to dance the night away to the live entertainment.



**BOOM RESTAURANT**  
 +1 268 460 1027

**ADMIRAL'S INN GUNPOWDER SUITES**



**Trade Winds HOTEL**

**BAYHOUSE**  
 RESTAURANT & BAR

**OPEN DAILY 7AM-11PM**  
 1 (268) 462 - 1223 © 1 (268) 464 - 1223  
 E: bayhouse@twhantigua.com  
 J. HADEED STREET, DICKENSON BAY, ST. JOHN'S ANTIGUA

## BIG BANANA PIZZAS IN PARADISE

Redcliffe Quay, St. John's

Tel: (268) 480-6985 [www.bigbanana-antigua.com](http://www.bigbanana-antigua.com)

"Pizzas" as it is affectionately called by locals, is a legendary casual dining rendezvous and hot spot established over the last 30 years. For some of the Caribbean's best pizzas, its menu also features international favourites and local dishes. The fun vibe and historic setting in the old rum warehouse attract locals and tourists. Eat in or takeaway. Delivery available. Open Monday to Saturday from 11am until late.

## SHIRLEY HEIGHTS LOOKOUT

Shirley Heights Lookout, English Harbour

Tel: (268) 776-2853/729-0636

[www.shirleyheightslookout.com](http://www.shirleyheightslookout.com)

Dine in a restored 18th-century building with an expansive outdoor courtyard boasting the island's most spectacular views. Nelson's Dockyard, English Harbour and Falmouth Harbour are all spread out far beneath you. Local lobster (seasonal) and fresh fish are regular specials, as are the stunning sunsets. The Sunday barbecue party has been an Antigua institution for over 40 years, and was heralded by *National Geographic Traveler* as 'The Place to be on Sunday.' Experience great steelband music, cool reggae vibes and scrumptious food.



Photo: Ali Baba

## ALI BABA BAR, GRILL & HOOKAH

Old Parham Road, St. John's

Tel: (268) 562-2525/720-4900

An authentic Lebanese restaurant offering everything from falafel and tabbouleh to lamb kebabs and spicy sausage wraps. You can even enjoy the centuries-old tradition of hookah pipes. Pizzas, burgers and pasta also feature on the menu. Open Monday to Saturdays for lunch, afternoon tea, dinner and takeaways.

## THE LARDER

Royal Palm Place, Friars Hill Road

Tel: (268) 480-6940 [www.thelarderantigua.com](http://www.thelarderantigua.com)

A gourmet deli-café popular with locals and visitors in search of great food and service. Renowned as Antigua's best sushi bar and deli-café, it also offers an upscale takeaway and catering service. The bar provides fresh juices, premium spirits and fine wines. There's a 'Build Your Own Salad' bar, Illy coffee, gelateria, and Napolitano style pizzas baked to-order. Open Monday to Saturday from 7:30am to 9pm.

This is the view we serve with lunch from our elegantly restored 18th century buildings, overlooking the historic Nelson's Dockyard. This is the view that turns into a spectacular sunset and changes into a fairyland of lights at night. This is the view for our famous Sunday Barbecue Party and 'Reggae Heights' on Thursday, our Sailing Week Breakfast, private parties and weddings.

[info@shirleyheightslookout.com](mailto:info@shirleyheightslookout.com)



**Shirley Heights Lookout**

RESTAURANT & BAR

(268) 729-0636

[www.shirleyheightslookout.com](http://www.shirleyheightslookout.com)



Photo: @ Antigua Cruise Port

# CRUISE TOURISM

**Our twin-island nation has long been a popular port-of-call for the world's biggest and best cruise ships. After all, we are ideally located in the heart of the Caribbean Sea...**

With state-of-the-art vessels offering all the latest facilities, activities and experiences, it's little wonder cruise tourism continues to be one of the most dynamic sectors of our leisure industry. The Antigua & Barbuda Government certainly recognises how important cruising is to our economy. They've not just invited Antigua Cruise Port to further develop our cruise tourism product, but they've also strengthened our relationship with the cruise lines.

And their efforts are paying dividends, the completion of the fifth pier now enabling us to welcome the world's largest cruise ships to our shores, including those in the Excel and Oasis classes. Indeed, January 2023 saw the arrival of the largest vessel to ever visit this country, the MS Arvia from P&O Cruises.

St. John's is also now serving as a homeport where cruise itineraries begin and end. The Arvia made

four homeporting calls with about 800 passengers embarking and debarking in Antigua each visit. Such was the success of this that Emerald Cruises and Royal Clipper will also do turnarounds in St. John's, generating even more economic benefits for our nation. Other exciting developments include a cruise terminal and retail mall adjacent to the fifth pier, and it's fitting that smaller and more exclusive vessels are now being encouraged to focus their attention on our sister island of Barbuda.

Antigua's local tour operators certainly have no problem keeping pace with the future increase in visitor numbers. Complementing our 365 beautiful beaches are an ever-growing number of adventurous activities, unique excursions and historic tours designed to suit every taste and age group. And, of course, all of us very much hope that a cruise ship visit of just one day will lead to much longer stays in our twin-island nation.



Photo: Boardwalk Casino

# AFTER DARK ANTIGUA

Many resorts offer live entertainment after dinner, while our restaurants, bars, clubs and casinos often stay open until the small hours. Especially between December and April when our visitors are celebrating their escape from the freezing temperatures back home.

**DICKENSON BAY AREA** Still the best place for socialising in the north, particularly on Fridays. Puffers is a casual, island-style bar, Sips & Tips is for fun and live entertainment, the stylish Salt Plage is perfect for seaside sundowners, while Ana's on the Beach is a chic waterfront venue offering mood music as the sun sets. But if you're more in the mood for dancing, head for VYCE nightclub on Runaway Bay.

**ST. JOHN'S AREA** The Yard on St. Mary's Street is busy on 'Thirsty Thursdays', C&C Wine Bar in Redcliffe Quay always has South African wine chilling, while North Antigua on Old Parham Road is a popular sports bar. But for a distinctly Caribbean vibe and regular live entertainment, head west to BeachLimerz on Fort James Beach. You can also catch the latest movie releases at Caribbean Cinemas just outside town.

**CASINOS** St. John's two casinos also serve as entertainment hubs with live music. The Victorian-themed Boardwalk Casino lies on the harbourfront at Redcliffe Quay and offers slots and table games like blackjack, roulette, Caribbean stud, 3-card poker and Texas Hold'em. Or you can just stop by for cocktails and a delicious dinner. King's Casino is a Vegas-style gambling spot close to the Heritage Quay waterfront. It offers blackjack, roulette and poker, as well as over 250 slot machines. Plus, there's a sports bar, live sports betting and horse racing simulcasting.

**JOLLY HARBOUR AREA** This residential centre is where it all happens on the west coast, the social scene often illuminated by the lights from the yachts. Enjoy waterside cocktails at the Sea Dream Restaurant & Bar, or make for Sandra's Beach Shop, Bar and Grill right on the sands. And just down the coast, the award-winning cuisine of Sheer Rocks at the Cocobay Resort awaits.

**ENGLISH AND FALMOUTH HARBOURS** Packed with boats in the winter, the bars here are not just popular with yachties, but also with residents. Abracadabra's is a particularly fashionable night spot open until the small hours in the high season. The Copper and Lumber Store in Nelson's Dockyard is the perfect place to enjoy a tot of rum, its Friday night 'seafood fest' another popular event. Scullduggery Café in Falmouth Harbour is much loved for its chocolate martinis, while nearby Cloggy's and South Point are sophisticated meeting spots where the cocktails come with prime views of the yachts at anchor. Although even these views are eclipsed by those from Shirley Heights almost 500 feet above sea level. Take a short drive through the National Park to the top of the hill and you'll come to Shirley Heights Lookout with its historic bar and spectacular vistas over English and Falmouth Harbours. The legendary Sunday afternoon party starts with a melodic steelband playing until the sun goes down before a lively reggae band takes over. Make sure you experience this unique event for yourselves...



## BOARDWALK CASINO

### ANTIGUA'S FINEST CASINO WITH EXCITING SLOTS AND LIVE TABLE GAMES

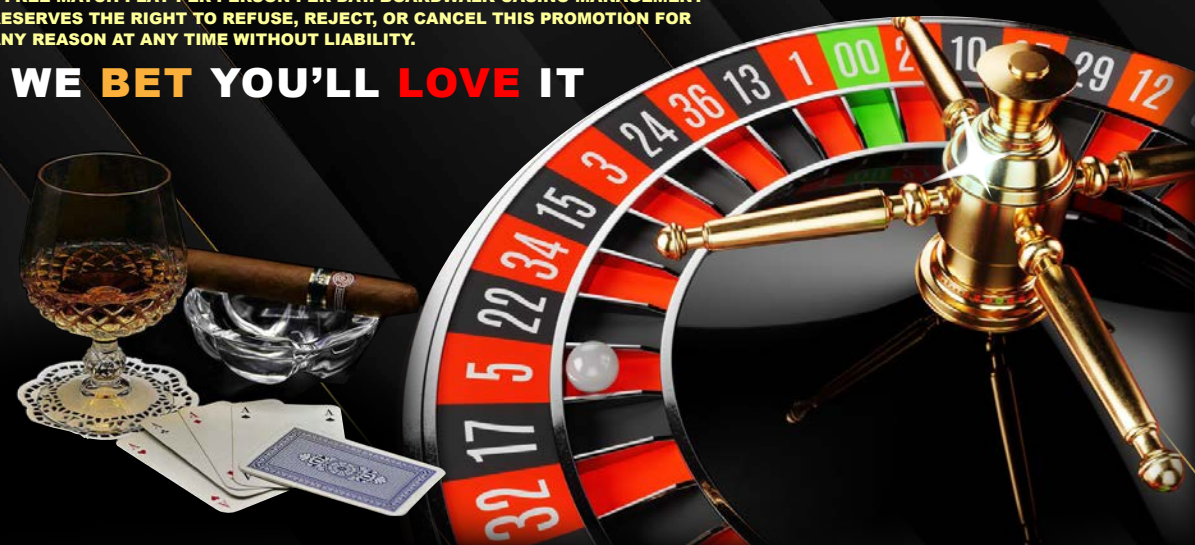
BLACKJACK, ROULETTE, CARIBBEAN STUD,  
3-CARD POKER, SPANISH 21, TEXAS HOLD'EM

LOCATED ON THE BOARDWALK IN  
REDCLIFFE QUAY AT ST. JOHN'S CRUISE PORT  
1(268) 562-9988

[WWW.BOARDWALKCASINO.AG](http://WWW.BOARDWALKCASINO.AG)

SHOW YOUR ROOM KEY AND ID FOR A FREE MATCH PLAY!  
1 FREE MATCH PLAY PER PERSON PER DAY. BOARDWALK CASINO MANAGEMENT  
RESERVES THE RIGHT TO REFUSE, REJECT, OR CANCEL THIS PROMOTION FOR  
ANY REASON AT ANY TIME WITHOUT LIABILITY.

### WE BET YOU'LL LOVE IT





Gilly Gobinet

# ART ANTIGUA

**Why not purchase some local art to remind you of your stay? Certainly Antigua's natural wonders, not to mention the purity of its light and colour, has inspired a whole community of artists, potters and craftspeople...**

## ART GALLERIES & STUDIOS

### YELLOWBOAT STUDIO

**Turtle Bay**  
**Tel: (268) 764-8035**  
**www.yellowboat.com** Email: [merantoj@candw.ag](mailto:merantoj@candw.ag)  
 Jennifer Meranto's hand-tinted photos of Antigua and the Caribbean are increasingly popular, as are her one-off shots capturing the essence of island life. Jennifer also sells art made from reclaimed materials found on Antigua's shoreline, the proceeds from her 'Vintage Beach Collection' going towards cleaning up our beaches. Visitors welcome by appointment.

### ADMIRALS INN & GUNPOWDER ART GALLERIES

**Nelson's Dockyard**  
**Tel: (268) 460-1027**  
 Come to view the rotating exhibition showcasing local artists in Admiral's Inn's stunning 18th century Gunpowder store, part of the UNESCO World Heritage site. Stay to enjoy lunch at Boom restaurant with its spectacular vistas of Nelson's Dockyard.

### TAINO'S ART GALLERY

**Jolly Harbour Tel: (268) 773-3544**  
 Luis Jarvis at Taino's has been long established at Jolly Harbour. You'll find his work along the walkways in the shopping and dining complex. Sometimes he has a work in progress, always in vibrant Caribbean colours. Look at his unique shell light fixtures – an unusual souvenir from Antigua.

### THINGS LOCAL GALLERY

**Nelson's Dockyard**  
**Tel: (268) 776-9657/770-5780**  
 Owner Carl Henry is Antigua's foremost wood carver. Using Antiguan mahogany and wood from trees naturally felled, his boats, fish and warri boards are much sought-after.

### FIG TREE STUDIO ART GALLERY

**Uniquely located in the heart of the rainforest**  
**Tel: (268) 460-1234/723-2304**  
**Email: [sallieharker@me.com](mailto:sallieharker@me.com)**  
**www.figtreestudioart.com**  
 Sallie has developed an innovative technique using gold leaf and oil paint on wooden shingles for designs of birds and sea life in a distinctive style and patterns. Sallie exhibits her work in her picturesque Fig Tree Gallery which also carries art from other Caribbean artists. The Gallery features contemporary art including limited edition prints, ceramics and Caribbean craft.

### ART GALLERY GILLY GOBINET

**Fitches Creek (near the airport)**  
**Tel: (268) 464-6084**  
**Email: [gillygobinet@me.com](mailto:gillygobinet@me.com)**  
**www.gillygobinet.com**  
 Gilly Gobinet's beautiful original paintings in acrylic and watercolour are of Caribbean flora and fauna, marine art, nudes and pet portraits. She has also written and illustrated a series of very attractive small format 'Cool Caribbean' books – her 'Cool Caribbean Cookery Book' won her the 2008 'Best Illustrated Cook Book in the World' award for Antigua. Open Mon-Fri 9am to 1pm or by appointment. Commissions welcome.

### BUCKLEYS STUDIO

**Buckleys Village**  
**Tel: (268) 764-8803**  
**Email: [janfarara@hotmail.com](mailto:janfarara@hotmail.com)**  
**www.janfarara.com**  
 From abstracts to impressionist seascapes, Jan Farara paints large acrylics on canvas and carries out many commissions. Paintings, prints and cards are on sale at the studio. Open every day. Call to make an appointment.

### MIDWAY STUDIOS

**All Saints Road**  
**Tel: (268) 720-2423**  
**www.naydene.com**  
 Naydene Gonnella is an award-winning artist known for her bold colours, as well as her signature use of wax and copper leaf. She has exhibited in London, Paris and New York, and her themes include 'Abstract', 'Animals', 'Pop Phiz' and 'Playing with Resin'.

### ZEMI ARTS & CRAFTS

**Redcliffe Quay, St. John's**  
**Tel: (268) 562-7662**  
**www.wadadli-watercolours.com**  
 This unique display of indigenous and local art is a world away from mass-produced souvenirs. The contemporary art and design collection includes originals, limited editions and reproductions by Stephen Murphy, as well as other local artists.



Jan Farara



Sallie Harker



Bert Kirchner





Jerry Simon

## ISLAND ARTISTS

### NICHOLAS HADEED

Tel: (268) 464-9836 Email: hnh@candw.ag

This Antiguan abstract artist specialises in acrylics. Nick's work is not only strongly influenced by the Impressionists, but also by the heat, light and vibrant colours of the Caribbean. He came to painting late in life, his degree in Civil Engineering having led him to a successful career in the construction industry. Today though all his energies go into his paintings, his passion creating distinctive art characterised by bright hues and either intense movement or serene stillness.

### ANSON JAY HENRY

Tel: (268) 782-2145 www.ansonjhenry.com  
Email: ansonjhenry@gmail.com

One of Antigua's leading photo realistic pencil artists, specialising in various forms of hyperrealism. His work is displayed in many local business offices and private residences. There is a nostalgic feel to his pieces and his inspiration is constantly evolving from random thoughts and moments.

### BERT KIRCHNER

Cobbs Cross, Falmouth Harbour  
Tel: (268) 464-6044 Email: bert@antiguafilm.com

A longtime resident of Antigua, Bert only discovered his artistic talent recently after suffering concussion following a bad fall. He began painting during his recovery and the rest, as they say, is history!

### GLENROY AARON

Tel: (268) 734-8945

Antiguan artist Glenroy Aaron categorises his style as contemporary semi-realism. His pieces capture aspects of everyday life on the island, as well as within broader Caribbean culture. He creates primarily with oil on canvas, sometimes incorporating other mixed media to aid in his expression. His themes largely focus on the human experience and nature, always with a strong sense of place.

### RONALD SILENCIEUX

Sawcolts, John Hughes off Fig Tree Drive

Tel: (268) 734-8433 or 784-8433

Instagram: @ronaldarts268

Haitian-born Ronald moved to Antigua in 2001. Working primarily in acrylic but also in oil and watercolours, his art is characterised by bold hues that evoke the flamboyance of Caribbean life. His eclectic range of hand-painted products include beach wraps, shirts, dresses, bottles and greeting cards. Commissions accepted. Feel free to visit his workshop off Fig Tree Drive.

### ALFANSO JERRY SIMON

Bellevue Estate off All Saints Road

Tel: (268) 561-1104/779 2176

Email: doctorjerry03@gmail.com

Although a physician by profession, Jerry's passion has always been art. Inspired by everything from our cosmos and culture to the living and non-living natural world, he works in various media including coloured pencils, oil and chalk pastel, acrylic and fine art photography. His latest works are digital abstract paintings that reflect the interplay between light and colour. Please call for an appointment.

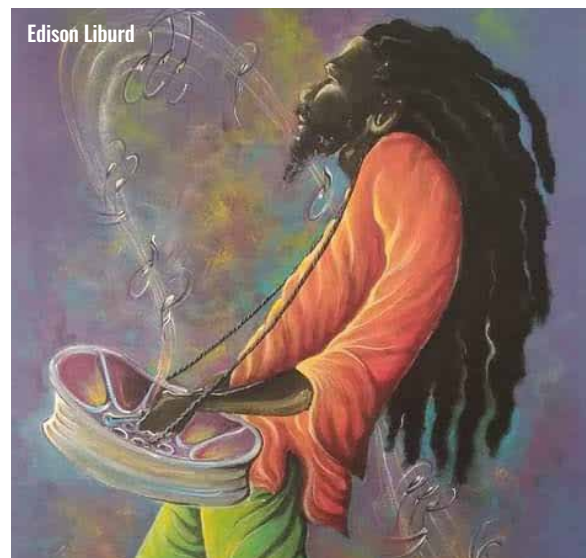
### EDISON LIBURD

All Saints Tel: (268) 723-6513

Email: edisonartsgallery@gmail.com

Facebook: Edison Arts Gallery

Edison is an Antiguan artist whose love of nature, music and people is reflected in his expressive mannerism style. His uninhibited fluidity and sense of freedom perfectly captures the vibrant energy and varied moods of Caribbean life. Each piece is originally done and available in a variety of shapes and sizes.



Edison Liburd



Nick Hadeed



Bowl: Rhythm of Blue Art Gallery  
Lantern: Sarah Fuller Pottery Studio  
Decorative Platter: Margrie Hunt

## POTTERY STUDIOS

### MARGRIE HUNT

Buckley's Road

Tel: (268) 460-5293 Email: info@margriehunt.com

www.margriehunt.com

Imogen Margrie and Michael Hunt have a classic range of white earthenware wall sconces. Whilst individually creating original, bespoke ceramic pieces in porcelain, stoneware and earthenware. The couple's eclectic portfolio includes ceramic wall pieces, relief carvings, highly-individual fountains and imaginative ceramic sculptures. Their work continues to be admired for its consummate craft skill, sense of design and attention to detail.

### RHYTHM OF BLUE ART GALLERY

Dockyard Drive, English Harbour

Tel: (268) 770-7888 Email: arawakart@yahoo.com

Inspired by the Caribbean Sea, Nancy Nicholson uses local clay to produce her distinctive pottery. The Gallery also displays sculptures, paintings, hand-crafted jewellery and original works by other ocean-inspired Caribbean artists. Open mid-November to mid-May. By appointment at Nancy's Studio during summer months.

### SARAH FULLER'S POTTERY STUDIO

Dutchman's Bay

Tel: (268) 726-1550

For the best in Caribbean ceramics. A fusion of art and nature, unique mobile hangings combine driftwood treasures with Sarah's pottery talents. Local clays are transformed into originals, with glazes inspired by the turquoise Caribbean Sea. Open Wednesdays 9am to 12 noon. Please call for an appointment.

### ELVIE'S POTTERY

Seaview Farm

Tel: (268) 463-1888

Hyacinth Hillhouse continues in the tradition begun by her grandmother and mother of making coal-pots and other items from the local clay found near Seaview Farm. Originally used to heat the evening meals over hot coals, the earthenware pots are now largely decorative, although many houses still have one in case the gas runs out! The pots are shaped by hand rather than on a wheel and only a handful of people still have the necessary skills. Your support for this dying art is much appreciated.

To keep up with the local art scene see Facebook @Art in Antigua and Barbuda



Glenroy Aaron

Left to right: *To Be a Cheetah* book, English Harbour Rum, *The Cool Caribbean Cookery Book*, Vanessa Designs bag, Paddling Duck tea.



# ANTIGUA SOUVENIRS

Looking for local goods to take home as souvenirs? From rum and coffee to books and beauty treatments, you'll be delighted what you can pick up here...

Let's start with everyone's favourite Caribbean tippie. Rum! Some of the world's very best are produced right here on the island by Antigua Distillery. English Harbour 5 Year and English Harbour 10 Year Reserve don't just make the perfect sundowners when you're on-island, but after a busy day back home too. They're also welcome gifts, the miniature collections easy to pack, as are the plastic bottles of Cavalier Gold and White. Kococaribe is also a true taste of the islands.

Our speciality coffees have a distinct flavour of the tropics too. Carib Bean Coffee Roasters have been producing delicious blends on a hilltop overlooking Falmouth Harbour for the past 20 years. Their 15 varieties range from 'Joy in the Morning' to 'Dark & Stormy', their beans primarily sourced from the Caribbean and South America.

Our local foodstuffs take full advantage of the natural treasures of the West Indies too. They include the hot sauces, pepper jellies and delicious dips of Mariel's Kitchen. Posh Pirate Honey is harvested from our hives on a seasonal basis, while Wadadli Coconut Oil produces a health and beauty staple that can be used to moisturise your skin and protect your hair.

For Caribbean literature, head for 'The Best of Books on Lower St. Mary's Street in St. John's. This much-loved store boasts the widest variety of books in the Eastern Caribbean, including two recently published children's novels written by acclaimed local authors — *Turtle Beach* by Barbara Arrindell and *To Be A Cheetah* by Joanne C. Hillhouse. You'll also find a 'Made in Antigua' section selling everything from savoury jams to island art.

We're crafty here too. At the entrance to Nelson's Dockyard, you'll find ladies selling t-shirts, as well as jewellery made from the seeds of our wild tamarind and mimosa trees. Vanessa Ravenello, the owner of Vanessa Designs, delights everyone with her homemade beach bags, table cloths, cushion covers and children's clothes.

And always make time for the Artisans Antigua Travelling Market whenever it pops up around the island. (See [www.artisansantiguamarket.com](http://www.artisansantiguamarket.com)) Everything from make-up and soap to jewellery and herbal teas are sold at this unique craft and farmers market. It's a true showcase of the creativity, originality and traditional skills very much in evidence here.

**Goodbye from Antigua! We look forward to welcoming you back again soon!**



## USEFUL TO KNOW

### GEOGRAPHY

Located in the heart of the Caribbean, Antigua is 108 sqm. in size and about 13 miles across. Barbuda is 62 sqm. and lies 27 miles to our north. Tiny and uninhabited Redonda lies 20 miles north-west. There are about 98,000 people in Antigua, 1,500 in Barbuda and only seagulls on Redonda. From Antigua you can see Guadeloupe, Montserrat, St. Kitts and Nevis.

### CLIMATE

Temperatures range from an average low of 73°F (23°C) in winter to 85°F (30°C) in summer. The trade winds are fairly constant except September. The average rainfall is about 45 inches so there's constant care not to waste water. The rainy season is September to November, but the showers are usually short.

### CLOTHING

Antigua still retains a semblance of formality and swimsuits are limited to beaches. There is a nude beach beyond Hawksbill but this is not generally frequented by residents! Casual clothes are the unwritten rule for dining and trips to town.

### LANGUAGE

Although English is the only language ever adopted in the island, you may wonder what some of us are saying when we chat in the local lingo. Everybody sooner or later acquires a few idiomatic phrases such as "No big ting" or "Antigua me come from."

### ELECTRICITY

Antigua has a current quirk. Most hotels operate on 110 volts (same as the US and Canada), but some have 220 volts like the UK, and homes may even have a bit of both. Check before plugging in appliances.

### CURRENCY

Our currency is the Eastern Caribbean dollar (EC\$) issued by the Eastern Caribbean Central Bank (ECCB) and pegged to the US\$ at an official rate of EC\$2.70 to US\$1. The ECCB quotes daily rates for the Canadian \$, the Euro, the £ Sterling and other currencies.

### CALCULATING COSTS

Hotel rates are cheaper outside the 'season' from December to April. Some hotels offer special packages for honeymooners etc. Check with your travel agent or Antigua Hotels & Tourist Association, Newgate Street, St. John's, Tel: (268) 462-0374/3703/4928. There is 10% service charge (which saves the bother of tipping), as well as a 14% ABS Tax and Guest Levy Tax of US\$3 per night for room rates below US\$150 and US\$5 per night above US\$150.

### POST OFFICES

The main Post Office lies at the foot of Long Street in St. John's. Open Monday to Thursdays: 8.15am to 3pm. Fridays: 8.15am to 2pm. Tel: (268) 562-1929. Post Offices are also located at the Woods Centre, Nelson's Dockyard, All Saints village and Codrington, Barbuda. Fedex – the agent in Antigua is Francis Trading located on Nevis Street, St. John's. Tel: (268) 462-3339.

### INTERNET & WIFI

Free wifi is widely available in hotels, restaurants and bars, although you may need to request an access code. It is also available in the airport departure lounge. The locally-owned telecommunications company APUA, as well as international companies like Digicel and Flow, operate a 4G LTE network with 100% island-wide coverage. You can also purchase a local SIM card to work on an unlocked phone. Be sure to check your provider's roaming charges first.

### EMERGENCIES

We hope you have a safe and enjoyable stay here, but help is at hand if you run into problems. Most hotels are serviced by a 24-hour 'Duty Doctor' and in an emergency the reception staff will contact them for you. Sir Lester Bird Medical Centre lies just off Queen Elizabeth Highway. Tel: (268) 484-2700 and there's also the Hanna Thomas Hospital in Barbuda. Tel: (268) 460-0076. The Police Headquarters is on American Road Tel: (268) 462-0125 and there's also a station on Newgate Street in St John's. The emergency helpline is 911.

## EMBASSIES & CONSULAR OFFICES

### UNITED KINGDOM

British High Commission in Barbados Tel: 1 (246) 430-7800

Honorary Consular c/o Grant Thornton Tel: (268) 462-3000

### USA

U.S. Honorary Consular Office Tel: (268) 463-6531

### VENEZUELA

Venezuelan Embassy Tel: (268) 462-1574

### NORWAY

Hon. Consulate of Norway c/o Frances Trading Tel: (268) 462-0858

### NETHERLANDS

Hon. Consulate of the Netherlands c/o Gomez Insurance Tel: (268) 481-1850

### INDONESIA

c/o Antigua Motors Ltd. Tel: (268) 764-7766

### CHINA

Embassy of the People's Republic of China Tel: (268) 462-1125

### DENMARK

Hon. Consulate of Denmark Tel: (268) 720-3484

### AUSTRIA

Consulate of Austria Tel: (268) 463-8698 or (268) 727-3239

# 34 years of **THE ANTIGUAN**

**Your Essential Guide to Antigua & Barbuda**



We've been celebrating everything 'Antiguan' for 34 years. We tell you all you need to know about where to stay, dine, live, explore and shop in our twin-island nation. And now THE ANTIGUAN'S gone digital. So no more leaving your copy on the plane. And no more heavy sighs when the last one's been nabbed. Because now we're always with you. Totally inspirational. Easy to read. And easy to share with friends!



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